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Three hour trip turns to 29 day nightmare for six PNG citizens

Youngest castaway was seventeen months old and lived on raw rice and fish

By Bill Jaynes
 The Kaselehlie Press

Pohnpei, FSM – Six people from Papua New Guinea have been safely returned to solid ground after drifting in a small single engine boat, in the Pacific Ocean for 29 days.

A Chinese fishing vessel, the “Zhong Dai”, was underway for the port of Pohnpei, Federated States of Micronesia to transship their catch when they spotted the drifters just after 5:00 pm on the 22nd of September in international waters southwest of Kapingamarangi, FSM. The captain and crew took the six citizens of PNG aboard their vessel and reported the rescue to the FSM National Police. The ship arrived at the Pohnpei Port on the morning of Friday, September 25.

Aboard the small vessel were Jerry Lova, Emmanuel Timmy, Andrew Malua, Agesta Timmy, five year old Bonita Timmy, and

17 month old Nerolyn Timmy of Kavieng, New Ireland, Papua New Guinea.

Emmanuel Timmy said that the six left Tabar, PNG on the 24th of August, a trip that normally takes three hours, but before they reached their home weather caused them to lose site of the mainland, weather that deteriorated into a fierce storm that blew for a week. During that time they drifted with the storm in order to conserve fuel.

When the storm subsided, they used what little fuel they had remaining in an effort to find land. They drifted for a total of 29 days and were discovered over 700 miles from home.

Agesta Timmy is a nurse at home. She said that her children and the rest of the group subsisted on raw rice and fish.

See “PNG Castways” on page 4



U.S. salutes fallen soldier from Pohnpei

The Embassy of the United States of America

On September 19th, the remains of the late U.S. Army Sergeant Youvert Loney, 28, arrived at Pohnpei International Airport aboard a U.S. Army C-17 aircraft. Sgt. Loney died on September 5th in Abad, Afghanistan, of wounds suffered after an attack by enemy forces.

A memorial service was held in his honor at Kolonia –Kepinle Church, UCCP, in Kolonia. During the service, Sokehs Municipal Government Associate Justice Dakio Loney presented his nephew’s obituary. Special remarks were provided by FSM Foreign Affairs Deputy Secretary Jane Chigiyal, U.S. Embassy Chargé d’ Affaires, a.i. William Douglass, and U.S. Army Brigadier General Alexander I. Kozlov. Speaking on behalf of FSM President Emanuel Mori, Deputy Secretary Chigiyal announced, “It is with respect that I extend President Mori and the FSM Government’s personal and most sincere condolences for the tragic loss of a husband, [father], son, and brother...[Sgt. Loney’s] sacrifice will always have a special place in our hearts.” In his speech, Chargé Douglass remarked, “I stand here today as a citizen of a grateful nation, searching for words to express the obligation the world owes to [Sgt. Loney] and so many other brave young people... thank you for the way you lived your life, for the inspiration you gave others, and for the love you brought to those who knew you.”

U.S. Army Casualty Affairs Officer Sergeant Michael Crisolo provided the citation of awards. Sgt. Crisolo then assisted Brigadier General Kozlov with the presentation



A US Airforce C-17 carrying the body of FSM citizen, U.S. Sergeant Youver Loney arrived at Pohnpei International Airport on Saturday September 19, 2009



The honor guard, Scout Platoon 25th Infantry from Ft. Shafter, HI removes the U.S. Flag from Sgt. Loney’s casket for presentation to the family.

See “Fallen Soldier” on page 5

Photos provided by the US Embassy

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US Supports FSM Media



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President Emanuel Mori Starts Busy UNGA Program in New York with Side Meeting with Secretary Hillary Clinton

FSM Permanent Mission to the United Nations

New York, 22 September 2009 – President Emanuel Mori Arrived in New York yesterday, 20 September 2009, to participate in the annual general debates of the United Nations General Assembly and other activities scheduled at the margins of the 64th Session of the UNGA.

To start on Wednesday, 23 September, the UNGA general debates will be preceded by a meeting of the Alliance of Small Island States (AOSIS) on Monday, 21 September 2009, focusing on Climate Change and a Summit on Climate Change that will be held the following day, Tuesday, 22 September 2009, under the sponsorship of UN Secretary General Ban Ki-moon. The emphasis on Climate Change is consistent with the high priority that the FSM Government has continued to place on the subject as a matter of FSM policy.

The first order of official business for the President after arriving in New York was a meeting between US Secretary of State Hillary Clinton and Pacific islands heads of states and senior officials. The meeting with Clinton is historic insofar as it is the first time that a US Secretary of State has met with Pacific islands' heads of state at the margins of the annual UNGA.

Senior US officials who joined Clinton in her meeting with the Pacific island officials included recently confirmed Assistant Secretary of the State for East-Asia and Pacific Affairs Kurt Campbell; Assistant Secretary

for Public Affairs Phillip J. Crowley; Acting Assistant Secretary for Democracy, Human Rights, and Labor Karen Stewart; Deputy Special Envoy for Climate Change Jonathan Pershing; US Permanent Representative to the UN, Ambassador Susan E. Rice; and Director of the Office of Australia, New Zealand and Pacific Island Affairs Alcy R. Frelick.

Aside from President Mori, the other Pacific island officials who participated in the meeting with Clinton were the Presidents of Kiribati, Marshall Islands, Nauru, Palau, Tonga, Tuvalu, and Vanuatu. The others were the Foreign Ministers of Papua New Guinea and Solomon Islands as well as the Ambassador/Permanent Representative of Samoa to the United Nations.

In her statement, Clinton expressed appreciation to the Pacific Small Island Developing States (PSIDS) for their "extraordinary coordination of support at the United Nations" on a number of priority issues for the US. Recognizing the growing vulnerability of the PSIDS by the negative impacts of the climate change, she conveyed the intention of the US Government "to do all we can do for the region." The US would also sympathetically consider the desirability of re-engaging the US in the region by re-deploying the USAID and the Peace Corps program or expanding their presence in the Pacific islands.

For several years now, the Pacific island governments have sought access to the US-funded Millennium Challenge Account but have encountered difficulties and setbacks.

So far, Vanuatu is the only Pacific island country receiving funding assistance from the MCA. Clinton stated that the US would look into the issue of "relaxing the requirement" or eligibility criteria for the MCA funds, taking into consideration the special circumstance of the Pacific island countries. Reiterating the vulnerability of the Pacific islands, she further noted the need for accelerated and expanded exploration of appropriate renewable and alternative energy sources for the Pacific island countries and the need for sustainable conservation of the region's fisheries resources and for strengthened efforts to addressing the problem of illegal fishing operations in the central and western Pacific.

Speaking in his capacity as Chair of the PSIDS, President Marcus Stephen of Nauru called the meeting with Clinton an "overwhelming positive change [that] truly marks the beginning of a new era in US-Pacific relations." Stephen went on to say that the Pacific island leaders are encouraged by statements made by Clinton earlier

in Washington DC before the US House Committee on Foreign Affairs "regarding the need for a comprehensive American approach to the Pacific region and we are happy to see that you have followed your words with action."

In his intervention, President Mori thanked the Northern American countries – the US, along with Canada and Mexico – for supporting an amendment to the Montreal Protocol jointly sponsored by the FSM and Mauritius aimed at significantly reducing other ozone-depleting greenhouse gases, such as hydrofluorocarbons or HFCs, methane, and black carbon. In thanking Secretary Clinton for supporting a creative alternative energy program for the vulnerable PSIDS, Mori also encouraged the US to address the long-standing need of the PSIDS for appropriate technology to respond effectively to the adverse effects of climate change.

President Mori was accompanied to the meeting with Clinton by Secretary of Foreign Affairs, Mr. Lorin S. Robert.

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Bill Jaynes
Managing Editor

KPress is looking for dedicated correspondents in Pohnpei Chuuk, Yap, and Kosrae. We will pay you for articles and collection of ads. Contact us at the numbers or email above.

Experts assess the FSM's Tsunami Warning and Mitigation System

The Australian Embassy

The Federated States of Micronesia's (FSM) capacity to receive, communicate and effectively respond to tsunami warnings was assessed by a team of national and visiting experts in Pohnpei on 14 September – 17 September 2009.

The assessment, funded by the Australian Government Agency for International Development (AusAID) was implemented by the Australian Bureau of Meteorology in close partnership with the Pacific Islands Applied Geoscience Commission (SOPAC). The visiting expert team also had personnel from United States National Oceanic and Atmospheric Administration (NOAA), United States Agency for International Development (USAID) and the University of Guam. Key FSM personnel from Government agencies, Non-Government Organisations and the private sector played a pivotal role in the tsunami assessment.

The visiting team included experts in the fields of tsunami warnings, emergency management, regional disaster management and warning communications. The team focused on a range of topics from community awareness of tsunami to the issuance of tsunami warnings.

Antholino Neth, Public Assistance Officer (Office of Environment and Emergency Management), said that "although in recent history FSM has not experienced a large destructive tsunami, as a nation, we need to be prepared to issue warnings and respond to the tsunami hazard".

Mr Neth reiterated that "because of the large distribution of our islands across 1.9 million square miles of sea, the tsunami threat will not be the same for all areas. We hope to learn more about this in the workshop."

The tsunami advisories for the Pacific Ocean are issued by the Pacific Tsunami Warning Centre (PTWC) in Hawaii. In-

dividual countries then use this advice to distribute national tsunami warnings to their communities. Countries must have processes and infrastructure in place to enable these national warnings to reach communities.

"The needs analysis will ideally serve to guide work on strengthening FSM's capacity to warn communities and mitigate against the impacts of a tsunami," said SOPAC's Risk Assessment Specialist Michael Bonte-Graptin.

Although the primary focus of the workshop was on tsunami, Mr Bonte-Graptin said that many aspects of the assessment were relevant for other multi-hazard warnings such as severe weather events.

Overall fourteen SOPAC Member Countries participated in the assessment project: Cook Islands, Federated States of Micronesia, Fiji, Kiribati, Marshall Islands, Nauru, Niue, Palau, Papua New Guinea, Samoa, Solomon Islands, Tonga, Palau and Vanuatu.

The College of Micronesia-FSM is currently soliciting for proposals on the job audit of position classification, compensation and benefits study for the College. The details on the Request for Proposals are found at <http://www.comfsm.fm/news/rfp/audit.html>.

To be considered, all proposals must be submitted in sealed envelope, marked with the respondent's name, date and time of submission with one original and seven [7] copies of the proposal by DEADLINE to one of the following addresses:

Date Issued:
September 28,
2009

Deadline:
5:00 p.m.
Wednesday,
October 28,
2009

College of Micronesia-FSM
Office of the President
P.O. Box 159
Kolonia, Pohnpei FM 96941

EXPRESS DELIVERY ADDRESS:
College of Micronesia-FSM
National Campus
Attention: Human Resources Office
Palikir, Pohnpei FM 96941

Questions concerning this RFP are to be submitted to:
Ms. Rencelly Nelson
Director, Human Resources Office
P.O. Box 159
Kolonia, Pohnpei FM 96941
Phone No. (691)320-2480
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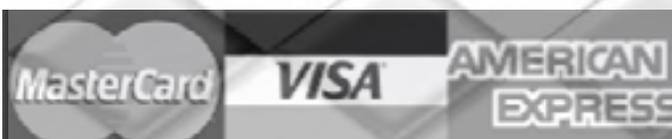
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...PNG Castaways

Continued from front page

They said that water was not a problem. It rained enough to allow the group to collect enough for their needs.

Pohnpei State Hospital officials examined all six of the castaways and remarked at how healthy they found them to be. 17 month old Nerolyn showed some signs of malnutrition but all in all the group fared remarkably well, they said. There were no signs of dehydration.

FSM National Police Chief Pius Chotailug coordinated relief efforts for the group. He called several non-profit entities seeking help.

Governor John Ehsa and his Chief of Staff, Iso Nahnken Ihlen Joseph visited the group on Friday in the hospital. Ehsa promised that his office would be sure that the foreign travelers are taken care of while they are in Pohnpei.

Perdus Ehsa, the agent for the "Zhong Dai" said that he called the Red Cross Society of Micronesia seeking help to pay for an ambulance for the group but was told that the Red Cross was out of money and couldn't assist.

Director, Sizue Yoma said that it was a matter of bad timing arising as it did at the end of the fiscal year which ends on the 30th of September. She said that they did offer to provide blankets, cooking utensils, and other supplies if someone found housing for the group.

Patterson Lawrence, of the Office of Emergency Assistance said that the Pohnpei State Government had found temporary shelter for the wayward travelers but later was told that other arrangements had been made.

Chief Chotailug had already paid to house the family at the China Star Hotel.

"When people need help they need it right now," he said. "Worry about the cost later."

Dais Lorrin, also of the Office of Emergency Assistance said much the same thing. His office called upon local non-profits to help with the special needs of the group.

The Salvation Army, early on, agreed to provide food and clothing for the castaways.

Lorrin is one of the pastors at Kapinle Church. He talked to Senior Pastor Bethwel Henry and the two agreed that the church should respond to the needs of their neighbors from the south.

The group spent only one night at the China Star Hotel before being transported to the Kapinle Church on Saturday morning.

Some of those who were involved in the relief effort said that the FSM National Government had been slow to respond to the situation and had relinquished its duties to help the foreign travelers

Kandhi Elieisar, FSM's Assistant Secretary for International Relations said that was far from the truth.

He said that he had already briefed Vice President Alik Alik about the situation and plans were well under way for their repatriation.

Elieisar said that the Department of Foreign Affairs had already notified the government of Papua New Guinea by fax regarding repatriation of their citizens. By the end of Friday they had not yet received word from the PNG government which they must



do in order to continue repatriation efforts.

People who travel from the FSM to Papua New Guinea have no air travel options other than to transit through Guam, a US held territory, and Australia. Since the travelers had only intended to take a three hour trip inside their own country they were naturally not traveling with passports.

"We are very pleased that Australia, through its Embassy in Pohnpei has agreed to help with consular arrangements to aid in the repatriation efforts," said

Elieisar.

Tereni Kens of PNG's Sunday Chronicle said that when he asked Dennis Gati, New Ireland Provincial Disaster and Emergency Committee Chairman and Deputy Provincial Administrator he was told that Gati is aware of the incident and has established contacts with government officials in Pohnpei.

Gati said discussions are well underway to bring the six New Irelanders home and the committee has expressed great satisfaction that the six are well cared for by authorities in Pohnpei.

AUSTRALIA-PACIFIC TECHNICAL COLLEGE Now Accepting New Applications

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Are you interested in gaining a certificate that recognises your experience and
gives you an internationally recognised qualification?**

Australia-Pacific Technical College (APTC) has been providing Australian qualifications in vocational training in the South Pacific for over two years. The School of Health & Community Services will be visiting the Federated States of Micronesia in October.

**If you'd like to know more about the APTC and the courses we
offer please visit us at the location listed below:**

| Date | Location | Venue |
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Make sure you bring the following:

- Passport or birth certificate (Copy)
- Your Resume/CV
- Certificates / Awards
- 2 Passport sized photos of yourself

APTC training courses available

The School of Health & Community Services will be running the following courses in 2010:

- Certificate III in Children's Services
- Diploma in Community Services Work

Further information regarding courses and qualifying criteria including Course and Scholarship application forms are available from the APTC Website: www.aptc.edu.au. Forms can be submitted to the trainers when they visit your area.



...Fallen Soldier

Continued from front page

of the awards to Sergeant Loney's wife, Mrs. Flora Poll Loney, and father, Mr. Joaquim Loney.

Upon conclusion of the service, a motorcade escorted the remains to the Loney Residence in Palikir. A U.S. Military Honor Guard, based in Fort Shafter, Hawaii, placed the coffin in the family home for traditional mourning.

On Sunday afternoon, with Kolonia-Kepinle Church Reverend Danio Poll presiding as Master of Ceremony, the Honor Guard performed the traditional military honors of firing of volleys, Taps, and presentation of flags. Following the service, the Honor Guard assisted family and friends in lowering Sgt. Loney to his eternal rest.

Sergeant Youvert Loney first joined the U.S. Army on October 3, 2005 and was posted at Fort Carson, Colorado on May 23, 2006. He

fought in Operation Iraqi Freedom from October 2006 to December 2007. Sgt. Loney deployed to Afghanistan on June 5, 2009 where he was assigned to the 2nd Battalion, 12th Infantry Regiment, 4th Brigade Combat Team, 4th Infantry Division. During his military service, Sergeant Loney earned a Purple Heart, an Army Commendation Medal, an Army Good Conduct Medal, an Afghanistan Campaign Medal with Combat Star, and

Combat Infantry Badge.

Sergeant Loney is survived by his wife, two children Fawn Lily and Youvert Jr., father, mother Carmen, sisters Deresida L. Johnny, Daisyleen and Jesleen, and brothers Tony, Domingko, Eugene, Youki, Ioakim Jr. and Sahn.



Photos provided by the US Embassy



Left: Mr. Joaquim Loney receives the U.S. flag in honor of his son, the late-Sergeant Loney.

Above: Brigadier General Alexander Kozlov presents Mrs. Flora Poll Loney with her late-husband's awards earned during his military service.



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EMPLOYMENT OPPORTUNITY

Position: Disaster Management Officer (DMO)
Opening Date: September 25, 2009
Closing Date: October 15, 2009
Salary: \$7,280 - \$8,000 per annum

The Micronesia Red Cross Society (MRCS) is now seeking a Disaster Management Officer (DMO). This is an exciting new opportunity for a well qualified candidate to make a lasting contribution to the work of MRCS in disaster preparedness and response and to make a career in this area. MRCS is part of the global Red Cross Movement and part of a Pacific Disaster Management Partnership. The DM Officer will work with Red Cross Societies in 13 countries across the Pacific region and will receive specialized training in disaster management.

The position will provide:

- Training in disaster management.
- Travel within Micronesia and around the Pacific.
- Membership of the world's largest humanitarian agency.
- An opportunity for a career in disaster management with MRCS.

Main Duties

The successful candidate will be responsible for planning and implementing MRCS' disaster management program in the broad areas of emergency preparedness and awareness raising, disaster response, climate change adaptation, and disaster risk reduction. The DM Officer will report directly to the Executive Director. Key task will be:

1. Review and update the Red Cross Disaster Management Plan.
2. Help prepare National Society to meet its objectives during an emergency situation.
3. Promote the Micronesia Red Cross Society's integration into the national and state government disaster plans in formation with the Red Cross auxiliary role.
4. Develop training programs that address disaster response preparedness and emergency response for Red Cross staff and volunteers.
5. Promote an understanding of the different roles and responsibilities held by men and women during disasters.

Minimum Qualifications and Experience:

- Associate degree from an accredited college.
- 1-2 years' relevant work experience.
- Ability to speak, read and write in English.
- Ability to use computers: Word, internet, email.
- Valid driver's license

Desirable Qualifications and Experience:

- Understanding/experience of the Red Cross Movement.
- Understanding of office management and financial procedures.
- Previous experience working with government or with an NGO.

Application Process:

An applicant must submit an interest letter, resume, a transcript and at least three recommendation letters to the Office of the Micronesia Red Cross Society in the above address or through email no later than the due date.

EPA says ten Pohnpei swim sites are unsafe

By Bill Jaynes
The Kaselehlie Press

Pohnpei, FSM – In September, Pohnpei's Environmental Protection Agency made its monthly Water Quality Assessments of 21 recreational sites and found sufficient levels of *Enterococci* and *Escherichia* (*E. coli*) bacterial contamination to warrant a "Recreational Sites Advisory," dated September 17.

The agency, whose job it is to protect Pohnpei's astounding natural assets including the postcard perfect Kepirohi Waterfall has said that the polluted sites "pose a health risk for many waterborne diseases, some of which may cause serious illness."

A visit to Kahmar River on the afternoon of Saturday, September 26, 2009 suggested that perhaps, the EPA advisory is not getting out to enough people to keep them out of harm's way or that their message is being ignored by the people it is intended to reach. On that day there were nearly 30 people in the river, one of the rivers listed as a polluted recreational site.

Children jumped, dove and did back flips into the polluted water. In other places women washed and beat laundry while their unabashedly naked children frolicked nearby. Families bathed and carried out their grooming needs. No one there seemed either to know or to care that the levels of bacteria in the water could make them sick and end the fun for a long time.

"Water that contains excessive *E. Coli* bacteria is correlated with swimming-associated gastrointestinal diseases. *E. Coli* bacteria reside in the intestines of warm-blooded animals. Their presence in the water indicates contamination by human and/or animal waste," says the 11 x 17 poster the agency posted in public places in Pohnpei.

At the Kahmar River recreational site we couldn't find any notice in



the area of the potential health hazard bathers might risk by entering the water.

The EPA listed ten water recreational sites as being potentially dangerous to swimmers. "The public is advised **NOT** to swim at these polluted sites. The advisory is in effect until further sampling and laboratory analyses indicate that bacteria concentrations are within recreational water quality standards," the EPA poster says.

The ten **UNSAFE** sites are:

Nett:
Nanpil River below the Hydroelectric Plant,
Nanpil River in the area of Mwolihip,
Kahmar River

Madolenihmw:

Mand Swimming Pool
Mand Bridge
Parahu Church Bridge
Kepirohi Waterfall

Kitti:

Enipein Powe Bridge
Pwudoi River
Pehlen River

The EPA has advised the public not to swim in the above sites until further notice.

Eleven recreational sites were within EPA standards for water quality, at least in terms of *E. Coli* measurements, including Nett Point, a popular lagoon swimming site that for a period of time was at one time chained to prevent entrance in the interest of public safety.

EPA listed **SAFE** sites include:

Kitti:

Nahlap Resort
Pwok River
Pohnkati River
Lehnmesi River

Nett:

Nanpil Dam
Nett Point
Harbor Patrol Dock

Sokehs:

Port anchorage
APSCO Dock
NIHCO Marine Park

U:

Awak Marine Park

If the public has any questions or comments on the advisory, the EPA can be contacted at 320-2927

Notice of Land Sale By Auction

Pursuant to the order of the FSM Supreme Court entered on July 16, 2009, public notice is hereby given that the parcel described below will be sold by auction to the highest bidder under the following terms:

Parcel No. 043-U-02, land known as "Inmulala", situated in Utwa Municipality, Kosrae State, with an area of 3,526 square meters, more or less, as described in Certificate of Title and Cadastral Plat No. 043-U-00, registered as Document No. 6099 at the Kosrae Land Court, Office of the Registrar.

- There is no minimum bid amount for the parcel.
- Bids shall be submitted in a sealed envelope marked "October 8, 2009 Land Auction" by personal delivery to Mr Skiller Jackson at the front entrance area of the FSM Supreme Court courthouse in Tofol, Kosrae on Thursday, October 8, 2009 between 12:00 p.m. noon and 4:00 p.m.
- The deadline for submitting bids will be 4:00 p.m. on Thursday, October 8, 2009.
- All bid submissions must state the full name, mailing address, phone or fax numbers, e-mail address or other valid contact information for the person submitting the bid.
- All bid submissions must clearly state the bid amount for the parcel.
- The winning bidder will be notified by a duly issued Court order transferring title to the land, including all buildings, fixtures, equipment, and other improvements on the land, upon delivery of a cashier's check in the full amount of the bid payable to the "FSM Supreme Court" no later than ten (10) days after notice is given. The winning bidder must be eligible to hold title to land in the FSM.
- If the winning bidder fails to remit payment within the required time, the award will be granted to the next highest bidder and the same conditions will apply.
- The parcel is offered for sale "as-is" with no guarantees or warranties as to its condition whatsoever.

Questions concerning this auction may be directed to Skiller Jackson, Representative for Land Sales, phone nos. 691-370-2751 or 370-7820, email: Skiller@pacificsbdc.com or Nora E Sigrah, Legal Counsel, FSM Development Bank, PO Box M, Pohnpei, FM 96941, phone no. 691-320-2840, fax no. 691-320-6533, email: noras@fsmdb.fm, website: www.fsmdb.fm

Malem Liberation Day Surf Invitational

By Naomi J. Hunter

Kosrae, FSM - On September 9, 2009, the first ever, Malem Liberation Day Surf Invitational was launched.

Blue skies, a light breeze and "epic" waves were the perfect highlights to the Malem Liberation Day Surf invitational. More than one hundred spectators stood along the shore of Malem to watch this exciting event and to show their support for the contestants. Young children surfed the small waves in the channel using broken surfboards, pieces of plywood, and just about anything else that would keep them afloat.

Sixteen local youth from the village of Malem were handpicked to compete in this surfing competition. While the majority of the contestants were from Kosrae High School, there were a few from the Malem elementary school and the College of Micronesia as well. Each set consisted of four surfers competing at a time. They were given twenty-five minutes to ride as many waves as they liked and were judged on their style and length of ride. The two highest scoring surfers from each heat would then move on to the semi finals and then compete for first place. Marston Talley from Kosrae High School took first place in the contest and received a trophy and a surfboard. Second place Yosuo Jonas won

a trophy and a brand new cell phone. Sammy Palik came in third place with a \$10 phone card. George George finished fourth place and received a hat.

The organizers and judges of this competition were Matt Rott and Matt Simpson, two American teachers/surfers living on Kosrae. When asked what inspired them to create this surf competition Matt Rott, founder of Kosrae Surf Tours responded, "It is a good opportunity for the kids to finally show off their stuff." He

laughed and continued, "Besides, they've improved a whole lot more now that they know they are being watched."

Some of Kosrae's local businesses and organizations that helped sponsor the Malem Liberation Day Surf Invitational were Kosrae Telecom, Malem Municipality, Neime's store, RJ's store, Kosrae Visitors Bureau, PMW and Kosrae Surf Tours.

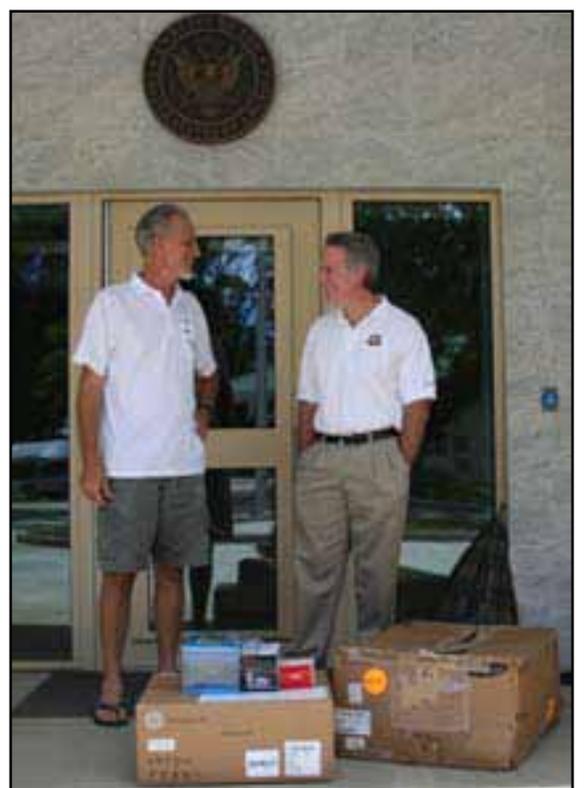
U.S. Embassy provides equipment to local media outlets

The Embassy of the United States of America

On September 18th, the U.S. Embassy in Kolonia donated over \$2400 worth of computer and photography equipment to Kaselehlie Press Editor Bill Jaynes. The donation was part of a U.S. government grant to enhance local media. The Kaselehlie Press received a desktop computer with a memory upgrade kit, 2 tera bite hard drive, 30" computer screen capable of displaying a full-spread newspaper, telephoto lens and lens hood. Mr. Jaynes expressed appreciation not only for the enhanced capabilities, but also for the time and effort the new equipment would save him and his staff.

Other grant recipients included V6AF Pohnpei Baptist Radio Station Operator Dave Arthurs, who was awarded a \$1,000 grant to purchase a laptop computer, a small mixer, and two wireless microphones. Mr. Arthurs explained that such portable equipment would enable him to conduct radio interviews while he is away from the V6AF Station in Nan Pohn Mal.

Grants were available for equipment purchase, travel for coverage of off-island events, or other activities that promoted the dissemination of news to the local community.



Kaselehlie Press Editor Bill Jaynes receives new media equipment from the U.S. Embassy Chargé d' Affaires, a.i. William Douglass.

INTERNATIONAL TEXTING

FSMTCeLL's newest service offers subscribers the chance to send text messages to international mobile numbers.*

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You will need to use the following format:
Send text to 011, country code, international cell number.
Or you can use + in place of 011 in the sms destination number.

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6pm to 6am - \$0.25
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NOTE:
FSMTCeLL subscribers cannot send or receive text messages while in an international location at this time.

*Destination and terms apply

FSMTCeLL

To access the FSMTCeLL network, you will need a GSM 900 phone and a SIM Card.

If you already have a GSM 900 phone, you can purchase a SIM Card at your local Telecom office for only \$34.00.

Cellphones are also available for rent, up to 7 days for only \$20.00. A security deposit is required.

To get service, you will need a FSM Prepaid Telecom, which is sold at most retail stores and hotels.

We accept VISA, Mastercard and American Express.

Call 3302740 or email customerservice@mail.fm for more information about FSMTCeLL and other services.

FSM TELECOMMUNICATIONS CORPORATION
- Phone 1 691 320 2740 - Fax 1 691 320 2745
- <http://www.telecom.fm> - customerservice@mail.fm



China-FSM Relations



The economic and technological cooperation between the People's Republic of China and the Federated States of Micronesia

China and the FSM established diplomatic relations in 1989. From then on, the two governments and peoples have opened a new chapter of much better contact and closer cooperation. As two developing countries, China and the FSM share common interest to enhance social and economic development and improve the people's life. The following are some of the projects funded by China:

anniversary of the establishment of Republic of China and the Federated Government and people, I would through Your Excellency our warm con-FSM government and people.

ons opened a new page for the two t e orts, we have maintained a good lopment. Exchanges at the top and nication and cooperation in various erstanding and friendship have been eration between the two countries two peoples, but also promoted sta-Paci c islands region.

na and the FSM. At the new historic ach other as equals and with mutual elopment in terms of economy, to irs and push forward the healthy and erative relations.

d its people-wellbeing!

great success!



Sports facility at COM in Pohnpei



Ground-breaking ceremony of Kosrae Highschool



Cargo-passenger vessel handover to Yap

Years Past, To Score More in Future China-FSM relations reception held in Pohnpei

y of the People's Republic of China to the Federated States of Micronesia rs of the FSM, co-hosted a reception to celebrate the 20th Anniversary of relations between China and the FSM. Gracing the event were H.E. Mr. H.E. Mr. and Mrs. Alik, Vice President, Hon. Mr. and Mrs. Figir, Speaker of airs Lorin Robert, Hon. Secretary of R&D Peter Christian, Hon. Secretary a, Governor of Pohnpei State, Hon. Nelson Pelep Speaker of Legislature, he local Chinese businessmen together with other 200 guests attended Governor John Ehsa, and Secretary Robert made remarks respectively.

congratulations to the great event of the 20th Anniversary of China-FSM he diplomatic ties on September 11, 1989, China and FSM relations turned ilateral relations. Both of our governments and peoples witnessed the in- onomic cooperation, deepening cultural exchanges, active multilateral co-reat achievements. These achievements should be attributed to the wise n the peoples. Based on the principles of equality and mutual bene t, China SMside, to enhance China-FSM friendship and cooperation to a higher level.

pliments to the traditional friendship between the two countries, and ex- onered and worked hard to establish relations with China. Now the FSM- t juncture in its 20 years history and is underpinned by shared interests, one-China policy. FSM is proud to have friends like China to face the world t aspirations to further develop China-FSM relationship in the years to come.

ized by speaking highly of the friendship between the pei state is very proud to host the foreign missions here. evelop the good relations with China from the state level.

ese Embassy and the Department of Foreign A airs in a cordial and friendly rge banner reading "Celebrate the 20th Anniversary of China-FSM relations" na and FSM national Anthem, the guest recalled the 20 years' development ns between the two countries. The guest also enjoyed the Chinese martial



Biogas project in Pohnpei and Chuuk



Five Chinese doctors serving in Chuuk



Chinese Technicians at Pilot Farm

Year 2008 had not yet come to a close and the juniors of the FSM Development Program hit the courts preparing for the 2009 tennis season. In March of 2009 we held our pre-qualifying tournament which had some great matches and some surprising results. The outcome determined the national team that later represented the FSM in Guam in the North Pacific Qualifying tournament. These juniors were:

Boys 18 and under:

1. Jordan Panuelo
2. Jeero Basa

Girls 18 and under:

1. Alyssa Hawkins
2. Sophie Finnen

Boys 14 and under:

1. TJ Rush
2. DJ Panuelo Jr.
3. Jake Panuelo
4. Jericho Akinaga
5. Nile Panuelo

Girls 14 and under:

1. Shawn Adams
2. Amanda Hawkins
3. Maggie Finnen
4. Danielle Adams
5. Jenna Panuelo

The North Pacific Qualifying tournament was a grueling 5 day event with play starting at 8:00 AM and at times, ending at 7:00PM. Guam's heat did not help either, but the kids played well despite it and the FSM ended up with some top spots. Shawn Adams took third place after losing in three sets in the semi's

Game On! FSM Junior Tennis 2009

By Caroline Adams

against Melody Johnson of CNMI who took first place. Shawn's results qualified her for the Pacific Oceania Junior Championships in Fiji later in August. Alyssa Hawkins also took third place losing only two matches to CNMI's top two players in the 18 and under division, also qualifying her for the Championships in Fiji. The biggest surprise was TJ Rush who finished 5th in the boy's 14 and under at just eleven years old. The top four boys ahead of him were 14 which puts him in the spot light for next year's NPQ. This outcome prompted ITF Oceania Coordinator Dan O'Connell to offer TJ a wild card entry to the Pacific Oceania Junior Championship.

The team got back from the NPQ's and immediately got back to work. They all played in various divisions of the Robert Escheit Jr. Annual Tournament. The tournament provided great practice for the kids especially the three who were gearing up for the championships. A special thanks to the Escheit family for sponsoring and organizing this event, and Dr. Isaac for directing the tournament.

After a month and a half of daily four hour practices, on August 11, Alyssa, Shawn, TJ with coach Caroline Adams flew to Fiji via Guam and Korea to do their best for

the FSM. While in Fiji, they played two one-week tournaments back to back. The first tournament was the Pacific Oceania Junior Championships which included the top players from Samoa, American Samoa, Vanuatu, Cook Islands, Fiji, Solomon Is., New Caledonia, Tahiti, Tonga, PNG, Palau, Guam, and CNMI. The kids did great against some really tough competition. Alyssa finished 6th, Shawn finished 9th, and TJ finished 11th. The second tournament was the Oceania Plate Junior Tournament. The kids did well despite being a bit fatigued with Alyssa placing 9th, Shawn placing 8th, and TJ placing 12th. While in Fiji, coach Adams attended a three day Play and Stay training course provided by the ITF.

TJ Rush impressed Dan O'Connell of ITF so much this year that he was offered, and has accepted, a scholarship

to the ITF Regional Training Center in Lautoka, Fiji in January 2010. There he will live in the ITF house with top players from other Pacific countries, attend school, and train with Mr. Talor Wayne, an ITF coach from Australia. In December 2010 he will travel to New Zealand as the top 12 and under player on the ITF team. TJ has a great opportunity to become one of the best male tennis players from our country. With a great attitude

See "Tennis 2009" on next page



JOB OPPORTUNITY

SUMMARY OF POSITION:

The Terrestrial Program Manager will provide vision, leadership, strategic direction and resources to the CSP Terrestrial Program and further contribute to the overall goals of the Conservation Society of Pohnpei (CSP) and its partners in Pohnpei, Federated States of Micronesia. CSP is a non-government organization (NGO), organized and incorporated under the laws of FSM. S/he will supervise all Terrestrial program staff, and work closely with the Executive Director, Board of Directors and staff to ensure the development of a stronger program per roles below. The position will be based in Pohnpei and will involve some travel in the immediate region and to other international destinations for meetings and conferences.

RESPONSIBILITIES:

1. Assist the Board of Director and the Executive Director in the development of strategic plans, including the preparation of the long-term goals, budgets and financial projections.
2. Work with Executive Director to build Municipal and local communities' capacity at sites and develop action plan, secure financial and technical resources to carry out this goal.
3. Work with Executive Director to re-examine and monitor program strategy to ensure its effectiveness
4. Responsible for the daily supervision of all the Terrestrial Staff, volunteers and interns, including the development and implementation of individual work plans, staff evaluations and professional development.
5. Assist the Executive Director to fundraise for all Terrestrial Program activities, including grant/report writing and donor tracking and visits.
6. Provide leadership and represent CSP at meetings, conferences, public hearings, workshops and other relevant forums as may be required from time to time.
7. Oversee the management of all Terrestrial Program assets and consumables, including asset registrations and inspections, purchases and repairs.
8. Develop and conduct public awareness program to promote and encourage community involvement and participation in Terrestrial Program activities and other CSP initiatives.
9. Identify and build partnership with relevant government and private organizations.
10. Perform other duties as assigned.

QUALIFICATIONS:

1. B.A (equivalent work experience may be substituted for education.)
2. Experience supervising staff and / or volunteers.
3. Good accounting or fiscal knowledge/skills.
4. Ability to write grant proposals and submit reports.
5. Experience managing and completing multiple short-term and long-term projects.
6. Knowledge of conservation principles in terrestrial and/ or marine areas.
7. Experience in public speaking, and representing an organization.
8. Strong communication and writing abilities in English and Pohnpeian (including Meing) is a plus



P.O. Box 2461
Kolonias, Pohnpei, FM 96941
Phone: 691.320.5409 Fax: 691.320.5063
E-mail: csp@mail.fm
Website: www.Serehd.org

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Resio Moses Jr.

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Brian Lynch
Loren Peterson
Robert Spegal
Patricia Arthur

Executive Director:
Patterson K. Shed

OPENING DATE:

September 23, 2009

CLOSING DATE:

October 12, 2009

POSITION AND SALARY:

Terrestrial Program
Manager

\$13,253.00
to
\$15,296.77

LOCATION:

Conservation Society
of Pohnpei

See address above

Please send a cover letter of interest, your CV and two letters of reference to the Office of the Conservation Society of Pohnpei (CSP), at the Micronesia Office Supply Building (MOS), or by email to Patterson Shed, Executive Director at cspdirector@mail.fm or Joshua Fuder, Deputy Director at jgfood@yahoo.com. For more information please call 320-5409.

...Tennis 2009

Continued from page 10

and wicked left handed game, this guy is going to make some headlines!

Alyssa Hawkins has been offered a two year, fully paid scholarship to the New Mexico Military Institute to play on their ladies team. This college has recruited many players from the Pacific providing them with a great education, a chance to

continue in their sport, and for many, an opportunity to go on to a four year university on another tennis scholarship. This opportunity was made possible by Mr. Dan O'Connell who gave her name to the coach at NMMI along with his high recommendation that she be recruited. Thank you Dan O'Connell!

It would be remiss to reflect on the accomplishments of 2009 without acknowledging our great sponsors who have made it all possible for the kids. With no tax breaks as an incentive to give, you give

truly from a generous and caring spirit... thank you so much for keeping our program alive!

The FSM Junior Tennis program lost a great supporter when Mr. Kikuo Apis passed away in August. Even in illness he worked hard to assist us with securing sponsors for our players. We will miss his support and wish to extend our belated condolences to his family.

Platinum Sponsors: \$3,000+ (including value of equipment and discounts)
FSM National Olympic Committee, Fi-

esta Guam Resort (Tan Holdings), International Tennis Federation

Gold Sponsors: \$1,000-\$2,999
Bank of the FSM, Caroline Fisheries Corp, Best Buy, Adams Brother's Corp., Mrs. Yvette Adams

Silver Sponsors: \$500-\$999
Mr. & Mrs. David Hawkins, Mr. & Mrs. Kumer Panuelo, Mr. & Mrs. David Panuelo, Abcor Engineering and Construction, Pohnpei ACE Hardware, Triple J Rentals (Hertz)

Bronze Sponsors: \$150-\$499
Mr. & Mrs. Bob Arther, Mr. & Mrs. Robel Basa, Pohnpei Transfer and Storage, Kyowa FSM Line, Pohnpei Napa Auto Parts, ACE Office Supplies, MATSON Navigation Co., Rotary Club of Pohnpei, Finnen and Associates

Sponsors:
Pohnpei Family Health Clinic, Tennis Corner, Do It Best Hardware, Imelda's Shoe Store

A special thanks to the Pohnpei State Tennis Club for allowing the continued use of the tennis courts!

FSM Tennis Association's Junior Development Program: Striving to develop great kids, great athletes!



fsmtc SALE!

BACK TO SCHOOL

Package 1:
iLink A321 **\$99.00**
with FREE SIM Card
& \$10 Telcard
***\$79.00** (cell only)

Package 2:
CUTEL **\$69.00**
with FREE SIM Card
& \$5 Telcard



Package 3:
Nokia 1200 **\$75.00**
with FREE SIM Card
& \$20 Telcard

Package 4:
Nokia 1200 **\$69.00**
with FREE \$20 Telcard

Package 5:
FSMTC T100 **\$65.00**
with FREE SIM Card
& \$20 Telcard

Package 6:
FSMTC T100 **\$59.00**
with FREE \$20 Telcard



15% OFF
all other
phones!

Hurry While Supplies Last!

Chinese Ambassador Speaks on the occasion of the 20th Anniversary of PRC and FSM relations

Dear Friends,

We are here tonight to mark a great event. An event that is very important to China and the FSM and the peoples of the two countries. An event that is very important to the peace and development of the Pacific Islands Region as well as the whole world. We are here because we value the event very much.

20 years ago, September 11, our two countries, the People's Republic of China and the Federated States of Micronesia, signed the joint communiqué to establish the diplomatic relations. That event opened a new chapter in the history of the bilateral relations between the two countries. The contacts, communications and cooperation between us became even closer, faster and better.

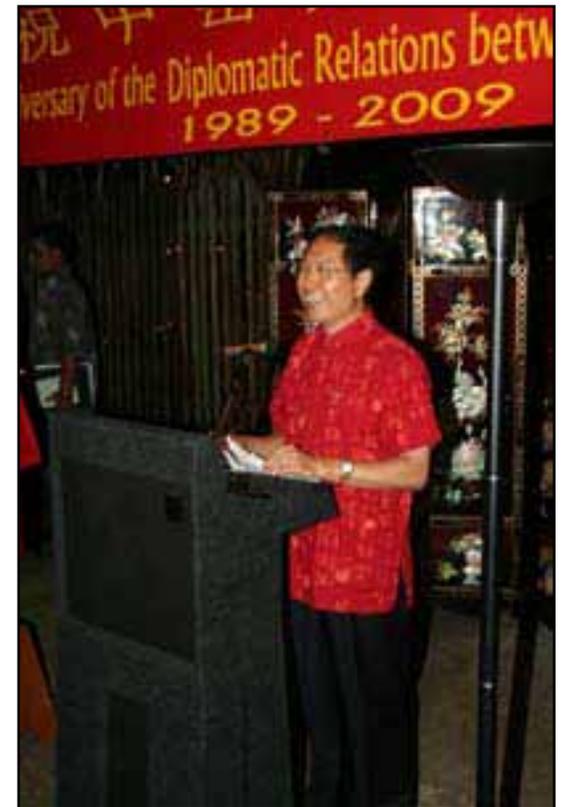
Twenty years that passed is a scoring period and we indeed have scored a lot. We have witnessed the enhancement of political trust. Exchanges at the top and other levels have been very frequent. The lists of visits by the officials from the FSM to China and that from China to the FSM are both very long. These visits helped a lot to enhance the understandings between

China and the FSM, and have contributed to consolidating the friendly relations. Our two countries and peoples have supported each other on many issues of our concern respectively. The Chinese Government and the people are very glad to see that ever since the Federated States of Micronesia won independence and sovereignty, developing economy and raising people's living standards. The FSM government and people have given China strong support on Taiwan, Tibet and Xinjiang issues, which touch the very heart of the Chinese people.

In the past 20 years, we have witnessed the expansion of economic cooperation. Since the establishment of diplomatic ties between China and the FSM, the total volume of trade between China and the FSM has increased from almost zero to 9.5 million USD in 2007. We have maintained smooth development of the economic and technological cooperation and conducted a series of projects in every state of the FSM. There are the FSM-China Friendship Sport Center, the Pohnpei State Administration Building and the Pilot farm in Pohnpei State. There are the High School Building in Kosrae, the Pilot Biogas Project in Chuuk and Pohnpei and the cargo-passenger ves-

sel project in Yap. Those projects, among others, are the outcomes of the two countries' fruitful cooperation. They have helped to promote the economic development and improve the local people's life. They are also the symbol of our friendship.

In the past 20 years, we have witnessed the deepening of exchanges and cooperation in the fields of culture, education and health. In 1998, a Hebei Acrobatic team came here to give performances and many Micronesians watched the Chinese culture show for the first time. In 2007, a Chinese language instructor program was launched in COM-FSM. Now FSM students can learn Chinese at home. Just recently, five Chinese doctors arrived at Chuuk state to serve in the Chuuk hospital. And they will introduce the Chinese medicine, a more natural and healthy way to treat patients. Every year, we also provide the Chinese Government Scholarship and Human Resources Training



Program to FSM students, technicians and officials. Anyone who is interested is welcome to attend the training program in China.

In the past 20 years, we have witnessed accomplishments in multilateral cooperation. As developing countries, we have common interest and shared mutual supports in international community. We have worked together to meet the challenge of the Climate Change and financial crisis. We have coordinated actively on the issues within the Pacific region as well as that of outside of the region, including the issue of the reform of the Security Council of the United Nations.

The accomplishments during the past two decades shall be attributed to the wise leadership of the two countries, to the hard work of both officials from all levels and also to the strong support of the two peoples from different walks of life. We have here tonight some of the leaders of the FSM who made the decision to establish the diplomatic ties with China 20 years ago. On behalf of the Chinese government and people, I thank you very much for your efforts.

We learn from our past in order to look to a better future. I am confident that the relations between China and the FSM will continue to develop. Both of us cherish the independence and integrity of the nation. We will continue to honor the commitment to each other from the moment we signed the joint communiqué twenty years ago. Both of us shoulder the task of economic and social development. The economy of China and that of the FSM are highly complimentary, and there are vast potential and broad field for mutually beneficial cooperation. Both of us enjoy the richness of the long history and unique culture. That's why we should deepen the people-to-people communication and exchange. Both of us never shrink from any domestic or international challenges. We will strengthen the coordination and cooperation in multilateral venues to safeguard the common interests of the developing countries.

Although the task is heavy and the road is long, our future is a promising one. My confidence is rooted in the strong willingness from both of the countries to advance the China-FSM friendly and cooperative relations. There is an old Chinese saying, "if you have a friend afar who knows your heart, distance cannot keep you two apart". Geographically China is far from the FSM, but our friendship will bridge our people regardless of the distance between we know each other's heart. Another twenty years later, when we recall the days we worked together, I believe there will be more unforgettable moments for us to memorize. Let's join hands, work hard to shape a better future for the China-FSM relations.

Notice of Land Sale By Auction

Pursuant to the order of the FSM Supreme Court entered on July 16, 2009, public notice is hereby given that the parcel described below will be sold by auction to the highest bidder under the following terms:

Parcel No. 009-M-17, land known as "Inaloka", situated in Malem Municipality, Kosrae State, with an area of 215 square meters, more or less, as described in Certificate of Title and Cadastral Plat No. 009-M-00, registered as Document No. 7080 at the Kosrae Land Court, Office of the Registrar.

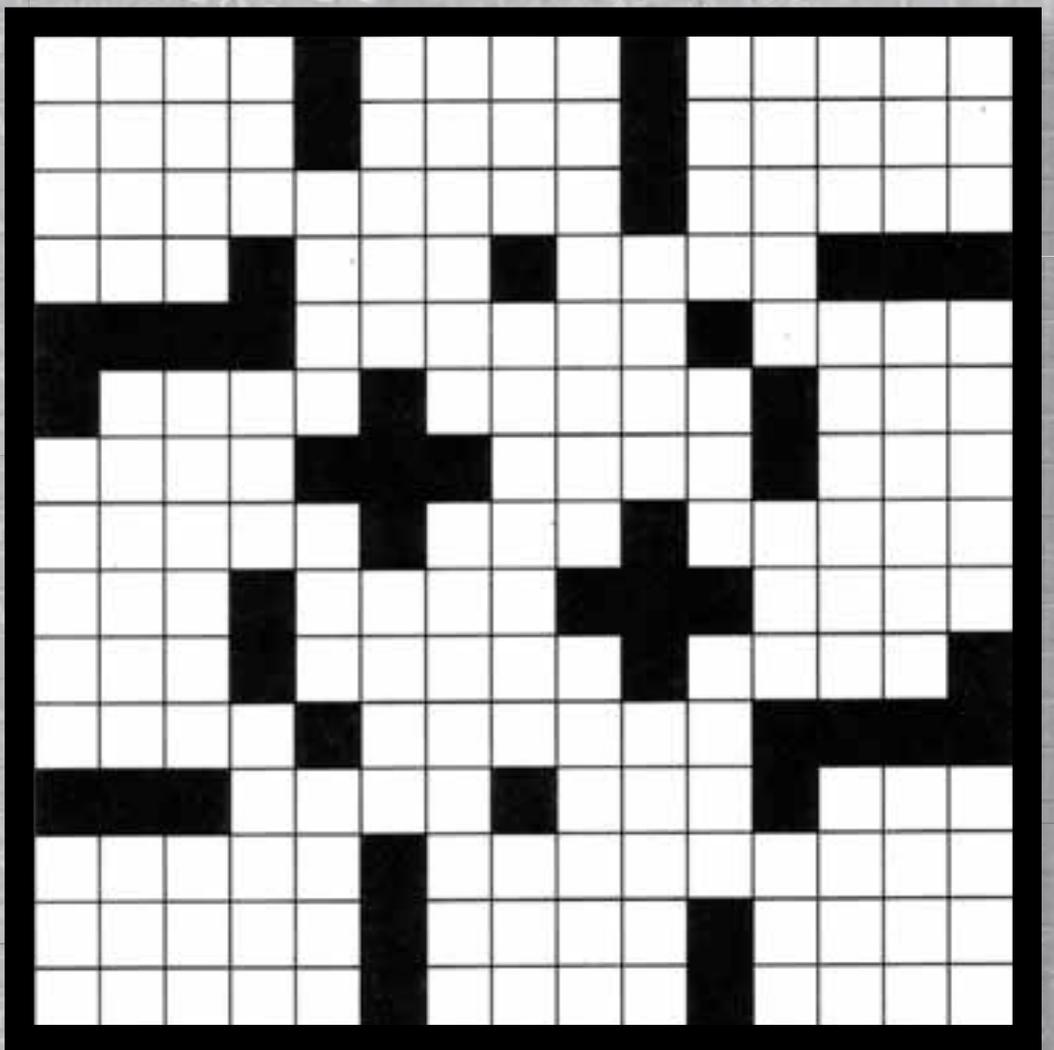
Parcel No. 072-M-21, land known as "Infokeke", situated in Malem Municipality, Kosrae State, with an area of 471 square meters, more or less, as described in Certificate of Title and Cadastral Plat No. 072-M-01, registered as Document No. 7080 at the Kosrae Land Court, Office of the Registrar.

- There are no minimum bid amounts for the parcels.
- Bids shall be submitted in a sealed envelope marked "November 17, 2009 Land Auction" by personal delivery to Mr Skiller Jackson at the front entrance area of the FSM Supreme Court courthouse in Tofol, Kosrae on Tuesday, November 17, 2009 between 12:00 p.m. noon and 4:00 p.m.
- The deadline for submitting bids will be 4:00 p.m. on November 17, 2009.
- All bid submissions must state the full name, mailing address, phone or fax numbers, e-mail address or other valid contact information for the person submitting the bid.
- Bids may be placed for one or for both parcels. All bid submissions must clearly state the parcel number and the bid amount for each parcel.
- The winning bidders will be notified by a duly issued Court order transferring title to the land, including all buildings, fixtures, equipment, and other improvements on the land, upon delivery of a cashier's check in the full amount of the bid payable to the "FSM Supreme Court" no later than ten (10) days after notice is given.
- If the winning bidder fails to remit payment within the required time, the award will be granted to the next highest bidder and the same conditions will apply.
- The parcels are offered for sale "as-is" with no guarantees or warranties as to their condition whatsoever.

Questions concerning this auction may be directed to Skiller Jackson, Representative for Land Sales, phone nos. 691-370-2751 or 370-7820, email: Skiller@pacificsbdc.com or Nora E Sigrav, Legal Counsel, FSM Development Bank, PO Box M, Pohnpei, FM 96941, phone no. 691-320-2840, fax no. 691-320-6533, email: noras@fsmdb.fm, website: www.fsmdb.fm

Crossword - Fill 'Er Up 2 (CLUELESS CROSSWORD)

| | | |
|--|---|--|
| 3 LETTERS ACT AGO AHA AND AXE BIT BRA EAR INN MAP MAT OAR OIL ONE PIE PRO PUT RIM RIP ROW SEE TAN | 4 LETTERS ALOE NIPS AMEN ODOR ATOP PERT CHAI RAVE EGOS RISE ARGO SAME EYED SEMI FARE SINS FETA STAB GALA STEW GLEE SWAM IDEA TAXI MADE THEM MESA UNTO NINE WEPT | 5 LETTERS AGAPE AGILE AMBLE ELDER GALES MANIA NOTED PEARL PLEMP PRIME SPOOF STOLE STUNT TABBY TIGER TITLE |
| | 6 LETTERS AMULET EMBLEM FELINE IMPALE NARROW PROMPT STUPID WALNUT | 7 LETTERS PICCOLO 8 LETTERS ATTRACTS MIDNIGHT 9 LETTERS CALIBRATE OVERRULED |



K P r e s s P u z z l e P l e a s u r e

Just Words

After you've circled the 51 words in the puzzle below, the unused letters, when read from left to right, will spell out the name of the actress who won the 1996-97 Emmy for lead actress in a drama series and the name of her show.

G F I R O V A F L C G L I T
E N I F O O L R C U O N R A
N J P V N E K I E H F A M E
A G O I E A O S L D U R T L
B A R K L P T K I Q N R N L
D I P D E C U M H H E A C I
Z N D R H E E D W V W T P H
E T A R E B I L N R O E S O
A G I L I T Y I B T L U A F
L H O N S V S R L B L O A T
O H C U T T E A L R O V E S
T H E N R X U X P A F G T I
F I M R O D R A E G O L E R
G N A B E C H O R D S G M W

AGILITY BANG CHORD COAT
ARDOR BLOAT CHURCH CONCH
BANE BOXER CLIP DIME

DORM HILL
DRIVE HOLE
DUPE INVERT
FAME JOKE
FAULT LAND
FAVOR LAUD
FINE LIBERATE
FIVE METE
FLEE NARRATE
FOLLOW OPERA
FOOL PANDER
GAIN PASTE
GARB PROP
GEAR QUART
GOAL ROVE
GOBBLE WHILE
GOURD WHISK
GUEST WRIST
HEIST ZEALOT

... more words

FLAUNT you solving skills by seeing how fast you can ZOOM through the puzzle and circle all 53 words listed below. The unused letter, read left to right, will reveal the name of the actor who won the 1996-97 Emmy for lead actor in a comedy series and the name of his show.

ACHE FILE
ALMS FLAUNT
ALTAR FOAL
BAND FOIL
BELL GALE
BETTER GROAN
CANDOR HARP
CORK HIDE
CORN HOME
CRAMP IDLE
CRAYON IMBUE
CRUMB IMPACT
DABS JEER
DANGER JOIN
DEAL KAISER
DEMUR KELP
DESIST KIDNEY
DIRE LAMA
ENVY LANE
FEEL LASH

J F I L E W L T L A O F O B
B E T T E R I T A S H R A A
N I E N T E O S S C U L M N
I I M B U E F D H I S B A D
T H O P L L L A N E S G L O
W B H J A A E N C A R E E J
P T E U S C T G H H C V D I
A K N L R R T E E D E N V Y
L T R A L T A R Y N U D R O
M A M O O Z I E D O D E B C
S P E P C D N S R Y K M F C
R E R D L D N I W A U U O O
G A L E I E N A O R G R M T
H T H K E H K K C C N S U N

LATE SATIRE
LEGEND SCAT
PALM VEND
PEAT WIND
ROUND WISH
RUIN ZOOM
SALLUTE

COMMUNITY BULLETIN BOARD

- Alcoholics Anonymous meets every Wednesday at Cantero Hall at the Roman Catholic Vicariate office at 7:00 p.m. Public welcome. For details, call 320-8365.
- Pohnpei Lions Club meets monthly every 4th Tuesday at China Star Restaurant at 6:30 p.m. Public Welcome.
- The Christian Ministerial Association of Pohnpei meets the third Wednesday of each month at 10:00 a.m. in Cantero Hall at the Roman Catholic vicariate office.
- Devotions every Sunday 9:30 a.m. at the Bahai Center in Dolonier. For details, call 320-2182.
- Habitat for Humanity Pohnpei holds their meetings every Tuesday from 11:30 a.m.-12:30 p.m. at the Sei Restaurant.
- Soccer practice/games at PICS field Monday, Tuesday, Thursday 5:30 p.m. Everyone welcome.
- The Rotary Club of Pohnpei holds its weekly meetings Thursdays at 12:15 p.m. at PCR Nantehlik.
- St John's Catholic Church in Kosrae conducts services every Sunday at 9:30 a.m. For further information, call 370-3240 or 370-3209.
- FANGO holds its monthly Issue Based Dialogue (IBD) on the last Wednesday of each Month at the Sei Restaurant at 12:00 p.m. to 1:00 p.m. The public is welcome.
- The Rotary Club of Truk Lagoon holds its weekly meetings every Wednesday at 12:00 Noon at the High Tides Restaurant. You are welcome to attend and can contact us at:
- rotarycluboftruklagoon@yahoo.com

The Community Bulletin is a free message board exclusive to announcements. To post your announcements to The Kaselehlie Press:

P. O. Box 2222 phone to: (691) 320-6547
Pohnpei, FM 96941 email to: kpress@mail.fm

ANOTHER CLASSIC
LIMERICK BROUGHT TO YOU BY
TRASHBUSTERS

There was a volcano near tears,
and time only increased his fears.
It made him feel sad
that he hadn't had
a decent eruption in years

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Puzzle Pleasure Previous Issue's Solution

To Bee... ... Or to Begin With "B"

Crossword Solution

... Or to begin with 'B' - words
4 Letters: back, bait, bald, bale, balk, balm, band, bang, bare, bark, base, bath bead, beau, beef, beer, bell, beta, bias, bide, bird, bite, blot, blow, bowl. **5 Letters:** bacon, beach, beard, bench, beret, berry, bevel, black. **6 Letters:** babble, badger, ballet, balsam, banana, banner, bazaar, beaver, behind, beyond, bishop, bleach, bottom, breeze, bright, brooch, bubble. **7 Letters:** between.

Fill 'Er Up (1)

Letter to the Editor

Election is near

Dear Editor,
 Pohnpei is facing a very important day that will mark it a very remarkable event in their lives. That is the election of a very outgoing person that will take the place of one of the founders of our nation, later at-large senator Resio S. Moses. As good Pohnpeians we should elect a representative who cares about Pohnpei a lot and have concerns about the lives of the people.
 What factors lie along with the life of the people that a representative should be caring about when he is seated to represent the people of his nation. We have to keep in mind that that person we are voting for this time is not only a representative for Pohnpei but he will be vowed as an at-large senator for the Federated States of Micronesia. One time the economy of the FSM had been considered as an upside down economy. This claim is still obvious today in the FSM. What will it take to take it back to where it belongs as a good economy for the FSM? It is believed that one way to solve this problem is to choose good people to represent us in congress. Many of

us may think that a good congress is the one who always give his constituents everything they ask for. There is nothing wrong about that but a better representative will like to have more concern about enhancing the live of the government sector and the private sector. These are one of the main concerns of the people of the FSM.

The size of the government sector is too big causing the private sector a very hard work to provide financial needs to the large size of the government sector. Since we are facing these problems from the previous compact, it may not seem to be a problem for us during these times of the amended compact. We have to be more critical in electing our officials. We do not have to worry only about who will care more about the constituents but those who will be considering the whole Pohnpei Island as his own land in need. We are almost halfway through the term of the compact. Are we ready for the next term or so? Is it too late? We are not yet ready

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Pohnpei Public Library has new bookshelves in the Library donated by REPAC (Reach out Pacific) in Hawaii. Friends of the Pohnpei Public Library would like to extend their gratitude to Mr. Glenn Wakai, Hawaii State Representative and REPAC for their contribution of bookshelves and books.

FPPL would like to thank the following for unloading the container and assembling the bookshelves.

Mr. & Mrs. Noel Boylan, Ms. Alison McConnell, Mr. & Mrs. Steve Finnen and daughter Maggie, Mrs. Jean Thoulag, Mr. Taylor Santos, Mr. Conrad Engelberger, Mr. & Mrs. Elper Samuel, Mr. Atarino Helieisar, Mr. Mike Chipen, Mr. & Mrs. Robert Kilmete, Ms. Lerleen David, Ms. Beautyleen Relep, Mr. Simpson Reuney, Mr. Xerexes Elieisar and PPL staff.

Peace Corps Volunteers Learn about Local Foods and “GO LOCAL”

Kathay Larsen
Island Food Community of Pohnpei

On Thursday, September 17th, Island Food Community of Pohnpei presented to the new Peace Corps Volunteers (PCV) training in Madolenihmw. This is the 76th Peace Corps Volunteer group to serve in Micronesia. Over the years, many things have changed across the islands. One thing remains the same: the PCVs sense of excitement about living in a new country, with new customs, language, and diet. IFCP provided insight on local foods, and their important nutritional content.

IFCP staff, Lymer Yamada and Areline Joakim explained the three IFCP posters. The first poster depicts 15 Pohnpei bananas that are highest in provitamin A carotenoids, beta-carotene. It was explained that some have much more than others and are therefore better from a nutrition standpoint. The second poster compares several provitamin A rich local foods, and their beta-carotene content, and shows that rice has NONE. Some bananas displayed are Utin Iap, Karat, Utimwas, Ihpali, Mangat, Iemwahn, Kudud, and Akadahn Weitahta. These are compared with Utin Menihle, which contains less provitamin A. The posters also pictures varieties of breadfruit (Meikole, Meikalak), giant swamp taro (mwahng), and pandanus (kipar), which is shown in detail on the third poster.

The majority of these traditional foods were never previously seen, let alone eaten by these new volunteers. The volunteers tried the foods and started developing a taste and appreciation for them. They were told of the importance of talking to their families about the many benefits of local food (CHEEF – Culture, Health, Economy, Environment, and Food Security). It is important that the message is spread that traditional local foods are nutrient-rich and that eating them, and sufficient physical activity, is key to fighting diseases that are becoming rampant here in Micronesia, such as diabetes and heart disease.

Some of the important questions asked by the PCVs and answered by IFCP are as follows:

Q. Does cooking the traditional food destroy the provitamin A, like cooking destroys Vitamin C?



A. No. In fact, cooking increases the amount of provitamin A that the body is able to absorb.

Q. Are all cooking and preparation methods the same health-wise?

A. No. Baking and boiling are healthier methods. When you fry food, or add sugar to it, you are taking away from the benefits that the local foods naturally provide by adding something unhealthy. If you want to vary your local food, then mix with coconut cream, sweet banana, or sugarcane.

Q. What local foods are high in calcium?

A. Taro (mwahng) is very rich high in calcium, also breadfruit, and edible green leaves such as Kangkong, Chaya, Pele and Sweet Potato. When your family purchases canned meat, encourage them to buy mackerel as it is very calcium-rich. Mackerel is a much healthier choice than SPAM, or corned beef!

Island Food Community of Pohnpei would like to thank the U.S. Peace Corps for allowing us to share important information with the new PCVs, about the healthy local food choices in Micronesia. The volunteers are encouraged to later contact the respective groups on their islands that promote local foods and work with them to educate their assigned community about growing and eating local foods. Here in Pohnpei, IFCP can be contacted at 320-3259, or come by and visit us in the Botanical Garden.

Taro with Mangrove Crab and Vegetables

by Merlain Abraham

Ingredients:

- 1 cup mangrove crab meat
- 1 local ginger leaf
- ½ cup chili leaves, cut thinly
- 1 cup spinach leaves, cut thinly
- 1 cup kangkong leaves and soft stems, cut thinly
- 1 cup chaya green leaves, cut thinly
- ½ cup carrot chopped
- 1 tablespoon lemon juice
- 1 chopped cucumber

Method:

1. Mix all the ingredients together in a pot with 3 to 5 cups of water.
2. Cook everything together un-

3. Remove the ginger leaf after cooking.
4. Season as desired with pepper. For health reasons, it is best to not add salt. The crab already contains salt and gives a good taste.



Astronomical Tide Prediction September 30 through October 13, 2009

| Pohnpei | | | | Chuuk | | | | |
|-----------|---------|-----|---------|-------|---------|-----|---------|------|
| Wednesday | 09/30 | | 10/07 | 09/30 | 10/07 | | | |
| | 01:03AM | 3.7 | 04:17AM | 3.5 | 12:27AM | 1.6 | 03:09AM | 0.8 |
| | 07:51AM | 1.3 | 10:00AM | 1.1 | 08:11AM | 0.1 | 08:08AM | 0.1 |
| | 02:08PM | 3.3 | 04:34PM | 4.7 | 02:49PM | 1.1 | 03:21PM | 2.2 |
| Thursday | 07:32PM | 2.0 | 11:12PM | 1.2 | 06:49PM | 0.8 | 11:03PM | 0.2 |
| | 10/01 | | 10/08 | 10/01 | 10/08 | | | |
| | 01:31AM | 3.9 | 04:45AM | 3.1 | 12:51AM | 1.6 | 03:10AM | 0.5 |
| | 08:03AM | 1.2 | 10:19AM | 1.2 | 07:58AM | 0.2 | 08:01AM | 0.0 |
| Friday | 02:16PM | 3.7 | 05:06PM | 4.6 | 02:16PM | 1.2 | 03:46PM | 2.2 |
| | 07:59PM | 1.7 | 11:57PM | 1.5 | 07:15PM | 0.6 | | |
| | 10/02 | | 10/09 | 10/02 | 10/09 | | | |
| | 01:58AM | 4.1 | 05:13AM | 2.7 | 01:15AM | 1.6 | 07:45AM | -0.1 |
| Saturday | 08:19AM | 1.0 | 10:35AM | 1.5 | 07:50AM | 0.2 | 04:12PM | 2.1 |
| | 02:31PM | 4.0 | 05:42PM | 4.3 | 02:04PM | 1.4 | | |
| | 08:26PM | 1.4 | | | 07:45PM | 0.4 | | |
| | 10/03 | | 10/10 | 10/03 | 10/10 | | | |
| Sunday | 02:25AM | 4.2 | 01:01AM | 1.8 | 01:39AM | 1.6 | 07:25AM | -0.2 |
| | 08:37AM | 0.9 | 05:42AM | 2.3 | 07:50AM | 0.2 | 04:41PM | 2.0 |
| | 02:51PM | 4.3 | 10:42AM | 1.7 | 02:08PM | 1.6 | | |
| | 08:56PM | 1.1 | 06:31PM | 3.9 | 08:17PM | 0.3 | | |
| Monday | 10/04 | | 10/11 | 10/04 | 10/11 | | | |
| | 02:53AM | 4.1 | 03:48AM | 1.9 | 02:04AM | 1.5 | 07:17AM | -0.3 |
| | 08:57AM | 0.9 | 06:45AM | 2.0 | 07:55AM | 0.2 | 05:12PM | 1.8 |
| | 03:13PM | 4.5 | 09:20AM | 1.9 | 02:21PM | 1.8 | | |
| Tuesday | 09:26PM | 1.0 | 08:12PM | 3.6 | 08:51PM | 0.2 | | |
| | 10/05 | | 10/12 | 10/05 | 10/12 | | | |
| | 03:21AM | 4.0 | 06:18AM | 1.7 | 02:29AM | 1.3 | 07:20AM | -0.3 |
| | 09:18AM | 0.9 | 10:58PM | 3.6 | 08:02AM | 0.2 | 10:13PM | 1.5 |
| Wednesday | 03:38PM | 4.7 | | | 02:38PM | 2.0 | | |
| | 09:59PM | 0.9 | | | 09:29PM | 0.1 | | |
| | 10/06 | | 10/13 | 10/06 | 10/13 | | | |
| | 03:49AM | 3.8 | 06:45AM | 1.5 | 02:52AM | 1.1 | 07:26AM | -0.3 |
| Thursday | 09:39AM | 1.0 | 01:19PM | 3.0 | 08:07AM | 0.1 | 11:45PM | 1.5 |
| | 04:05PM | 4.8 | 06:04PM | 2.3 | 02:58PM | 2.1 | | |
| | 10:34PM | 1.0 | | | 10:11PM | 0.1 | | |

For the past 8 weeks, young and old, women and men have been playing organized basketball, soccer, fast-pitch softball, tennis, wrestling, volleyball, Little League baseball, Junior League baseball, table tennis, spear fishing and track and field. What can I say - it was the best organized Pohnpei Liberation Day games this decade. The leagues and competitions for adults were municipality based with one team from each, if they chose to play. The youth leagues and competitions were open and had local businesses, like NI-HCO and Pohnpei Plumbing, sponsoring Little League baseball teams. Published in this issue of KPress are the results of the games, with photos.

In the 1980s and early 90s, old timers will remember Pohnpei Liberation Day as a summer long sports program starting in June, with finals and championships held in September. 1000s of athletes and 100s of teams of all ages competed in the three core sports of track and field, swimming and outrigger canoeing (using traditional Pohnpeian canoes), and later in baseball, basketball, softball, volleyball, tennis, power lifting, spear fishing, Micronesia All-Around and other traditional island sports. The games ended on September 11th - Pohnpei Liberation Day - with the track and field finals. Many spectators from the villages came into town to see who the fastest runners were, and who could jump and throw the farthest, or listened to the games back home on the radio.

This year, the games were good - not

Best Pohnpei Liberation Day Games in Years

By Jim Tobin

great - but much better than in past years. More sports were included, more athletes and teams competed and large crowds of spectators watched. Congratulations to the organizers for all the volunteer time spent to officiate and manage the competitions. But plainly stated, in the future our athletes may need to start training earlier and our teams need to practice more, maybe lose a few pounds (like most of us), cut out the chew and smoke, and maybe only drink sakau twice a week. Still as a spectator, I felt all the games were fun to watch and well played.

Last April, the FSM National Olympic Committee (FSMNOC) held a national sport administration workshop on Pohnpei for the sport leaders from Chuuk, Kosrae, Yap and Pohnpei and FSM national sports federation leaders of track and field, swimming, baseball, basketball, volleyball, softball, table tennis, tennis, wrestling and weightlifting. One of the main goals of the workshop was for the 4 FSM States to finalize plans to properly train and prepare athletes, teams and coaches for the upcoming 2010 Micronesia Games in Palau. During the meetings, Pohnpei sport leaders, led by Lt. Governor Churchill Edward, Senator Aurelio

Joab and Sport Director Mike Loyola, confirmed that Pohnpei would hold bigger and better Liberation Day games starting in July 2009 as a platform to identify and select the best athletes to send to Palau to represent Pohnpei.

Kosrae sport leaders, led by Sterling Skillington, Aloaka Sigrah and Alik Isaac, stated Kosrae planned to host the 2nd Kosrae Games in October 2009 to assist in the selection process of quality athletes to compete in Palau and restart the sleeping Kosrae sports program. After the workshop, both Pohnpei and Kosrae formed games organizing committees and selected competition directors for each sport to be played. Yap and Chuuk decided to host leagues and competitions in their most organized local sports by late 2009 and early 2010. The FSMNOC agreed to support these plans by applying for Olympic Solidarity grants from the International Olympic Committee to provide sports equipment and awards for the games, and bring in outside expert coaches and trainers to professionally prepare athletes, teams and coaches for Palau. Next year, our athletes and teams can beat Guam and Palau in the Micronesia Games and win many medals. The

Pohnpei athletes, teams and coaches need to be selected from the results of the Liberation Day games. Organized training and practices must start immediately. If we wait until after the holidays and finally get organized in February, as we have in the past, Pohnpei will win a few bronze medals and many 4th and 5th places. Those who start now, are dedicated and train hard will win gold medals.

Congratulations to all of the Pohnpei athletes, teams and coaches that competed in the 2009 Pohnpei Liberation Day games. Thank you to the strong support of the Pohnpei State Government, Leo Etscheit Foundation, Pohnpei State sports office, Municipal leaders, competition directors, sports officials, referees, umpires, volunteers, COM-FSM and FSMNOC staff. We now know that next year's Pohnpei Liberation Day games will be more organized, start earlier maybe in July, with cleaner and maintained sports facilities, better trained coaches and officials and most importantly more great athletes and teams. Next year's games organizing committee needs to ensure that outrigger canoeing, swimming, Micronesia All-Around and men's baseball are included.

Good luck to Kosrae with hosting the 2nd Kosrae Games next month. You never know, the 4th FSM Games could be held on Pohnpei in July 2011. It seems a logical step in improving our local sport development.



Men's Softball Fast Pitch Champions - Nett Team



Men's 200 Meter Sprint Champions



Little League Baseball Champs



Track Day One Opening Ceremony



Kitti Women's Basketball Champs



Women's Fast Pitch Softball Champs



Kolonia Men's Basketball Champions



Soccer Championship Teams



Junior League Baseball Champs