

The
KASELEHLIE PRESS

This bi-weekly publication is \$1.00

PO Box 2222 Kolonia, Pohnpei, FM 96941

Phone 691-320-6547 Fax 691-320-6571

kpress@mail.fm www.kpress.info



Santa comes to Kolonia five days early!



Children of all ages scrambled for candy given to them by Santa Clause

The Kolonia Town Government in conjunction with area businesses and civic minded residents pooled their resources and arranged for Santa to make a surprise visit to the streets in Kolonia Town. His visit was threatened by rain which miraculously dried up just in time for his elves and him to ride through the streets throwing candy and other treats to Kolonia Town children who lined the streets in anticipation of his visit.

Photos by Bill Jaynes

DJ Jeilo convicted in murder of Ron Kersey

By Bill Jaynes
 The Kaselehlie Press

Pohnpei, FSM—On Friday, December 11, a somber DJ Jeilo took his seat at the defense table at the Pohnpei State Supreme Court to hear Chief Justice Benjamin Rodriguez deliver the verdict in the murder case of Ron Kersey. The proceedings were held in the local language but it was apparent as Jeilo stared at the floor that the rest of his life would be very different than he had hoped it might have been. According to the verdict it had in fact been DJ Jeilo who had taken the life of Ron Kersey and changed the lives of his family forever.

Of the six charges filed against him he was convicted of all but two.

Ron Kersey was a United States citizen who had lived in Pohnpei for a long time, was married to a local woman and lived in Nanpohnmal along with their children. On the evening of Thursday, June 18, Kersey was found severely beaten and laying in a pool of blood on the kitchen floor of his home. His wife hurried to get Ron to the hospital but he died while enroute. The cause of death was blunt force trauma. Jeilo beat him to death with an axe handle Kersey kept for protection by the back door of his home.

The Pohnpei State Attorney General filed charges against Jeilo of Disorderly Conduct,

Trespass, Assault and Battery, Assault with a Deadly Weapon, Manslaughter, and Murder. He was found innocent of the Disorderly Conduct and Trespass, two relatively minor charges. Chief Justice Rodriguez found Jeilo to be guilty of all of the other charges.

Because the proceedings were held in the local language The Kaselehlie Press was unable to understand the extensive comments of the Chief Justice as he delivered his verdict on the 11th of December. Justice Rodriguez said that it would be inappropriate for him to help us to understand his comments during the trial until after he had delivered Jeilo's sentence. He said that he had instructed the Chief Clerk to help us. The Chief Clerk told us that Mr. Robert, the son of FSM Secretary for the Department of Justice Maketo Robert had serviced the court as the clerk on that day. Robert did not return phone calls and at press time was out of the office.

His sentencing is scheduled for January 8. The Murder charge for which Jeilo was found guilty carries a minimum penalty of 10 years and a maximum sentence of life imprisonment. Prosecutors have asked for the Chief Justice to sentence Jeilo to 45 years in the Pohnpei State Prison.

After the verdict was pronounced Pohnpei State Police escorted Jeilo from the courtroom, reshackled him and took him back to the Pohnpei State Jail where he has been held since the night of Kersey's murder.

Guinness Book climber adds FSM to his list of 161 countries

By: *Bill Jaynes*
The Kaselehlie Press

Pohnpei, FSM – In 1990, Ginge (pronounced Ginj) Fullen, who was born in Yorkshire, Great Britain, broke his neck while playing rugby. He was 22 at the time. Before that fateful day Fullen had concentrated all of his substantial athletic efforts on excelling at the sport. Considering his accomplishments since that day one can only imagine what type of status he might have attained if he had not broken his neck. Fullen recovered and developed a new passion. Rugby, “footie” as many call the sport, was no longer an option for him. Fullen became a climber and has since that time climbed to the highest points in 161 countries. As best he knows, that is more than any other climber in the world has done.

During the week of December 14, Fullen was in Pohnpei with one goal in mind, to climb to the highest point in the Federated States of Micronesia which is located in Pohnpei even if it’s not located exactly where most people thought it was.

Fullen’s goal had been to ascend to the highest points of 194 countries but that goal was thwarted when, at Camp One on Mount Everest, the highest mountain in the world he had a heart attack due to the altitude. “Everest is out. I can’t do it now,” he said. “I was a few breaths from death that time.”

Fullen began simply. He hadn’t intended to set any records. After climbing his first peak in Europe which he described as being a “not particularly challenging mountain” in Great Britain he caught the fever. He climbed a few more high points in Europe and before too long he developed an interest in climbing all of the highest peaks in each of the 47 countries of Europe. In 1992 he set about to accomplish that goal and by 1999 set foot on the last of the highest places in Europe, a fact that was acknowledged and recorded by the Guinness Book of World Records.

To get into Guinness now for climbing high peaks in Europe a climber must climb all 47 peaks in a shorter period of time than it took Fullen. He said someone already beat his time but no one had climbed to the highest point of each of the 53 countries in Africa until he finished the task in 2005. No one has yet repeated that feat.

Fullen, when he could not get unpaid leave from the British Navy resigned from the service to pursue his African goal. “I sold my house and my car, everything I had,” he beamed. Once he completed his goal in Africa he rejoined the Navy. He is currently at the end of a two year unpaid leave from the Navy.

Fullen spoke of the difficulties of climbing to the highest places in each country he has been to. Most of the difficulties he has encountered had nothing to do with technical climbing difficulties instead impediments had to do with politics and access to places considered to be off limits. As an example he said that he tried several times to gain access to Libya from its border with Chad. Ultimately, guerillas operating in the area with whom he had become acquainted got him past land mines and other obstacles so that he could stand on Libya’s highest peak.

Now he has set his sights on reaching the highest points of all of the island nations. Sometimes this means standing on a nubbin of ground 2 ½ to 3 meters high on an atoll such as what he recently encountered in the Maldives. He had not asked permission to go to the atoll where that nation’s highest point is located but said that he was committed even if he had to swim in.

One of the impediments to reaching his goal in the Pacific has been the extreme expense of reaching the islands from Scotland where he now lives. Even for seasoned travelers used to paying for airfares all over the world the Pacific Islands are expensive to reach but Fullen is committed to completing his goal. Pohnpei was

the last stop on his current trip which has included Samoa, Fiji, and Palau.

Fullen said that he has identified several “new highest” peaks in the world and has climbed them. Iraq, Bangladesh, Uzbekistan and a couple of countries in Africa are amongst the countries where he has identified new high points. The list of new highest points now includes the Federated States of Micronesia.

“Most people thought that Nana Laud was the highest point but an expert that helps me to identify the high points of each country said that the USGS topo map had one more elevation line on Ngihn Eni than Nana Laud did,” he explained. “It’s funny but they tell me that Nana Laud means great mountain. Actually Ngihn Eni (which means “tooth of a ghost”) is taller by just a few meters.”

Fullen arrived on island without having set up a guide or a place to stay. He consulted the Pohnpei Visitors Bureau. “They were great,” he exclaimed. They set him up with

Welten Panuek of Salapwak who hunts in the mountains extensively. “Welten was amazing! Make sure you mention him,” said Fullen. Fullen stayed with Welten’s family before departing for his climb of Nana Laud, something that took him two days. Ngihn Eni was two kilometers away and by the end of the third day he also stood in that place.

He used a hand held GPS to verify what he already thought he knew. The GPS, which is not as accurate as a survey showed him that while Nana Laud was 791 meters tall, Ngihn Eni was 794 meters tall. Just the same he has stood in both places and has reached the roof of the Federated States of Micronesia.

He began his long journey to Scotland on Saturday, December 19 to rejoin the British Navy secure in the knowledge that he had “bagged” one more country.

You can follow Fullen’s exploits on his website at www.gingefullen.com.



Ginge Fullen and Welten Panuek of Salapwak pose on their way from the summit of Nahna Laud to Ngihn Eni, the high point in the FSM

I want to have a 26 issue subscription sent by
First Class Mail to:

Pohnpei Address

Cost includes shipping \$35 for 26 issues

Chuuk, Kosrae, Yap, or USA Address

Cost includes shipping \$50 for 26 issues

International Address

Cost includes shipping \$100 for 26 issues

RECIPIENT

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Email: _____

The
Kaselehlie Press

Your Newspaper for Today and Tomorrow

P.O. Box 2222 Pohnpei, FM 96941
ph:(691) 320-6547 fax: (691) 320-6571
email: kpress@mail.fm

Bill Jaynes
Managing Editor

KPress is looking for dedicated correspondents in Pohnpei Chuuk, Yap, and Kosrae. We will pay you for articles and collection of ads. Contact us at the numbers or email above.

Federated States of Micronesia challenges future of Czech coal plant

Greenpeace Media Release

Suva, Fiji December 18, 2009 – In a move signalling that the Pacific may no longer tolerate empty climate rhetoric, Federated States of Micronesia has called for an Environmental Impact Assessment (EIA) of a massive coal plant in the Czech Republic.

Due to concerns over climate change impacts, FSM have requested a trans-boundary EIA of the proposed expansion of Prunerov(1) – the biggest coal power station in the Czech Republic.

This was publically announced by the Republic of Czechoslovakia's Ministry of Environment earlier this week, making front page news headlines across the country.

This is the first time that current or future climate victims could legally influence a foreign industry on by arguing that it endangers them due to greenhouse gas emissions.

The Federated States of Micronesian islands, are one of the many Pacific island nations on the front line of climate impacts especially sea-level rise, changing weather patterns, and increased storms.

Prunerov is one of Europe's biggest coal power plants (1). The plant's operator, CEZ, wants to increase the generating capacity of Prunerov but refuses to comply with EU efficiency standards. (2)

"As ministers and heads of state make plenary statements in Copenhagen to try and agree to a climate saving deal

this week, it will not be unusual to see Pacific Islands begin to take matters into their own hands in a bid for survival," said Seni Nabou, Pacific Political Advisor for Greenpeace Australia Pacific.

If successful, this legal challenge could have serious implications for climate changing industries worldwide.

"Climate change is a global problem and communities whose lives are impacted by emissions from foreign industries have every right to fight for their survival. We support the Federated States of Micronesia's request and demand a phase out of dirty coal plants in the Czech Republic and around the world," added Ms Nabou.

Nabou said it is important to give communities, which are immediately vul-

nerable to climate change the chance to exercise legal remedies to protect themselves against climate polluters wherever they are. However, only the agreement of a fair, ambitious and legally binding global treaty in Copenhagen this week will provide the level of protection needed to secure a future for billions of people around the world, including Micronesians.

"As the Copenhagen Summit draws to a close we will continue to urge leaders to sign on to a deal that is legally binding and one that includes commitments by rich countries to make far deeper emissions cuts - nothing short of at least 40% by 2020. It must also include at least USD 140 billion a year so that states like Federated States of Micronesia can adapt to climate change and invest in clean technologies. All the elements of a good climate deal are on the table, the only one missing is political will, concluded Ms Nabou.



The local choice for Building Materials.

Happy Holidays,

All of us at Do-it-Best Hardware would like to wish everyone a very Merry Christmas. We appreciate your business, and would like to show our appreciation with a very special Holiday Sale.

Thank You!

New Arrivals at Low Prices:

- Car Tires & Batteries
- Fiberglass Cloth, Mat and Resin
- Heavy Duty Cooking Pots

Holiday Hours:

December 21 st	8am - 8pm
December 22 nd	8am - 10pm
December 23 rd	8am - 12am
December 24 th	8am - 8pm

Holiday Sale!!!

DVD player.....	\$54. ⁹⁹
TV 21".....	\$229. ⁹⁹
Refrigerator.....	\$549. ⁹⁹
Washing Machine.....	\$229. ⁹⁹
Water Dispenser.....	\$159. ⁹⁹
Rice Cooker 10cup.....	\$29. ⁹⁹
Fans 12-16".....	\$16. ⁹⁹ - \$19. ⁹⁹
Kerosene Lanterns.....	\$6. ⁹⁹
Kerosene Stove.....	\$39. ⁹⁹
Bunk Bed.....	\$799. ⁹⁹
Wheel Barrows.....	\$39. ⁹⁹
Weed trimmers.....	\$134. ⁹⁹
Generator 800watt.....	\$169. ⁹⁹
Plate Compactor	\$1,100. ⁰⁰
Concrete Mixer.....	\$2,500. ⁰⁰

Items listed are at an already discounted price, other discounts may not apply.

P.O. Box 2023
Pohnpei, FM

Tel: 691.320.7493
Fax: 691.320.7966



**One of the greatest joys this season is the
opportunity to say 'Thank You'
and to wish you a very
Merry Christmas & Happy New Year**

EST. 1949
Leo Store

Would like to thank the following for their support.



Matson®



Qfsmtc



AMBROS Inc.

**BLACK
OUT**



Pacific Resources for Education and Learning

VACANCY ANNOUNCEMENT
President & Chief Executive Officer
(CEO)
(#FY09-14)

Pacific Resources for Education and Learning (PREL) is seeking an acknowledged leader from the education field to guide the organization. PREL is a non-profit, 501(c)(3) corporation providing educational research, development, training, and technical assistance services to the Pacific region. PREL derives its support from a variety of competitive contracts and grants totaling approximately \$11 million each year.

Among the requirements for the position, all candidates must have:

- A Doctorate in education or a closely related field is highly desired. Master's degree in education or closely related field is required.
- Demonstrated ability to lead a large, complex organization and professional staff including significant experience with large federal contracts and grants.
- Long-term experience in the education communities in our Pacific service region and a depth of understanding of and respect for Pacific cultures.

Attn: Human Resources
Email: jobs@prel.org

Visit "Opportunities" at www.prel.org for detailed information on current vacancies.

An Equal Opportunity Employer

Pacific Receives 10 million Euros for climate change projects from Germany

FSM Information Services

Bella Centre, Copenhagen, Denmark: 15 December, 2009 - The German Government will commit another 10 million euros to climate change programs in Pacific countries; it was announced in Copenhagen, Denmark.

This is in addition to the current 4.2 million euro program being implemented under the SPC/GTZ Pacific-German Regional Program on Adaptation to Climate Change in the Pacific Island Region. The project is currently operating in three countries – Fiji, Tonga and Vanuatu.

While the finer details are still being worked out, the commitment is to intensify existing efforts and enable the implementation of national policy programs through such mechanisms as forestry inventories, consultation and capacity building programs.

The announcement was made at a meeting between officials from the Governments of Fiji and Vanuatu and the Secretariat of the Pacific Community (SPC) together with officials from the German Technical Cooperation agency (GTZ). It was initially conveyed by the German Minister of Foreign Affairs and the Minister for Economic Cooperation and Development to Pacific leaders in Berlin a few days ago. Present at the Berlin meeting were the Presidents of Kiribati, Micronesia, Palau and the Marshall Islands, the Prime Ministers of Samoa, Tuvalu and Vanuatu, and the Deputy Prime Minister of Tonga.

Fiji's Minister of Foreign Affairs,

Ratu Inoke Kubuabola welcomed the commitment, saying it was a boost to the Pacific's climate change adaptation and mitigation programs in the region.

"We thank the Government of Germany for this very kind gesture and we appreciate the recognition given to our call for funding and financing projects that will help our people cope with the impacts of climate change," said Ratu Inoke.

The SPC/GTZ regional program on adaptation to climate change focuses on sustainable management of land-based natural resources with mainstreaming of climate change issues in regional and national policies and plans. Avoiding deforestation is a fundamental element of the project's strategy in Fiji.

In December 2008, the German government formally stated its financial commitment to working with SPC on the proposed project.

The project, which aligns with the Pacific Island Framework for Action on Climate Change 2006–2015, is supporting Vanuatu's implementation of its National Adaptation Programme for Action and assisting Fiji and Tonga in the fulfilment of their national communications to the Secretariat of the United Nations Framework Convention on Climate Change (UNFCCC).

The additional financial support, which will come from the German Federal Ministry for Economic Cooperation and Development, will bring the total funding for the project to 14.2 million euros

~ Computer Networks International ~

Wishes a Merry Christmas & A Happy New Year to All Our Valued Customers

Computer Sales & Training

- IBM /SONY /TOSHIBA /APPLE-MAC Desktop and Laptop Systems
- Desktop Applications (Word, Excel, Publisher, PowerPoint, FrontPage and many more....
- Office Productivity Workshops
- Practical "How-To-Topics"
- Database, Access, SQL, ASP, Net
- File Conversions from MAC to IBM-Compatible, and vice versa
- Scanning Services
- Adobe Photoshop Designing
- Networking



Software Design & Development

- Land Database Reporting System
- Computerized Accounting, General Ledger
- Loan Management System - Credit Union Database
- Law Enforcement Database Development: Patrol, Administrative, Traffic, Investigative and Correctional
- Advance Automated Spreadsheets for Payroll, Inventory, Budget Preparation and much more...
- Personnel and Labor Database Management

Website Design & Development

- Website Training and Consultancy
- Marketing Consulting – Hosting & Maintenance
- Programming: HTML Dynamics – Database Website
- Create, Publish & Update Your website

The best Data Recovery & Repair Technology in the FSM for your laptop and/or desktop

Technical services & Computer Parts

- **FREE** Checkup
- Repair, Upgrade & Data Recovery
- Remove viruses, spywares & other harmful software
- Safely clean and repair your Windows Registry
- Replace Laptop Parts: Video, LCD Unit, Battery, KB

Gigabit Ethernet & Wireless Networking

- Installation, Setup & Configuration
- Interactive Database Networking
- Security & Administration
- Protocol Settings & Security
- Wireless installation & Configuration

Registered with Asian Development Bank (ADB)

Areas of Expertise: Database, Networking, Website Development and Computer Training

Tel: (691) 320-2876/2685 – Fax: (691) 320-2831 E-mail: support@cnifsm.net



Congress session adjourns after seating new member and adopting seven acts, six resolutions

FSM Congress

PALIKIR, Pohnpei. December 18, 2009 - The Sixteenth Congress of the Federated States of Micronesia adjourned its Second Special Session on December 9 2009, with a new member seated along with the adoption of six Bills and nine Resolutions.

Senator Peter M. Christian, the four year member or the at-large Representative of the State of Pohnpei was seated the first day of the Special Session, November 30, 2009. Senator Christian is not new to the FSM Congress, he was among the senior members of the Body during his previous tenure as the two-year Representative of Pohnpei State's election district three.

As a special session called by the President, in addition to the seating of the Pohnpei State's at-large Senator, Congress also tackled the items noted in the President's call. Foremost on the list was pending and new nominations, Congress therefore adopted the following nomination resolutions:

Congressional Resolution (CR) 16-32, to confirm William Hawley to the Board of Directors for the FSM Petroleum Corporation, Hawley is the National Government representative to the Board;

CR 16-36, to confirm Joseph J. Habuchimai to the FSM Banking and Insurance Board;

CR 16-42, to confirm Churchill Edward to the Board of Regents of the College of Micronesia as the repre-

sentative from the State of Pohnpei; and

CR 16-55, is the resubmission and passage of Resty R. Shotaro to the FSM Telecommunications Board of Directors.

Along with the nomination, Congress also adopted the following resolutions:

CR 16-48, to approve and ratify an agreement on a Grant in the amount of \$90,000 from the Secretariat of the United Nations Convention to combat desertification;

CR 16-57, to set the ceiling of total funds available from the General Fund for the FY-2010 at \$39,922,157;

CR 16-59, to extend the Second Special Session of the 16th CFMS for another three days;

CR 16-60, requests the President to convene an immediate National and State leadership conference; and with information newly provided to the Congress, the final resolution adopted was CR 16-61, to set for the fiscal year ending September 30, 2010, a new budget ceiling at \$43,621,382.

Other legislative matters that were addressed and passed during the Second Special Session included:

Congressional Act (CA) 16-16, a bill to appropriate the FSM Education Sector Grant for Fiscal Year 2010 - Amendment 1: in the amount of \$603,240 to the national Department of Education; and FSM Supplemental Education Grant for fiscal year 2009 in the amount of \$684,564 to the College of Micronesia-FSM;

CA 16-17, a bill to define a class 3 Multiple Captive Insurance companies and provide for the issuance of captive insurance managing licenses and for other related purposes;

CA 16-18, a bill to amend certain provisions on lending to bank personnel and related staffs;

CA 16-19, a bill to amend Public Law 15-31 to change the use of certain funds previously appropriated for the State of Pohnpei;

CA 16-20, a bill to appropriate \$3.5 million to fund economic and social projects/programs in the States of Chuuk, Kosrae, Pohnpei and Yap, and for other purposes; and

CA 16-21, a bill to make all Captive Insurance Companies subject to the FSM Corporate income tax regardless of capitalization, and for other purposes.

All legislative matters have been transmitted to the President for his approval turning them into laws.

The session as called by the President was originally for seven days, but Congress adopted a three-day extension and so the Second Special Session of the Sixteenth Congress of the Federated States of Micronesia finally adjourned sine-die on December 9, 2009.

INTERNATIONAL TEXTING

FSMTCeLL's newest service offers subscribers the chance to send text messages to international mobile numbers.*

Sending an international text message while in FSM Telecom's domestic network is similar to sending a standard SMS text message.

You will need to use the following format:

Send text to 011, country code, international cell number.
Or you can use + in place of 011 in the sms destination number.

Rates for international texting:
Mon-Fri 6 am to 6pm - \$0.30
6pm to 6am - \$0.25
All day weekends - \$0.20

NOTE:
FSMTCeLL subscribers cannot send or receive text messages while in an international location at this time.

*Destination and terms apply

FSMTCeLL

To access the FSMTCeLL network, you will need a GSM 900 phone and a SIM Card.

If you already have a GSM 900 phone, you can purchase a SIM Card at your local Telecom office for only \$24.00.

Cellphones are also available for rent, up to 7 days for only \$20.00. A security deposit is required.

To get service, you will need a FSM Prepaid Telecom, which is sold at most retail stores and hotels.

We accept VISA, Mastercard and American Express.

Call 3202740 or email customerservice@mail.fm for more information about FSMTCeLL and other services.



FSM TELECOMMUNICATIONS CORPORATION

- Phone 1 691 320 2740 - Fax 1 691 320 2745

- <http://www.telecom.fm> - customerservice@mail.fm

Eradicating Octopus Trees in Pohnpei

Conservation Society of Pohnpei

If you were on the road in Sokehs between Kolonia and Palikir on Wednesday December 9, 2009, you may have been wondering what the team of men was up to on the roadside. That team was the Terrestrial staff of the Conservation Society of Pohnpei (CSP) supported by Mr. Konrad Englberger and they were working hard to eradicate a number of invasive Octopus Trees from the canopies of the local trees.

Ma komwi iang ket pohnahl en kohla Sokehs nan pwungen Kolonia oh Palikir ni Esilo December 9, 2009, komwi kak en kupwukupwure songen pwihn en aramas ieu me wie doudou nikelien ahl. Pwihn wet iei pwihn en tohn doadoahk kan en Conservation Society en Pohnpei (CSP) me kin pwukoahki sewese epwel pen nanwel oh Mr. Konrad Englberger oh irail wie doadoahklaudki en kamwomla tuhke siwed Octopus tree de Tuhkehn Kihs sang nan pwungen tuhke me udahn sapwelimatail.

Octopus Tree (TuhkeKihs, in Pohnpeian), can grow on the ground but are usually found growing on the branches of other trees. It spreads by seed carried by birds, and also vegetatively through cuttings. It can grow up to 38ft tall and has compound leaves with 5-15 leaflets, with red flowering branches that resemble an octopus. The Fruits are black with multiple seeds.

Tuhkehn Kihs kak oasada nanpwehl ahpw pak tohto tuhke wet kin kak oasada pohn rah kan en ehu soangen tuhke, e kin doupeseng sang werentuhke wet me menpihr kan kin kakwa oh e pil pweida sang ni poadidi en rah kan. E kin kak osada oh reireikihla piht 38 oh tehkan wadwad 5-15, oh rohsikan mwomwieng Kihs. Wahn tuhke wet kin toantoal oh me kin weren tuhke tohto.

If you think you may have seen one of these invasive plants please contact CSP at 320-5409. For more details about this and 25 other invasive weeds please contact CSP or simply stop by to pick up a copy of the newly produced, full-color

Invasive Weeds of Pohnpei. It is free for anyone and a valuable resource in identifying these non-native, invasive weeds.

Ma komwi pepehm me mie wasa me komwi mahsaniih ie soangen tuhke par siwed wet ah komw pakair kiong ohpis en CSP ni telephone 320 5409. Ohng ni irehpisetik kan me pid tuhke wet oh pil soangen tuhke 25 me pil iang wia tuhke oh dihpw siwed kan ah komwi pakair kiong CSP de komwi uhdichte oh pwekada ehu kopi en kilel en dihpw oh tuhke siwed kan me mie nan Pohnpei. E sohte pweipwei ohng emenemen en doadoahki tetendoadoahk pwukat pwehn kak peihn kasawihada tuhke oh dihpw kan me kaidehn uhdak oh wia dihpw de tuhke siwed kei.

CSP would like to remind everyone that these plants are introduced plants and have the potential to out-compete our native plants; which means we could potentially lose some of our native plants, some of which are found no where else on Earth. CSP would also like to thank Mr. Konrad Englberger for his continued time and service to CSP and Pohnpei.



The leaves resemble tentacles



The seeds are attached to long branches resembling tentacles

Dollar Up Enterprises

320-6127

Sunny Powder Soap
400 gm
.65 cents

Coffee Mugs
5 for
\$1.00

Zi Tuo Toothpaste
.65 Cents
With FREE Toothbrush

Ambros Store

Peren En Christmas Oh Parakapw Mwahu



Country Value Yellow Cake Mix
\$1.85

Best Yet Foam Plates (50 count)
\$2.95



Rinso Bleach 96 Oz.
\$1.95



"Pampa" Frosted Flakes
\$1.95



Soft & Silky Napkins
\$2.15



OraCare Toothpaste W/ Free Toothbrush
\$1.50



Merry Christmas & Happy New Year

Sunwhite, Island Sun and SunRice team up with UNICEF to save Pacific Infants

SunRice

The Australian company SunRice has joined the United Nations Children's Fund (UNICEF) in an ambitious plan to immunize about 60,000 Pacific Island infants against the killer diseases measles and hepatitis B.

This is part of a major push to lift health standards in 14 countries across the Pacific region. The UNICEF Pacific Program's aim is to eliminate measles, control hepatitis B and maintain a polio-free status.

"UNICEF is grateful to partners like SunRice for assisting in the on-going battle to provide timely vaccination campaigns," said UNICEF Pacific chief of health and sanitation, Dr Eliab Some.

Speaking from the UNICEF Pacific office in Suva, Fiji, Dr Some confirmed progress had been achieved in combating both the measles and hepatitis B viruses in the Island states.

"But they are still a life-threatening risk to Pacific children," he said. "About 20 per cent on average are not immunized against measles and hepatitis."

SunRice chief executive officer Gary Helou described the project as breaking new ground in cooperation in the Pacific between a commercial company and the UN agency.

As far as we are aware it is the largest Pacific regional public health initiative undertaken by a corporation working with UNICEF," said Mr Helou.

"We believe the support we are giving UNICEF sets a new Pacific standard for the scale of combined effort for this sort of joint endeavor. We would like this partnership to be on-going," Mr Helou said.

He says regional countries are important markets for SunRice and its other rice brands, Island Sun, Sunwhite and Solrice.

"We have served Pacific Island states for more than 30 years by supplying high quality rice as a staple food," Mr Helou said.

"The vaccination initiative is our way of contributing further to the Islands. It is part of an expanded approach by SunRice to exercising social responsibility. This is an opportunity to make a real difference in meeting the challenges of infant immunization in isolated

and scattered communities.

"SunRice is about family brands and we see a very strong link between this and the UNICEF mission to protect and improve the welfare of children."

SunRice's commitment to the immunization program helps to fund vaccines, implement a 'cold chain' system of transport, and distribute, store and maintain vaccine equipment. Also included is training of workers to support the program.

The "cold chain" aspect, which relates to the transport and storage of vaccines, is critical to the project. It ensures that during a five week journey from the manufacturers in Europe, vaccines are kept in cold, or refrigerated conditions, to prevent them spoiling, especially in tropical climates.

When they arrive at their Pacific destinations, the vaccines must be stored at the right temperatures until they are used for immunization. The "cold chain" delivery system applies even when vaccines have to be carried by tiny boats and by hand to get them to children in need in isolated areas.

This is why SunRice's involvement in providing equipment and resources is key to the delivery of the vaccination program.

The immunization results will help participating countries in their attempts to achieve the Millennium Development Goals (MDGs), a set of United Nations benchmarks for improving living standards.

The UNICEF vaccine program will help Pacific Island states progress towards the goal of reducing child mortality.

"SunRice is pleased to be a partner in this program; it is about giving back to Pacific Island communities by making a real difference to children's health," said Mr Helou.



Christmas Message 2009

Speaker Isaac V. Figir
16th Congress of the Federated States
of Micronesia

Once again we have come to that special time of the year when families and friends across our nation gather for merriment and feasting in celebration of the birth of our savior Jesus Christ. That humble birth long ago in Bethlehem gave recognition to the Almighty's mercy and grace which has in turn provided humanity with everlasting hope.

While our Christmas celebrations may vary in traditions and forms, they are however, all premised on Hope, one of the underlying principle of Christianity. For the world over, the principle of Hope is brought to the fore more effectively and prominently during Christmas.

It is why during this time of the year, I take comfort in the fact that our way of life in the FSM, the stability of our social structures, the education of our children and the way we govern ourselves were founded on Christian values. These values have established a belief system that provides so many of our people with a purpose and a way to lead our lives as decent and contributing members of the community.

Therefore as we gather across the nation with our families and friends in celebration of Christmas, let us also take time for inward celebrations and reflections on the many blessings the Lord has bestowed upon us as individuals and as a nation.



Holiday Greetings

*May the blessings of Christmas
be with you and your family always
and
May the New Year bring renewed hopes
in the unity of our nation and our people*

Isaac V. Figir
Speaker, 16th FSM Congress



In the celebration of Christmas, the Vice Speaker, Floor Leader and members of your Sixteenth FSM Congress join me in wishing each and every one of you, a Christmas abundant with blessings of health, peace and happiness and may the New Year bring renewed hopes in the unity of our nation and our people.

Merry Christmas and Happy New Year



The 2nd annual Pohnpei Green Steps 5K Walk/Run was held on Saturday, December 12. Over 200 participants planted seedlings and picked up trash from the PICS track area to the Spanish Wall field while walking and running a 5 kilometer route. The activity was sponsored by a FSM National Olympic Committee Sport and Environment grant. On Friday, December 18, the first Kosrae Green Steps 5K Walk/Run will be held. Other sponsors were Island Food Community, USDA, Conservation Society of Pohnpei, KIRMA and Micronesia Conservation Trust.



Any interest in a bush band?
We are looking for people who play guitar, banjo, fiddle, drums, harmonica, piano or keyboard at all.

Call Mat at
320-3943



the Village Travel

*Servicing the islands
and abroad since 1980!*

Providing your domestic
and international flight
arrangements.

For your flights, hotels &
car rentals, please call us at

Tel: (691) 320-2777

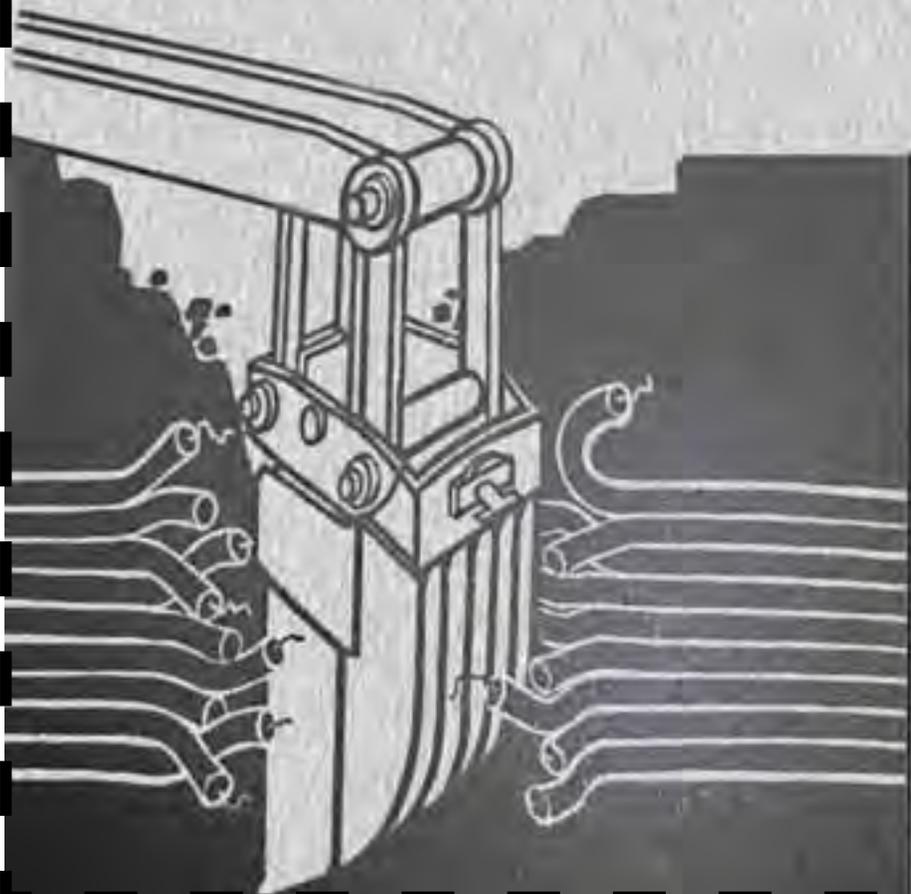
Fax (691) 320-5375

or email us at

villagetravel@mail.fm

P.O. Box 339
Kolonias Pohnpei,
FM 96941

Call Before You Dig!



If you are planning to excavate for construction, call or come in and see us first at FSM Telecom.

There could be telephone cables under the surface.

If you cut those cables, it may disrupt service for hundreds of people, including your relatives and friends.

It could also delay your construction, and you may have to pay the cost of cable repairs.

**Help us keep the
lines of communication open!**



FSM Telecommunications Corporation
P.O.Box 1210, Kolonia PNI 96941
691.320.2740 customerservice@mail.fm

FSM Tax Reform Executive Steering Committee Endorses Package of Enabling Legislations for Reforming the Tax System

FSM Information Services

The Tax Reform Executive Steering Committee (ESC) met in Pohnpei on November 23, 2009 to further discuss the enabling legislations for the nation-wide tax reform program. The membership of the ESC consists of the Honorable Alik Alik, Vice President (as Chairman), Governor of Kosrae State, the Honorable Robert Weilbacher, Governor of Pohnpei State, the Honorable John Ehsa, Governor of

Chuuk State, the Honorable Wesley Simina, and Governor of Yap State, the Honorable Sebastian Anefal. The ESC endorsed the different pieces of enabling legislation that would be proposed to Congress and each State Legislature with the exception of the State model Value Added Tax Act. Consensus was not reached on the best option for the treatment of interstate trade. Because of this, the Governors and Vice President agreed to continue their discussions on the VAT treatment of interstate

trade during the Chief Executives Council (CEC) meeting held in Guam on December 2, 2009.

After much deliberation and further explanations by the technical staff, the Governors reached agreement on Friday, December 4, 2009, on the treatment of interstate trade under the VAT. This means that the Administrations in the National and each State Government have reached final agreement on the enabling legislations that would be transmitted to Congress and the respective State Legisla-

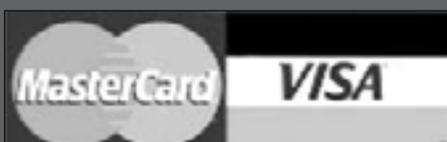
tures. It was also proposed in this meeting that a State and National Leadership Conference (SNLC) will need to be convened in January to provide a venue for ESC to introduce the enabling legislations to the SNLC.

The ESC also agreed that there is enough substance to now begin undertaking public awareness campaign on the tax reforms. This campaign will begin once all parameters have been laid out by the committee.

Dollar Up Enterprises
320-6127

- Drinking Glass
\$2.95
Sets of 6 glasses
- Pillows
W/ case
\$2.95
- All toys
\$1.00 off
marked price
per style

PACIFIC TREELodge RESORT in Kosrae *IN KOSRAE*



Now accepting Visa,
Mastercard and Pacific
Express



You can enjoy
fresh seafood,
burgers and
pizza at



**Bully's
Restaurant**
on the water

Save **10%** on our
Room and
Car Package Deal

Open every day from
7 AM to 9 PM

Elves come to Pohnpei and Guam in a new novel

By Bill Jaynes
The Kaselehlie Press

Book reviews; who reads them? I haven't read one in years. I can't remember how a book review should go, really. Just the same, you might be interested in reading this one if only because part of the story line takes place in Micronesia, specifically in Guam and in Pohnpei; that and the fact that it is a well-crafted fun story that can be read on many levels from superficial to just about as deep as you want to go.

David Lee Kirkland, the author of "The Last Dark Elf" which was published by High Hill Press in late November of this year was a United States Peace Corps volunteer in 1969. He was assigned to what was then called Ponape but he never got here as part of that program. He says he was dropped from the program before as the result of a debate over how much to respect local tradition and whether to present America as always right. He said that he felt that local tradition should have primacy. Ultimately he came to Pohnpei on his own as part of other projects in which he was involved but he never had the opportunity to live here. What he experienced while he was here, combined with the rest of his wide and varied life experiences helped to shape his telling of a truly unique story full of the kind of imagination that all too often dies an unnoticed death as the responsibilities of life press in as we age.

If it has been years since I read a book review it has been even longer since I read a tale of fantasy. I'm pretty sure that "The Elfstones of Shanarra" by Terry Brooks, which was published in 1982, was the last fantasy book I read. J.R.R. Tolkien's "Lord of the Rings," about which I wrote a term paper in my senior

year of high school sucked me into the fantasy realm for a period of about five years. During that time I was a member of a book club that, if I didn't promptly send my selection card each month, automatically sent me a book selected from the fantasy genre which I had then listed as my favorite. As a result I have read a good number of fantasy books but it's been a long dang while.

There probably are other fantasy novels set in the 21st century but I haven't read another besides "The Last Dark Elf."

Kirkland sent me a reader's copy of his book in advance of its publication. Quite frankly, I wasn't sure that I would enjoy it. In my opinion it had a somewhat silly front cover and was, after all, obviously a work of fantasy which, now that I have grown somewhat old and jaded, is no longer my particular cup of tea. I don't hate fantasy books I just don't seek them out.

However, no author had ever sent me a "reader's copy" of a book before. I admit that it was really out of a sense of honor and obligation that I cracked the cover and began to read. I read with pen in hand, editor's cap in place, ready to fulfill my responsibility to report every typo, clunky sentence, or uncomfortable plot element. I'm a busy guy and, as I said, jaded. My misunderstanding of my responsibility with the book marred my initial experience with the "The Last Dark Elf." I had thought I was supposed to help rather than to just enjoy the story.

Two weeks after starting I was no more than 100 pages into the book because I had made it a job. Just the same, I found that my thoughts had begun to wander during my work day to what would happen to the main character,

Scully, an Irish immigrant living in Washington D.C. who had befriended the last surviving dark elf named Howard without knowing what Howard really was. Or did Howard in fact initiate the strange "friendship"? Who befriended who? If Howard had maneuvered Scully into the odd position of helping to end an ancient war amongst elves over the fate of magic in the world, why had he chosen Scully in particular? What was it about him that led to Howard's choice if in fact Howard was the one who had made that choice at all? And why was the war taking place in the 21st century in the midst of mortals who had no clue that the matter was even an issue at all?

And what of Scully's relationship with the beautiful elven princess, Li? How would that develop? I found myself wondering what it would be like to have a romantic relationship with an elf, something I hadn't even considered since my face was choked with acne and my hair grew past my shoulders. What would an elven princess look like? How could a relationship possibly survive between an apparently ageless elf and a mortal, whose face and body constantly shows the amassed evidence of every ticking second?

What would it be like to share my home with a pixie, or to have a conversation in my living room with a dwarf, or to stare into the eyes of a gryphon, and to know that I should at all costs avoid its deadly talons despite its gentle and reasonable voice? And what if a key bit of magic could really be found within the walls of Nan Madol in Pohnpei, the place I now call home?

And what about Howard? What does "dark" elf actually mean? Does "dark" mean evil, something else entirely, or is darkness relative anyway? Scully, for good reason, mostly in-

volving Howard's ill use of him had difficulty with that question as well.

Tired of wondering, I was finally compelled to get over myself, put my pen down, take off my editor's hat, sit down and gobble up the last 250 or so pages meanwhile disregarding all other responsibilities. The well defined, bizarre, yet lovable characters clamored for my attention because I found that I cared about them. The story, and the moral dilemmas every character faced or didn't face, simply could not be denied and once I stopped trying to "help" the author with my "great literary insights," I enjoyed it immensely. Kirkland never needed any help from me. Why would he? If this work is any evidence he is a great writer.

"The Last Dark Elf" was like no other novel I have read in any genre. Even Kirkland's choice to write in a style that I initially thought to be a bit stilted or maybe old-fashioned turned out to be one of the elements I particularly liked about the novel, perfect for the story and for its characters.

It was odd and quirky and engaging and rude and pleasant and sexy and deep and, well—magical; a rare read!

If there is not a sequel I will be extremely disappointed. Does anyone have a sack of cash to help me buy an option for a movie or two?

"The Last Dark Elf" should be available at Amazon books and/or Barnes and Noble Booksellers by the New Year. The posted cover price is \$17.95. Kirkland says that the easiest way to buy the book right now is to order a copy from him directly. He will sell you an autographed copy of his book for \$15 with no extra charge for shipping. Checks should be made to David Lee Kirkland and mailed to 16 Rio Vista Drive, St. Charles, MO 63303.



Program Name:

Conservation and Environmental Protection Program (CEPP)

Contracting Authority:

The Office of National Authorizing Officer at FSM national government, Department of SBOC

Program Manager:

Micronesia Conservation Trust (MCT)

Funded by:

European Union

Purpose:

To build Non State Actor (NSA) capacity to formulate and deliver environmental protection and conservation projects

Projects eligible for funding:

- Research and Monitoring
- Conservation Areas
- Human Capacity Building
- Institutional Strengthening
- Public Awareness and Education

Expected Results:

- Improved NSA capacity in conservation and environmental protection
- Greater public awareness and acceptance of conservation and environmental issues

Project Proposals:

- Use correct application form
- Maximum 10,000 euros direct grants
- Submit now or by 5 January 2010 at the latest
- Projects must be completed by 3 April 2010

Eligible direct costs:

- cost of staff assigned to the project
- travel and subsistence costs
- the cost of purchasing equipment
- costs of consumables and supplies

Eligibility:

- be Non-State Actors (e.g. non-government organizations, educational and research institutions, community-based organizations) and
- be non-profit making and
- be nationals of the Federated States of Micronesia
- be chartered in the Federated States of Micronesia (FSM)
- be directly responsible for the preparation and management of the action with their partners
- have relevant experience working in the Federated States of Micronesia

For more information, contact:
Mary Rose Nakayama, Program Officer
P.O. Box 2177 Kolonia, Pohnpei 96941
Tel: (691) 320 5670/7214 Fax: (691) 320 8903
E: cepp@ourmicronesia.org W: www.mctconservation.org

Crossword - More TV

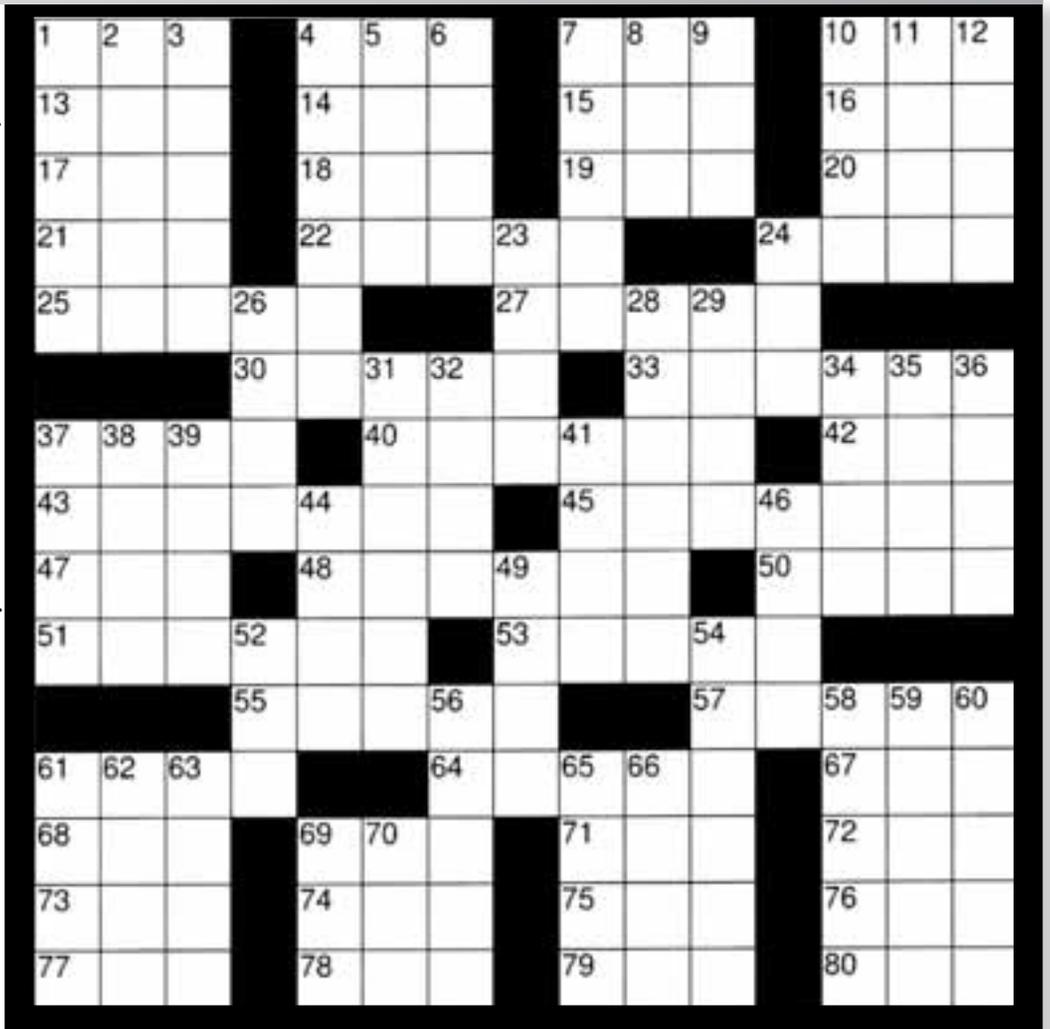
ACROSS

- 1. TV host Serling
- 4. Extra Superbowl periods, for short
- 7. Chihuahua who sounds like Lorre
- 10. Pivotal Jedi role
- 13. Nickname on TV's Wings
- 14. Movie studio
- 15. Actress Plumb
- 16. Horror actor Chaney
- 17. High-pitched Addams Family role
- 18. Director Miller
- 19. Clarinet, in Peter and the Wolf
- 20. Dr. Seuss movie role
- 21. Keanu, in The Matrix
- 22. TV hostess White
- 24. Frequent TV Xmas show host
- 25. Basic Instinct star
- 27. Afternoon talk show host
- 30. Emmy role for Susan, finally
- 33. Michael Caine film of '64
- 37. Actor Jannings
- 40. 1943 Bogart film
- 42. Rene Auberjonois role
- 43. Actor Hurt
- 45. Surname at 1313 Mockingbird Lane
- 47. Diamonds ____ Forever

- 48. Wuthering Heights actress
- 50. Actress Suvari
- 51. 1987 Kim Basinger film
- 53. Davis of Do the Right Thing
- 55. Actress Reese
- 57. Silent films actress
- 61. Carla on Cheers
- 64. Splices film
- 67. Show on TV
- 68. Special effect for Spock
- 69. Sean Penn film ____ Sam
- 71. Newman's Exodus role
- 72. Old movie studio
- 73. Actor Wallach
- 74. TV spot filler
- 75. George Burns role
- 76. ____ to Midnight (Bronson film)
- 77. Actor Majors
- 78. Movie site or TV unit
- 79. ____ Day at a Time
- 80. 48 ____ (Murphy/Nolte flick)

DOWN

- 1. Casablanca star
- 2. TV's Bradford kids e.g.
- 3. Last name in droids, informally
- 4. Director Stone
- 5. When tripled, a WWII film
- 6. Ollie's costar
- 7. Episode starter, often
- 8. Actress Gabor
- 9. Sandra Bullock film, with The
- 10. Raspy-voiced actor
- 11. George Wendt, on Cheers
- 12. Goldblum/Pfeiffer flick ____ the Night
- 23. Wyle of ER
- 24. 1996 role for Antonio
- 26. Gimme a Break star
- 28. Nick at Nite features
- 29. Alda of M*A*S*H
- 31. She played TV George's wife
- 32. It ____ From Outer Space
- 34. Weekly ritual on Survivor
- 35. Harper Valley P.T.A. star
- 36. You've Got Mail director Ephron
- 37. Actor McGregor
- 38. Actress Sorvino
- 39. TV spy show ____ Three Lives



- 41. Good Times actor
- 44. Actress Skye
- 46. Hoskins, in Hook
- 49. Word in a Hope-Crosby film title
- 52. Brenda and Rhoda's mom
- 54. TV's ____ Edition
- 56. Melvin and Howard star
- 58. Wayne's co-host
- 59. Star Trek: The Next

- Generation role
- 60. Von Bulow portrayer
- 61. Spool for film
- 62. He played the Skipper
- 63. That thing you do! setting
- 65. 1995 Kenneth Branagh role
- 66. 1982 Disney film
- 69. ____ a Wonderful Life
- 70. Vigoda of Barney Miller

K Press Puzzle Pleasure



Begins with a "T"

Each of the words in the puzzle begins with the letter "T." There are a total of 40 words; each one is five letters long. Once you've found them all, compare your list with your friends.

Your List Goes Here



The "QU" Quiz

The word hidden in the puzzle all contain the letter combination "QU." There are four 4-letter words, 17 5-letter words, 19 6-letter words, and four 7-letter words, for a total of 44. See if you can find them all!



COMMUNITY BULLETIN BOARD

- Alcoholics Anonymous meets every Wednesday at Cantero Hall at the Roman Catholic Vicariate office at 7:00 p.m. Public welcome. For details, call 320-8365.
- Pohnpei Lions Club meets monthly every 4th Tuesday at China Star Restaurant at 6:30 p.m. Public Welcome.
- The Christian Ministerial Association of Pohnpei meets the third Wednesday of each month at 10:00 a.m. in Cantero Hall at the Roman Catholic vicariate office.
- Devotions every Sunday 9:30 a.m. at the Bahai Center in Dolonier. For details, call 320-2182.
- Habitat for Humanity Pohnpei holds their meetings every Tuesday from 11:30 a.m.-12:30 p.m. at the Sei Restaurant.
- Soccer practice/games at PICS field Monday, Tuesday, Thursday 5:30 p.m. Everyone welcome.
- The Rotary Club of Pohnpei holds its weekly meetings Thursdays at 12:15 p.m. at PCR Nantehlik.
- St John's Catholic Church in Kosrae conducts services every Sunday at 9:30 a.m. For further information, call 370-3240 or 370-3209.
- FANGO holds its monthly Issue Based Dialogue (IBD) on the last Wednesday of each Month at the Sei Restaurant at 12:00 p.m. to 1:00 p.m. The public is welcome.
- The Rotary Club of Truk Lagoon holds its weekly meetings every Wednesday at 12:00 Noon at the High Tides Restaurant. You are welcome to attend and can contact us at: - rotarycluboftruklagoon@yahoo.com
- Pacific Mission Fellowship - A Bible-based English Worship Service Invites you to join us on Sundays for worship at 9am - 11am, Children's Church for the kids too!. Call: 320-2496
- Ultimate Frisbee pick-up game every Tuesday. PICS field. After 6pm. All levels welcome! Free!

The Community Bulletin is a free message board exclusive to announcements. To post your announcements to The Kaselehlie Press:

P. O. Box 2222
Pohnpei, FM 96941
phone to: (691) 320-6547
email to: kpress@mail.fm

ANOTHER CLASSIC LIMERICK BROUGHT TO YOU BY **TRASHBUSTERS**

A tutor who tooted a flute,
Tried to tutor two tooters to toot.
Said the two to the tutor,
"Is it harder to toot, or
To tutor two tooters to toot?"

COMMERCIAL & RESIDENTIAL COLLECTION SERVICE IN KOLONIA, U, NETT, & SOKEHS

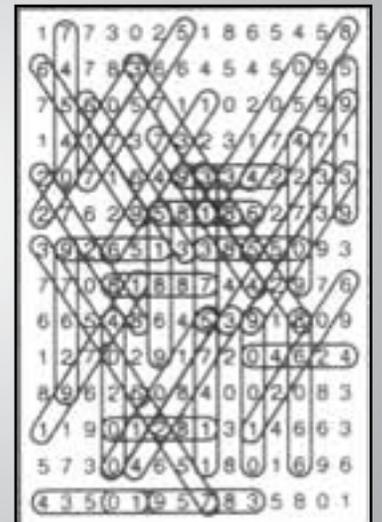
PLEASE HELP KEEP POHNPEI ISLAND
CLEAN & BEAUTIFUL

CALL ☎ 320-3868 or 320-5058

Puzzle Pleasure Previous Issue's Solution



Hidden Numbers



A Lot (3)

Dollar Up Enterprises

320-6127

Lawn
Chairs
\$8.44

Athletic
Shoes
\$8.95

Assorted Sizes

Men's Jean
Shorts
\$8.44

Waist Size up to 36

Island Food Community of Pohnpei's First Annual General Meeting

By: Lymer Yamada
Island Food Community of Pohnpei

On December 10, 2009, over 60 people participated in the Island Food Community of Pohnpei's first annual general meeting held at its training center in the Botanical Garden.

The Island Food Community of Pohnpei was honored to have the presence of Lt. Governor Churchill Edward, Senator Magdalena Walter, Meninkederlapalap Petrick Ringlen (Chief Magistrate) of Madolenihmw, board members, government and non-government agency part-

ners, community representatives, IFCP members, the "Let's Go Local High School Club", as well as their parents.

The purpose of this meeting was to share the work of Island Food Community of Pohnpei and to discuss how we can work together to promote island food for its many benefits and to address the serious nutrition-related health problems here in Pohnpei. A recent study conducted by the Pohnpei State Department of Health and World Health Organization (WHO) found that one in three adult Pohnpeians is now diabetic.

We are definitely in a crisis! Red colored Let's Go Local pens were given out to demonstrate that point. The primary cause of this problem is changing lifestyles, including less physical activity and a shift away from eating local foods.

During the discussion, Bob Spegal pointed out that there are certain things in the island's social environment that makes it difficult to promote local foods. He advised for more advocacy effort for changing some of the policies regarding commercial marketing methods. Also he advised for strategies to help parents to buy healthy snacks for their kids. For example, when a parent and a child is shopping or standing in line to pay for goods, the racks along the cashier stand may be filled with unhealthy snacks, enticing the child. A few generations ago, this social environmental situation did not exist; children ate local fruits for snacks and parents were not forced to make such health-related choices.

Senator Magdalena Walter responded that this is indeed true. It is a huge problem in

the FSM. Laws can be made to prevent these issues; however, she strongly believes that families have the main responsibility for teaching their children about healthy eating. She also pointed out that children learn a lot from their caretakers, either healthy or unhealthy eating habits.

The Let's Go Local High School Club concluded the program with two awareness songs on the "Let's Go Local" theme, and the "CHEEF benefits." This highlights the five reasons to eat and grow local food-Culture, Health, Environment, Economy, and Food Security. Following was a splendid dinner featuring a variety of local foods such as taro, mashed banana in coconut cream, breadfruit, yam, grilled fish, crab, and coconuts.

Adelino Lorens said "The local meal was a good demonstration of what could be done in all kamadipws (feasts) in Pohnpei, to reduce or eliminate the use of processed store foods".

Acknowledgments are given to the AusAid Small Grants Scheme of the Australian Government, and U.S. Forest Service for funding support.



Astronomical Tide Prediction December 23, 2009 - January 5, 2010

	Pohnpei				Chuuk			
Wednesday	12/23		12/30		12/23		12/30	
	02:53AM	1.3	03:09AM	2.4	04:00AM	0.1	02:03PM	2.2
	09:35AM	2.7	08:14AM	1.0	03:44PM	1.3	10:56PM	-0.4
	02:30PM	2.2	03:08PM	4.5				
	08:39PM	3.1	10:12PM	0.7				
Thursday	12/24		12/31		12/24		12/31	
	03:55AM	1.4	03:42AM	2.4	03:46AM	0.3	02:30PM	2.2
	11:01AM	3.0	08:46AM	1.0	02:03PM	1.2	11:10PM	-0.3
	04:59PM	2.1	03:39PM	4.5				
	10:17PM	2.8	10:42PM	0.6				
Friday	12/25		1/1		12/25		1/1	
	04:54AM	1.5	04:14AM	2.4	02:00AM	0.3	02:57PM	2.2
	12:02PM	3.4	09:17AM	1.0	12:55PM	1.4	11:26PM	-0.3
	06:41PM	1.8	04:08PM	4.5	10:47PM	0.1		
	11:51PM	2.6	11:10PM	0.7				
Saturday	12/26		1/2		12/26		1/2	
	05:44AM	1.4	04:45AM	2.4	12:42PM	1.7	03:54AM	-0.1
	12:48PM	3.7	09:47AM	1.1	10:30PM		06:24AM	-0.2
	07:43PM	1.5	04:35PM	4.4	-0.1		03:22PM	2.2
			11:37PM	0.7			11:43PM	-0.2
Sunday	12/27		1/3		12/27		1/3	
	01:00AM	2.5	05:16AM	2.5	12:52PM	1.9	04:02AM	0.0
	06:27AM	1.3	10:17AM	1.3	10:31PM		06:55AM	-0.1
	01:27PM	4.0	05:02PM	4.2	-0.2		03:45PM	2.1
	08:29PM	1.2				11:59PM	-0.1	
Monday	12/28		1/4		12/28		1/4	
	01:51AM	2.4	12:03AM	0.8	01:12PM	2.1	04:20AM	0.1
	07:05AM	1.2	05:49AM	2.5	10:37PM		07:21AM	0.0
	02:03PM	4.3	10:48AM	1.4	-0.3		04:05PM	1.9
	09:07PM	0.9	05:28PM	4.0				
Tuesday	12/29		1/5		12/29		1/5	
	02:33AM	2.4	12:30AM	0.9	01:36PM	2.2	12:12AM	0.0
	07:41AM	1.1	06:25AM	2.5	10:45PM		04:50AM	0.2
	02:36PM	4.4	11:21AM	1.6	-0.4		07:42AM	0.1
	09:41PM	0.8	05:55PM	3.7			04:20PM	1.7

Crab and Chaya with Coconut Cream

By: Lolanda David



This was the fourth winning recipe in the any local food category of the 2009 World Food Day Healthy Cooking Competition, October 15, 2009.

Ingredients

10-15 crab (masaht)
1 cup coconut cream
5-8 chaya leaves
1 ginger leaf (kisinioang)

Methods

1. Clean crab and place in cooking pot.
2. Add coconut cream to crab and boil for 5-10 minutes until cooked.
3. Add the chaya leaves and ginger leaf and cook for 2 minutes more and serve.

Chuuk Wrestling

By Clark Graham

From November 10 until December 16, Jacob Clark, a world-class wrestler and coach from the USA came to Chuuk State to train wrestlers and strengthen Chuuk State's wrestling program. During his time in Chuuk, Jacob was hosted by SHIP/HOOPS, an FSM non-profit corporation that works with youth in sports, substance and violence prevention and healthy living.

Jacob hails from the cold state of Minnesota and during his many years of wrestling has traveled to numerous countries to wrestle. His first trip was at the age of 16 when he ventured to Russia. When a Russian-born marine scientist arrived in Chuuk two weeks ago, Jacob struck up a conversation with him in Russian, a language he studied in high school.

Jacob loves wrestling, and he never seems to tire of bringing the sport to kids. There is always excitement in the air when he is working with young people. Whether they are doing gymnastics, pushups or learning a new technique, the children are engaged and challenged by Jacob's training. Jacob's practices are serious, but laced with fun. He demands discipline and the children respond to it enthusiastically.

When working with older wrestlers his knowledge really shows. He demonstrates techniques, has the wrestlers try it, making the little corrections that is the difference between victory and defeat.

On December 12, Chuuk held a tournament. Kids from several villages and islands competed. Three mats were set up for them. Joe Always, Onoun, Keitani Graham from Weno and Jacob refereed. Children were divided into three groups by age and size, and a full tournament was held – the first time most of these kids experienced serious competition.

There were many exciting matches with some dramatic throws and takedowns, and whenever a kid made a particularly good move, the kids and other spectators cheered loudly. The medalists are:



Finally the gold medal rounds took place on the center mat and the champion in each category was crowned. A medal ceremony followed.

4 – 9

A big favorite of crowd was the children's exhibition matches. Children as young as four competed. Empo, the youngest best exhibited the spirit of the day, pleasing the crowd with his enthusiasm and wrestling moves.

10 & UNDER

Gold - Rockwest
Silver - Mylove
Bronze - Ensan

AGE 11

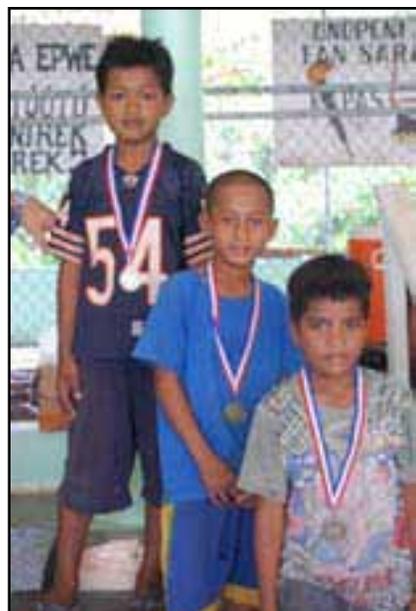
Gold - Maer
Silver - Nick
Bronze - Petrus

AGE 12

Gold - Evan
Silver - Efinson
Bronze - Terry

After the kids' tournament was completed, there was an open exhibition for high school and adult wrestlers.

The Chuuk wrestling program wishes to thank Saramen Chuuk Academy for hosting the wrestling program, Western Union for their financial contribution to Chuuk wrestling, the Department of Public Safety for their support, FSMNOC for securing a Solidarity Grant, The Australian Embassy for a sports grant, but mostly to Jacob Clark for coming to Chuuk and Micronesia to share his love of wrestling with us.



A very special man shares his special love for his daughter

[Editor's note: The following special letter was written to the daughter of Dr. Hollis Wolcott, Kirsten Elisabeth Wolcott after she was murdered in Yap. Though I have yet to be able to read the letter without crying it somehow escaped publication in the most recent issue of The Kaselehlie Press. The letter was read at her memorial service at the Seventh Day Adventist School. I can't imagine a dry eye in the room. I apologize for leaving this out. It is vitally important that I share it.]

My precious Kirsten,

I want to thank you for all the wonderful years you gave me the opportunity to be your Father. What a joy and a wonder it was to watch you grow and mature. I was always your favorite love until another man stole your heart but I was overjoyed at that also because he was tall and gentle and had the kindest eyes and his name was Jesus. You spent lots of time each day reading his love letters and talking with him and writing letters back. Your relationship grew and grew and it was wonderful to watch.

I want to thank you for all the wonderful music that you played for me; the music from the piano chimes, your harp and your voice. I have not yet told Isabella, your harp, of the news but I am sure she has heard, as many kind friends came and went yesterday and we prayed and cried together and shared memories of you.

I want to thank you for the many friends that you made in our community by singing in community choirs, teaching in day care, leading our last vacation Bible school, teaching Sabbath school, helping at community service and sometimes assisting me in a night emergency at the office helping someone in pain.

Many from the community today called and wrote to send their love and memories.

I thank you for the walks we took together through our woods. They are beautiful today with the sun shining on the beautiful golden autumn leaves. You can see the river clearly from the overlook point and it is beautiful. I remember that is where you always wanted me to build your house when you got married. I will build that house in my imagination for you and you will live there and I will visit you and your husband often. It will only be a temporary home because the real home you wanted to build is the one in heaven that our Lord promised you could build. I know you wanted to build the rooms with vines that had flowers since you loved flowers so very much.

I want to thank you for Sandy, your dog that you loved so much. I remember the day you and I stopped at a house with a hand written sign that said 'Puppies - free to a good home' and picked out that little ball of whimpering fur. I remember how you held her so carefully in your lap all the way home. I remember calling your Mom and telling her we had a new family member.

Yesterday when each loving guest came to our home Sandy barked as usual but she seemed to know that something was wrong because every time I petted her she whined and softly cried. I will take wonderful care of Sandy for you, I promise.

I want to thank you for giving your Mother and I twenty wonderful years. Most know you by Kirsten but you will always be my little "Peeper" my special name for you. To others of your friends you were "Keke". I do not know what special name Jesus had for you but I do know He had one and I look forward to that day when I will find out what it was. I want to remind you that the best made harps and the best harp teachers are waiting for you soon.

The animals you loved will all be so beautiful and friendly and the flowers will be even prettier than the beautiful pictures you sent of the flowers on Yap.

Best of all we will reserve a special banquet room and invite all the people whose lives you touched and we will invite as guest of honor Jesus himself. Oh Peeper what a wonderful meeting that will be. The stories everyone will tell will be simply wonderful. You will play your golden harp for special music and again I will be so proud of you. Jesus will thank you for your special music and call you by your special name that I do not yet know. Then he will stand and spread his arms in blessing to us all and we will see the nail scars but He will read our minds and assure us that the pain was nothing compared to the friends before Him. He will assure us all that we will be with Him and the Father and the Holy Spirit Forever where there is no more pain or sorrow or crying.

So Peeper good bye for now till I see you again very soon.

With all my love,

Pap