

The KASELEHLIE PRESS

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PO Box 2222 Kolonia, Pohnpei, FM 96941 Phone 691-320-6547 Kpress@mail.fm www.kpress.info

IN THIS ISSUE

CLIMATE CHANGE

FSM and Marshall Islands

Role of Attitudes and Culture in Climate Change Adaptation Measures

Page 6



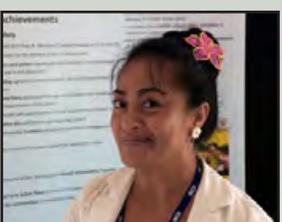
Climate Change Proofing of Infrastructure in Kosrae

Page 7



Climate Change Adaptation and Disaster Risk Reduction Education

Page 8



RMI Government's Voice of Climate Change

Page 9



Healthy Pacific advocates for social justice for FAS in US

By **Bill Jaynes**
The Kaselehlie Press

July 1, 2013

Honolulu, Hawaii - "Everything we're supposed to be getting under the Compact (of Free Association with the United States) we have to continue to fight for it. 10 years after the Compact began they started stripping away all our rights. It's an injustice," says Joakim "Jojo" Peter.

Peter is talking about the passage of the Personal Responsibility and Work Opportunity Reconciliation Act of 1996 (PRWORA). The act failed to include U.S. residents present under the Compacts of Free Association (COFA) on the list of "qualified aliens" eligible for most federal benefits. The effect was that in one fell swoop Pacific Islander community members no longer qualified for important federal safety nets, including federal housing benefits, food stamps, SSI, SSDI, and Medicaid.

Jojo and I met at Like Like. I mispronounced as if it was a description of a something for which one especially cares instead of the actual pronunciation

See "Healthy Pacific" on page 5



Photo by Bill Jaynes

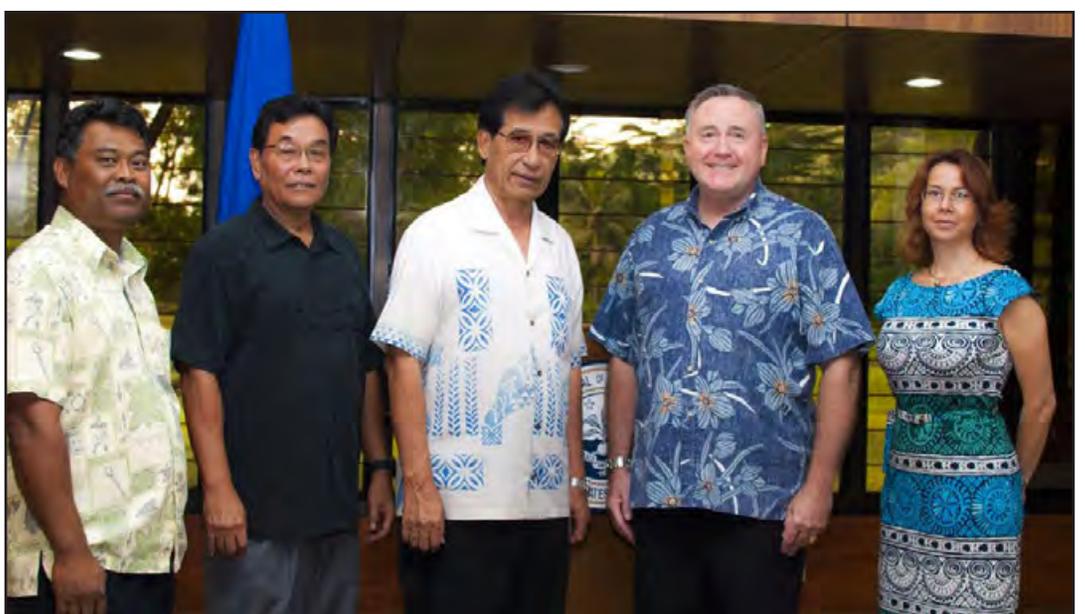
Joakim Peter, founder of the "Healthy Pacific" community advocacy network

FSM President Emmanuel Mori congratulates COM-FSM on reaffirmed accreditation

FSM Public Information Services

Palikir, Pohnpei - His Excellency FSM President Manuel Mori congratulated COM-FSM for getting its reaffirmation of accreditation at the Nation's capitol on July 5, 2013. The attendees were COM-FSM Board of Regents Chairman KasioMida, Board Member Churchill Edward, President Joseph M. Daisy, Ed.D. and Vice President for Institutional Effectiveness & Quality Assurance and ALO Frankie Harriss.

In a message sent by President Mori he said "I congratulate the COM-FSM community for a job well done. It did not happen by accident. You folks have been working at it for some time and in my honest opinion, it takes good leadership to achieve what you have accomplished. Press on with sustained teamwork."



BOR Member Churchill Edward, BOR Chairman KasioMida, FSM President His Excellency Emmanuel Mori, COM-FSM President Joseph M. Daisy, Ed.D. and Vice President for Institutional Effectiveness Frankie Harriss

The college received the Action Letter from the Accrediting Commission for Community and Junior Colleges (ACCJC) on July 4, 2013. A copy of the visiting team's Follow-Up Evaluation Report and Action Letter are all available on the Accreditation Reports Archives.

New FSM rep to regional weather organization is a "man of action"

By **Bill Jaynes**
The Kaselehlie Press

July 5, 2013

Nadi, Fiji—"I'm a man of action, not of words," says Johannes Berdon, Officer in Charge at Chuuk National Weather Service. He is also the FSM Permanent Representative to the Pacific Meteorological Council (PMC) which met in Nadi, Fiji from July 1-5, 2013.

The PMC is a relatively young organization that picked up where a previous long standing meteorological association left off. Last year the Secretariat of the Pacific Regional Environmental Program (SPREP) established a Secretariat for the PMC and made the group a technical subsidiary of the body of SPREP.

Two years ago Berdon attended the PMC meeting in Majuro but he attended as an observer. This year he is the FSM's spokesperson for the council. He said that FSM participation in the PMC is vital and provides many benefits to the FSM including educational opportunities.

He was proud to announce that the FSM and the World Meteorological Organization (WMO) are putting final touches on a plan to hold a meteorological training in the North Pacific. Right now it looks like the training will be held in Pohnpei, FSM. Henry Taiki of WMO confirmed that the plans are nearly complete. A budget needs to be established and logistical and travel plans need to be arranged before any announcement can be made in regards to a date or a final location for the training.

Berdon said that the weather stations in the north do not yet have the technical expertise or available infrastructure needed in order to make weather predictions. All weather predictions for the FSM are made at the regional weather service in Guam. He said that the primary function of the weather stations in the FSM is the collection of data they then transmit to Guam.

Data sharing, and the sharing of technical expertise is vital across the region and PMC is one of the mechanisms that works well to provide that. "Meteorologists need each other if we're going to be able to do our work," Berdon said.

Sometimes it's enough just to see what advancements have been made in other regions. "We have this illusion that because



Johannes Berdon, Officer in Charge, Chuuk National Weather Service



Berdon hard at work at the Pacific Meteorological Council meetings

we are linked to the United States we are better," he said. The United States fully funds the weather service offices in the FSM and pays 10% of the budget to the government on top of funding the operations of the facilities.

"At the PMC meetings one thing I noticed is that the meteorological stations in the South are much more developed than in the North," he said.

He quickly clarified that the association with the United States is definitely needed and vitally important. He casts no aspersions on that association which he described as "excellent". Rather he was saying that mere association isn't all that's needed. Personal hard work and education are also needed.

But he claimed that educational opportunities in the North are much more limited than in the South, due to what he called financial constraints. "In the South they can go to USP (University of the South Pacific) or they can go to other good schools like schools in England or France," he said.

He said that in the FSM very few of the employees at the weather stations have had an extensive education in meteorology and that it is very difficult to find people in the FSM who are qualified. He hopes that the planned training will begin to resolve some of those issues.

Berdon, who earned a Bachelor's degree in Geography at the University of Hawaii, Manoa, and later did extensive course work in meteorology at the same campus, places a high premium on education. He's not only the Officer in Charge at the weather station supervising eleven employees, he is also the Chairman of Chuuk's Board of Education.

"I'm a product of Chuuk Public Schools," he said. "It can be done. It just takes a lot of hard work."

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Bill Jaynes
 Managing Editor

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Ehsa fast tracks shark preservation legislation



By Bill Jaynes
The Kaselehlie Press

June 28, 2013

Pohnpei, FSM—Governor John Ehsa said today at a signing ceremony at the Pohnpei Central Building that his administration put what has been called the “shark bill” on a fast track despite changes he hopes that the Legislature will make to the law in order

to accommodate local traditions. The bill is designed to protect shark fishing within the 12 mile zone that is under Pohnpei’s control

It’s a landmark bill for shark populations but more needs to be done within the FSM.

Kosrae was the first in the FSM to create a shark sanctuary within its waters. Yap

recently passed a law establishing a shark sanctuary in their waters. Pohnpei is the third State to pass such a law. Chuuk has not followed suit. Neither has the National government. Senator Joseph Urusemal introduced a bill to protect shark populations quite some time ago but during discussion of that bill some Senators joked that it would look like the FSM was following Palau again, a

reference to Palau’s historic Micronesia Challenge initiative. FSM signed on to the Micronesia Challenge after Palau introduced the initiative.

Joking or not, the FSM national government has not passed a bill for a shark sanctuary. If it did the FSM’s Exclusive Economic Zone could well be the largest shark sanctuary in the world.

Sharks are a vital balancing factor in the ocean’s ecosystem but their numbers are declining.

“Studies have shown that sharks are unlike other fish in terms of maturity and reproductive rates,” the Pohnpei State Legislature’s Resources and Development Committee report recommending the bill for passage said. “While other fish species lay eggs numbering above thousands, sharks can only have a few young pups in their life span. Sharks are heavily fished and severely exploited for the demand of their fins.”

Pohnpei’s bill which was signed into law on June 28, essentially outlaws the products of shark fishing.

The passage of “shark laws” in the FSM by three State governments that according to the most recent census data represent more than half of the FSM’s population are important milestones for the preservation of the ocean’s ecosystem.

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Pohnpei State dumpsite's J-PRISM make-over



Embassy of Japan

On June 27, 2013 a ceremony was held at the Sea Breeze Hotel Conference Room to officially conclude the pilot project to transform a large portion of Pohnpei's dumpsite to a semi-aerobic landfill using what has been termed the "Fukuoka Method". The method was suitably named because it was first developed by the cooperation between Fukuoka University and Fukuoka City in Japan.

Japan Government pledged in the second Pacific Leaders Meeting (PALM) in 2000 that it would assist the Pacific Island Countries in tackling the waste management problems since over the period of several decades waste management became a major problem for small island nations such as the FSM. FSM is 1 out of 14 member-countries and by far this pilot project is one of the largest contributions to the FSM through J-PRISM.

JICA dispatched several specialists to the FSM through the J-PRISM Project (Japan Promotion of Regional Initiative Solid Management). Because of their expert skills together with the skills of counterpart agencies and their staff members the Project became a reality.

The project was also introduced to set an example for the Pohnpei State Leadership following some discussions of the possibility of funding a new dumpsite area. It is additionally a great opportunity for Pohnpei to tackle the mounting problems of pollution.

Ambassador Eiichi Suzuki of Embassy of Japan in the FSM gave some remarks saying that this project also sends the message to "enhance the efforts of managing waste as well as protect the precious nature of the island of Pohnpei and human security".

Pohnpei State Senator Robert Nakasone spoke on behalf of the Pohnpei State Legislature (PSL) and conveyed PSL's appreciation for the project. He said that he will certainly convey to the PSL the positive impact of adopting the Fukuoka Method as a more affordable technique which is

beneficial for the Government of Pohnpei.

In other remarks, Mr. Andrew Yatilman the Director of the Office of Emergency and Environmental Management also conveyed his appreciation for the continuous efforts demonstrated by the Government of Japan through JICA and the Embassy of Japan in assisting the FSM States in maintaining the islands' cleanliness and beauty not only for the natives but for visitors as well.

Yatilman's remarks were followed by Mr. Watanabe- Solid Waste Management Expert, who encouraged the participants of the ceremony to hone their skills by attending an extensive training session that would be hosted by J-PRISM.

Governor John Ehsa concluded the opening ceremony reiterating his appreciation of the abundant assistance that the Government of Japan has provided for Pohnpei State. He used a local term that conveyed his desire that this type of project can "multiply" within the FSM. He stated resolutely that Pohnpei State will move forward with this project and fervently encouraged the participants to learn the "know how" so they can confidently return to their respective homes with this knowledge.

The ceremony was successful and was attended by high officials of the national, state, municipal governments, NGOs, Embassy staff, and JICA staff.

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- Cynthia Eliou Edgar
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- Pohnpei Campus
- Lady Sharks

and everyone who attended.

Thank You!



...Healthy Pacific

Continued from front page

which is much closer to what a boat with a hole in it does. We had a laugh about it. He motored his wheel chair up to a table, greeted all of the wait staff who knew him by name, and then began to talk for nearly an hour.

Peter is from Chuuk where he was the head of the Chuuk Campus of The College of Micronesia. He's still an employee of the COM-FSM but he is on leave while he pursues a Doctorate in Special Education. Peter is no intellectual slouch.

When he was not studying, he started "Healthy Pacific", an ad hoc community advocacy network. It's not an official non-profit organization. It doesn't have 501c3 status from the IRS. Members come and go and provide help in their areas of expertise as they can. It's informal but the group is going full bore and is making some inroads in their mission to advocate for the Micronesian citizens of Freely Associated States (FAS).

They have an extremely informative website (www.healthypacific.org). They have produced a series of 11 television shows that discuss Micronesian issues. The last guest on the show was Senator Tony deBrum of the Marshall Islands.

They have planned to interview Nik Pula from the US Office of Insular Affairs on their next show. They have tentative agreements for that.

They also have weekly conference calls with Micronesian communities living in the U.S. mainland. He said that the various Micronesian community groups across the U.S. are trying to coordinate their advocacy efforts. "We're trying to find the pockets of people who are all doing their own thing so that we can have a concerted effort," Peter says.

Peter passionately spoke about the history of the problem that PRWORA caused. Whether the elimination of the Pacific Islanders "qualified aliens" was an oversight or whether it was intentional, the fact remains that the FAS have treaties with the U.S. Government that allow their citizens to freely reside in the United States and the problem has not been fixed.

To make matters worse, the State of Hawaii, which allowed FAS citizens access to their safety net programs, essentially decided that they could no longer afford it and introduced legislation that would exclude Pacific Islanders living there legally and paying their taxes.

"It's a common misconception that Pacific Islanders are exempt from paying taxes," Peter said. "But we pay our taxes

as we are required to do. What they are doing is a violation of our human rights," he said and thumped the table.

The 9th circuit court granted an injunction against the bill but the State of Hawaii appealed. That appeal is under review at the 9th circuit court which has not yet reached a decision. "Healthy Pacific" and its allies have respectfully asked Governor Abercrombie to stop his appeal of an injunction against the unconstitutionally discriminatory Basic Health Hawai'i diminished-services healthcare plan," the Healthy Pacific webpage says.

U.S. Senator Mazie Hirono successfully added an amendment to the comprehensive immigration reform bill that would restore safety net programs to FAS citizens.

In the House of Representatives Congresswoman Colleen Hanabusa introduced a bill that would amend the PRWORA Act to include residents present under COFA as "qualified aliens" specifically eligible for Medicaid

Hawaii has a vested interested in having Medicaid restored to Pacific Islanders. "These federal bills are both supported by Hawai'i state resolutions urging key Congressional decisionmakers to close the PRWORA loophole and reinstate eligibility for federal benefits for U.S.

residents present under COFA," the Healthy Pacific website says. The website has a "take action" page for people who are interested in supporting the bills.

"Healthy Pacific" is also encouraging the ever growing number of Micronesian Americans to vote through its MOVE project which stands for Micronesian Outreach for Voters. He pointed out that though the number of Micronesian Americans is small, during the last election at the Federal level some seats were won or lost on a margin of only 60 votes.

Peter said that a growing number of non-Micronesians are coming aboard to support. He said that JACL, the Japanese Association of Citizen's League which rose after the horrific internment experiences of World War II has come online. They have written and submitted an Amicus Brief in support of the bills. The NAACP has also come out in support of the bills.

"Micronesians are sometimes afraid to speak out. They're afraid of what might happen," Peter said. "Healthy Pacific" is trying to instill a sense of social justice that is strong enough to overcome that fear for the betterment of Micronesians who have only taken the Compact of Free Association at its word. "We moved here based on promises," Peter said, "but they're not keeping their promises."

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Culture czar says culture and climate change more closely linked than he thought

By Bill Jaynes
The Kaselehlie Press

July 4, 2013

Denarau, Fiji—Augustine Kohler is the Acting Director of the Office of FSM National Archives, Culture, and Historic Preservation. He is not a climate change specialist, but today

Kohler has been thrown into the deep end. By default he ended up as the FSM's sole representative at the Pacific Climate Change Roundtable because Andrew Yatilman, whose responsibilities include Climate Change issues, was unable to make the trip at the last minute.

One of the messages that was driven home for him during this morning's presentations is that climate change adaptation measures cannot happen without cultural consideration. It's something he's not thought about before and he's never been asked as a function of his department at the FSM National Government.

"I think there's been a big disconnect within the country (FSM) because culture has not really been thought of as being connected to climate change adaptation measures," he said. "This is has been a big wake up call for me."

He says that National and State governmental efforts to do anything without cultural consideration are doomed to failure. "It's like trying to inscribe Nan Madol without consulting the Nahnmwarki. It's just not going to work. It hasn't worked in the past and it won't work in the future."

He said that his office has never once been asked for input or cultural insights on climate change adaptation measures, but he's going to work to make sure that changes.

"As soon as I get back I'm going to try to establish a connection with OEEM (FSM Office of Environment and Emergency Management) to stress my role, and the role of attitudes and culture in climate change adaptation measures."

"I am seeing that climate change requires a comprehensive sectoral approach," he says.

It sounds like something that a bureaucrat might regurgitate by rote but Kohler's eyes twinkle when he says it. "I'm serious," he exclaims.



Augustine Kohler at the Pacific Climate Change Roundtable meetings in Denarau, Fiji

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Deadline for submission of articles or advertisements for this issue is the end of working hours on: **Wednesday, July 24th**

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First Special Session of 18th Congress to address 'sunset clause'

FSM Congress PIO

PALIKIR, POHNPEI. July 8, 2013 – The First Special Session of the Eighteenth Congress of the Federated States of Micronesia has been called by the President [pursuant to Article 9, FSMC Sec. 16] to convene in Palikir on July 15, 2013, for a duration of 10-days.

According to President Emanuel 'Manny' Mori's call, the Special Session is to foremost address the extended Tax Reform 'sunset clause' of July 19th which was extended from an earlier date of April 19th in order for the "remaining FSM States to deliberate and approve the required enabling legislations that would allow our nation to proceed with the Tax Reform."

The tax reform is an initiative that began nation-wide in 2005 to address the tax system in the FSM and resulted in the creation of the 2011 Unified Revenue Authority (URA, per PL 16-75), which in turn established the 2012 Revenue Administration Act (RAA, per PL 17-50). The RAA sets the administrative rules to guide tax collection according to the URA mandate. A mandate that would be pursuant to a Memorandum of Agreement between the five governments and the laws each government would enact by July 19, 2013, to endorse the Agreement.

While President Mori acknowledged the difficulties of obtaining consensus in view of the Nations' loose federation, he however, highlighted the fact that "in the last three months, the states of Yap and Pohnpei have been actively pursuing resolutions and consensus on this issue [of tax reform]..."

The President is optimistic that the current efforts by the two states will have positive results, nevertheless, he requests the Congress to "seriously consider the repeal of the Sunset Clause to make it possible for the Tax Reform to proceed by the remaining three governments in the FSM"

President Mori noted that the Tax Reform Sunset Clause and the Federal Program Revolving Fund are the priorities of the Call, but have included other items as issues "critical to our Nation's progress" and they are:

- ODA Policy – submitted;
- Pohnpei Port Development Project; and
- Pending Grant Resolutions.

The First Special Session of the 18th Congress as called will convene in Palikir at 10am on Monday, July 15, 2013.

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Kosrae PACC a shining example of climate change adaptation measures

By Bill Jaynes
The Kaselehlie Press

July 9, 2013

Denarau, Fiji—The tiny island of Kosrae is gaining quite the reputation as a shining example of climate change adaptation measures. Last year Simpson Abraham who is running the Pacific Adaptation to Climate Change (PACC) pilot project in Kosrae spoke at the United Nations Framework Convention on Climate Change Conference of Parties in Qatar. Only five countries were invited to present on their adaptation projects. The Association of Pacific Island Legislators recently asked him to come to Hawaii in order to do a presentation on the project but because he was already scheduled to give a presentation at the Joint Meeting of the 2013 Pacific Platform for Disaster Risk Management and Pacific Climate Change Roundtable he had to decline.

He presented on Kosrae's project at the joint meeting this morning.

The project he has been talking about is the Tafensak road project. In a presentation given by SPREP's Director General, David Sheppard also praised the project and called it an excellent example of "climate change proofing of infrastructure".

Abraham said that in 2008 a king tide rolled over the Tafensak area, burying the six mile long Tafensak roadway under

several feet of water and also flooding nearby homes. It was quite the wakeup call for the island of the Sleeping Lady.

In 2009 the Asian Development bank funded an assessment of roads which also made recommendations on what could be done to "climate proof" the roadways.

Kosrae approached SPREP and asked if they could be one of the PACC pilot projects. The project started three years ago and has one year left. Construction of culverts and drainage systems has begun and is being carried out by four local contractors, all of it funded by the Global Environment Fund. Abraham's salary at KIRMA (Kosrae Island Resource Management Authority) is also paid by the GEF. KIRMA is the lead agency on the PACC.

The Kosrae PACC is one of 14 PACCs in the Pacific Region funded by GEF

Through the PACC Abraham conducted educational campaigns, worked with land owners, developed plans and lobbied for enabling legislation. In 2009 the FSM developed a National Climate Change Policy. In 2011 Kosrae passed Climate Change legislation and next week a small amendment is scheduled for a reading at the Kosrae Legislature. If it passes it would add climate risk reduction and climate change adaptation measures as a requirement before any development project could be approved. Abraham said that Kosrae is also updating its Environment Impact Assessment Guidelines. He also said that Kosrae is trying to develop a building code.

By the time the PACC ends next year the government will need to have made a decision as to whether they would be willing to take ownership of the PACC for further climate risk projects.

In a related but separate program, GIZ (German financial assistance) funded a study of coastal erosion that also made recommendations to protect against further coastal erosion in Kosrae. 80 percent of Kosrae coastline has eroded and some homes are now right next to the ocean. Kosrae developed a shoreline management plan, and Abraham says that he is currently in the process of negotiating to fund the implementation of that plan.



Simpson Abraham

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Missing beach in Majuro restores passion for the islands

By **Bill Jaynes**
The Kaselehlie Press

July 8, 2013

Denarau, Fiji — Canita Rilometo Swigert, a trainer on disaster risk management with the International Organization for Migration (IOM) in Pohnpei and the Marshall Islands is attending the Joint meeting of the 2013 Pacific Platform for Disaster Risk Management and Pacific Climate Change Roundtable. It is her first time to have attended a Pacific Climate Change event and she excitedly talks about all the people she is meeting, the connections she is making, and all that she is learning that she can take back home with her.

Just over two years ago she rediscovered a passion for the islands and her people that she had long forgotten that she had. Before she went to work for the International Organization for Migration (IOM) in 2011, Canita Rilometo Swigert held several jobs including a four year stint in the U.S. Army that included a deployment in Bosnia.

She says that when she was younger she was passionate about the environment and about island issues but when she left the Marshall Islands the pressures of everyday living superceded.

“My friends used to laugh at me,” she said, “because whenever we walked to school I always picked up trash on the beach. Whenever I had a backpack you could be sure there would be trash in it.”

She also started a youth group in Majuro. One of the many responsibilities the youth group took on was to cleanup trash from a beach near the airport. 20 years later it was that beach that brought her passion for the islands and its people back.

“When I first went to work for IOM I was just worried about learning what I needed to teach,” she said. “I said to myself, ‘I was in the Army. I can do this job’” but then IOM sent her to Majuro to teach ninth graders there. While there, she went to visit what she had come to think of as her beach. “When I saw what I saw there it changed everything for me,” she exclaimed. “It wasn’t there. The beach was gone. We cleaned that beach and we planted trees there but it’s gone,” she lamented.

It was an epiphany for her.

Canita is a trainer for CADRE, which is an acronym for Climate Adaptation, Disaster Risk Reduction, and Education. CADRE is an information campaign to raise awareness in FSM and RMI



communities of the risks of natural disasters and climate change and also to help communities to develop disaster risk plans.

Canita is responsible for working alongside school teachers to teach a series of 12 lesson plans to eighth graders in selected schools in Pohnpei and to 9th graders in selected schools in the RMI. So far, over 1400 children have taken the course on Climate Change Adaptation, and Disaster Risk Reduction.

She also assists in conducting community based hazard risk assessments in selected communities

Disaster risk assessment teams go into communities and conduct risk assessments. They then work with the community to help them come up with their own adaptation measures and emergency plans. So far 13 communities have completed community based, participatory Hazard Vulnerability Capacity Mapping exercises. They have also developed local early action plans on how to increase community resilience.

What the IOM CADRE Program won’t do is to swoop in and directly implement the actions plans. That will be the responsibility of the communities themselves. They will, however, provide support to 20 communities to implement the community-based local early action plans.

Canita works only in Pohnpei and RMI but the CADRE program is also in operation in Kosrae, Chuuk, and Yap. Australian AID provided 100 percent of the funding for the three year program which is scheduled to conclude in 2015.

Canita says that she hopes that governments in both countries will want to continue the program when it ends. She said that she has had a few conversations along those lines with people in high places that she finds encouraging and she will continue to advocate for it.

Canita has also involved herself in community issues that have nothing to do with her job but everything to do with who she is and the passion that was restored to her because of a missing beach in Majuro.

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Pacific Meteorological Council opens in Fiji today

Secretariat of the Pacific Regional Environment Programme (SPREP)

1 July, 2013

Without effective and timely data collection and weather forecasting, Pacific nations and territories can be extremely vulnerable to the impacts of climate change and extreme weather events.

To build this capacity, directors from 17 national meteorological services have come together today at the 2nd meeting of the Pacific Meteorological Council in Nadi, Fiji.

"This meeting is critical for the enhancement and development of weather, water and climate services in the Pacific region. Your Governments and their peoples have entrusted this task to you to find real and smart solutions. Their survival hangs on them," said Capt. Timoci Lesi Natuva, the Minister for Works, Transport and Public Utilities of Fiji who opened the event.

The Pacific Meteorological Council is a specialized subsidiary body of the Secretariat of the Pacific Regional Environment

Programme (SPREP) Members Meeting that coordinates the scientific and technical activities of Meteorological Services in the Pacific region.

"We anticipate the meeting will serve as a catalyst for focusing the attention of governments, development partners, regional organisations and communities on the importance of the National Meteorological Services work," said Mr Kosi Latu, Deputy Director General of SPREP.

The meetings will cover a broad range of issues including tsunami warning and response with National Meteorology Services (as NMSs open 24 hours, 7 days a week) tropical cyclone forecasting, drought and water management, forecasting for civil aviation, education and training and donor support for meteorological projects.

Expected outcomes of the meeting include agreed actions to achieve goals of the Pacific Islands Meteorological Strategy 2012-2021 and strengthen coordination between National Meteorological services and development partners.

The 2nd meeting of the Pacific Meteorological Council is coordinated by Secretariat of the Pacific Regional Environment Programme (SPREP) and World



Meteorological Organization (WMO) and made possible through the support of the Australian Department of Industry, Innovation, Climate Change, Science, Research and Tertiary Education (DIICSRTE), Australian Agency for International Development (AusAID), Commonwealth Scientific and

Industrial Research Organisation (CSIRO), Finnish Meteorological Institute (FMI), US National Oceanic and Atmospheric Administration (NOAA) and Deutsche Gesellschaft Für Internationale Zusammenarbeit (GIZ).

Jennifer deBrum, RMI government's voice of climate change

By *Bill Jaynes*
The Kaselehlie Press

July 4, 2013

Nadi, Fiji—Jennifer deBrum of the Republic of the Marshall Islands has been involved in Pacific Climate

Change Roundtable meetings before. Two years ago the RMI hosted the meetings but she was very busy in a role as a coordinator of the logistics of the meeting. She says that this is the first time that she has actually been able to act as a participant, and it's an important

role. deBrum is the de facto climate change coordinator for the RMI.

As far as that goes, her job title in the Office of Environmental Planning and Policy Coordination is Chief of Administration and Finance. "Climate change" nowhere appears in her title but RMI's climate change efforts are her bailiwick.

She says that she has had several "ah hah" moments as a participant in the roundtable. Particularly she found the presentation on climate change financing to be especially enlightening. "I didn't know it was so complex," she exclaims. "I realized that there are definitely some things that we need to do better."

She also says that she intends to "retable" RMI's Joint National Action Plan. "It's been developed. It's been validated by the community but it's never been put on the agenda for discussion at the Parliament," she says. It's time to do that.

She said that the comprehensive plan was validated by the Mayor's Association, Women's community groups, non-governmental agencies, implementing organizations such as the Environmental Protection Agency, and many other community members. She plans to get that process rolling again just as soon as she returns in just over a week.



She said that another very important benefit of the roundtable is networking, meeting people whose names she may have known before but whose faces she had never seen. "It'll be much easier to do my job when I know the people," she said.

She specifically mentioned FennoBrunken whose position at SPC (Secretariat of the Pacific Community) is funded by GIZ, Germany's agency for foreign assistance, and Pasha Carruthers, also of SPC. deBrum said that since the roundtables began, Brunken and Carruthers have helped her to come up with interesting ideas in terms of Climate Change plans for the RMI.

She also said that SPREP, the Secretariat of the Pacific Regional Environment Programme is ramping up its presence in the office. SPREP recently announced plans to establish a SPREP desk in Majuro.

Australian Embassy Pohnpei
Residential compound
nanpohnmal

Gardening and maintenance
services

Expressions of interest
are invited for a contractor to undertake
gardening and maintenance services
at the Australian Embassy Residential Compound,
Nanpohnmal.

Please contact:

First Secretary and Consul Michael Kulesza
at 320-5448 or

Email:

michael.kulesza@dfat.gov.au

to obtain a copy of the scope of works.

Expressions of interest will close on 26 July 2013

Awak youth hits against underage drinking

By **Bejay Obispo**

July 7, 2013

Kolonia, FSM – On July 7, 2013, the Awak Youth Organization (AYO) held the third game of the Awak Community Softball league to promote healthy lifestyles and to raise awareness on the destructive effects of excessive alcohol consumption on children, families and communities.

Before this year's nohpwei en kousapw (traditional feasts) began, the Awak community set off to settle which kousapw would be the champion in the community's multi-sports tournament that includes softball, basketball and volleyball. To ensure full community participation, each kousapw contributes an all-male and an all-female team.

As part of the multi-sport tournament, the Awak Youth Organization organizes softball games to raise awareness of their 'Prevent Underage Drinking Program', funded by FSM-SPF-SIG.

"We organize teams from each kousapw who are led by their traditional chiefs. Each

kousapw carries the message on their uniforms that preventing underage drinking is a community responsibility," said AYO president Eugene Amor. A further benefit to these activities is introducing sports skills that are transferable to life skills such as healthy competition, teamwork, cooperation and respect for each other.

"In sports, it doesn't matter whether your teammate is a close relative, distant relative or just a friend. When he or she makes a mistake on the field, everyone else corrects him or her. This is exactly the type of responsibility we want everyone to adopt as a life skill. When you see any youth under the legal age drinking, correct him or her immediately. Drug prevention is everyone's responsibility," Mr Amor added.

The games are played every Sunday at the Spanish Wall field. A brief alcohol awareness session is conducted at the beginning of each game. There are established ground rules, but above all, any Awak community member under the legal age of 21 years old that consumes alcohol faces immediate suspension from the games. So far, activities such as this softball game are proving effective at getting Awak youth off the streets at night.

In the male division, Kepin Awak Enihlap softball team is currently leading, closely followed by Kousapw Awak team. Kousapw Tipwen Kehpei team's hopes of securing the number one seat were quickly shattered by Kepin Awak Enihlap's strong offensive game last Sunday. In the female division, two teams currently dominate - Kousapw Kepin Awak and Kousapw Awak

Pah. The teams will face-off this coming Sunday to see which one of them will secure the top seat in the preliminary round of the games.

The AYO Officers would like to thank our major Sponsor FSM SPF-SIG and Election District #3 (Member of Congress David Panuelo). Thank you also to all those who come out to support.



Local organisations reach out to the Australian Embassy for support



First Secretary and Consul Michael Kulesza of the Australian Embassy presents contributions to Sapwalap and Pihs Youth Choir representative, Jackson Luhk, for their youth choir uniforms



Similar to many other small organisations, the FSM Football Association received support from the Australian Embassy for new sports equipment. (Right) Ambassador Martin Quinn gladly presents his support for efforts in sports and youth development. (Left) President of the FSM Football Association, Steve Finnen, and Marvin Jack (center), president of the Pohnpei Soccer Association were present on behalf of their respective associations

Presented to the Wapar SakauLou head coach and team player was a cheque from Nikola Pejic, Third Secretary & Vice Consul, on behalf of the Australian Embassy to support the team in their sporting endeavours

Pacific Islands Forum Secretariat

Excelling Together for the People of the Pacific

Consultancy for mid term review of the Pacific Regional Strategy on Disability (PRSD)

The Forum Secretariat seeks suitably qualified and experienced person(s) to provide consultancy services for the review of the Pacific Regional Strategy on Disability. This strategy is intended to provide an inclusive, barrier-free, and rights-based society for people with disabilities, which embraces the diversity of all Pacific people. The consultancy will identify ways in which the implementation of the PRSD can be strengthened to improve its effectiveness leveraging changes in relation to the rights of persons with disabilities in Pacific communities in a meaningful and sustainable way.

The review of the PRSD will be conducted by a team of possibly up to three reviewers, comprising an independent consultant, as Team Leader, assisted by one or two others.

Skills and Experience

The MTR team overall will require a mix of the following skills and experience:

- Experience in Project Monitoring & Evaluation, including planning and implementation of multi-country reviews
- Good knowledge of disability policy frameworks and Pacific disability issues
- Good knowledge of organisational aspects of Pacific government agencies and DPOs
- Post-graduate qualifications in development studies, disability studies or another relevant area
- Good understanding of cultural contexts of Pacific island society
- Experience in national policy and programming processes as well as strategic planning
- A sound knowledge of disability inclusive development in the Pacific island region will be a distinct advantage

The Team Leader will be expected to demonstrate a substantial number of the above skills and experience including leadership qualities especially in a project environment, and other team members will cover remaining skills and experience.

Proposals

Interested consultants (as individuals or as a team) should refer to the Terms of Reference at www.forumsec.org.

Proposals should be addressed to the Secretary General, Pacific Islands Forum Secretariat, Private Mail Bag, Suva, and can be sent electronically to: laisiasam@forumsec.org.fj. Proposals should be received by close of business on 26 July 2013.

Member States of the Pacific Islands Forum: Australia, Cook Islands, Federated States of Micronesia, Fiji, Kiribati, Nauru, New Zealand, Niue, Palau, Papua New Guinea, Republic of the Marshall Islands, Samoa, Solomon Islands, Tonga, Tuvalu, and Vanuatu.

A new Marshall Islands biography now available

Don't Ever Whisper — Darlene Keju: Pacific Health Pioneer, Champion for Nuclear Survivors by Giff Johnson

The powerful story of a woman from the Marshall Islands who championed the cause of nuclear weapons test survivors when others were silent, and who implemented innovative community health programs and services that gave hope to a generation of troubled youth is detailed in a just-released biography, *Don't Ever Whisper — Darlene Keju: Pacific Health Pioneer, Champion for Nuclear Survivors*.

Written by Keju's husband of 14 years Giff Johnson, the editor of the Marshall Islands Journal, the weekly newspaper published in Majuro, the 443-page book has been published by CreateSpace Independent Publishing and is available through Amazon.com.

"This book is a story of a personal transformation of a young lady who once knew little English to an advocate for her people, the victims of the weapons of war," writes Fr. Francis X. Hezel, SJ, in the foreword to the new book. "Then the further transformation to educational innovator, whose program had far-reaching effects throughout her island nation."

Hezel, who founded the Jesuit think tank known as the Micronesian Seminar in the early 1970s and is now based in Guam, says the book is the "tale of a woman who loved her people, seeing them as so much more than victims of nuclear irradiation and colonial despoilment. For those of us who have cheered on island Micronesia through the years, it's a welcome change to read a tribute to someone who is home grown. Although no saint or flag-waver, Darlene shared with Mother Theresa

and Greg Mortenson (of Three Cups of Tea fame) the courage to dream daringly along with the commitment and patience to settle for one step — one family, one atoll — at a time."

The book tells of Keju growing up on islands downwind of the 67 U.S. nuclear tests conducted at Bikini and Enewetak, and then narrates Keju's struggle as a teenager moving to Hawaii with little English ability. She ultimately earned a master's degree in public health, and used her U.S. education first to expose to the world a United States government cover up of its nuclear weapons testing program in the Marshall Islands, and later to inspire young Marshall Islanders to make changes in their personal behavior to transform the health of their communities.

Keju took to a global stage at the World Council of Churches Assembly in Canada in 1983 to tell the world about the health impact of the American nuclear tests, and of the U.S. Army's discrimination against Marshall Islanders at its missile-testing base at Kwajalein Atoll. "Darlene's speech in Vancouver opened many people's eyes, particularly in the churches, to the suffering of the people of the Marshall Islands and other parts of the Pacific in the wake of nuclear testing," said Rev. Ekkehard Zipser, an official with the Protestant Church in Germany, who is quoted on the book's back cover. "The consciousness of people in Europe concerning the Pacific only really began to awaken after that speech."

"So that people can watch Darlene's riveting speech at the World Council of Churches Assembly, I recently posted a video of her talk on YouTube," said Johnson. "Thirty years later, it is still one of the most powerful presentations ever delivered by a Marshall Islander about U.S. nuclear testing here."

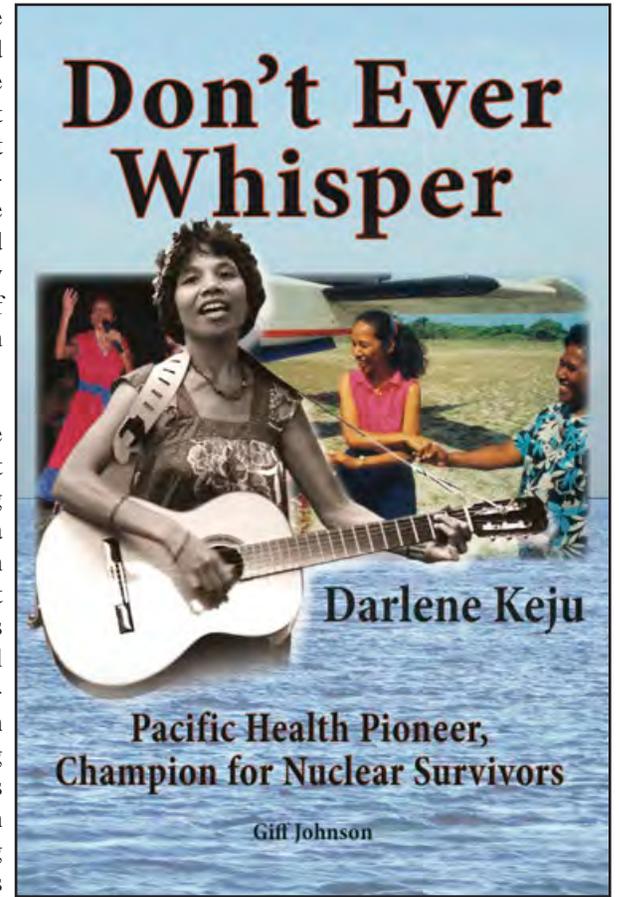
Her contention that many more islands than the four acknowledged by the U.S. government were exposed to nuclear test fallout was controversial at the time. But formerly secret U.S. nuclear test-era documents that have come to light in recent years — and are detailed in this biography — confirm Keju's contention of widespread fallout contamination in the Marshalls.

Don't Ever Whisper also tells the inspiring story of how Keju went to bat for marginalized young people in the Marshall Islands, a largely ignored population with low self-esteem and a penchant for expressing their frustrations by suicide and other anti-social behavior. She established the non-government group Youth to Youth in Health that empowered young people and their communities to take control of their own health and economic well being through work that was praised as a model for the Pacific by the U.S.

Public Health Service and the United Nations Population Fund.

Keju died of cancer at age 45, but Youth to Youth in Health, now in its 27th year of operations, continues programs and services for at-risk youth that Keju pioneered.

More information about *Don't Ever Whisper* can be found at www.donteverwhisper.com/.



FSM DEVELOPMENT BANK offers an INVESTMENT OPPORTUNITY Kosrae State, Federated States of Micronesia WATER BOTTLING FACTORY

FSM Development Bank offers a unique investment opportunity to lease and operate a water bottling plant in Kosrae State. The premises includes a ground lease, factory building, equipment and water source rights. A long term lease is available for land and improvements to FSM citizens, non-citizens and corporations for a 30 year term ending April 2043.



FSM Development Bank will accept proposals through August 15, 2013. For more information, please contact: Nora E Sigrah, FSM Development Bank, at email: noras@fsmdb.fm, phone: 691-320-2840, or fax: 691-320-6653



Opinion Editorial

Coral reef health dependent on proper land management

When asked to describe the island of Pohnpei, most locals/foreigners will call it a beautiful green island of pristine waters and abundant marine wildlife. As good as it may sound we must look at the reality of the circumstances that has been a subject to the loss of our coral reef habitats. Over the years, Pohnpei's economy has been slowly declining and demands for products have been increasing at an incredible pace. Because of this, the existence of poor-land management and the overexploitation of coral reef resources started being practiced and poorly taking its toll on the resources, which the people heavily depend on.

Poor-land management is when a piece of land is misused or not managed well. There are many factors that contribute to the issue of poor land management. One very common factor that adds to the issue is the planting of upland Sakau. Sakau has caused people to clear trees that helps hold the soil and contributes to the natural water flow. Trees are very important to prevent sediments from washing out into the ocean and smothering corals. Corals are essential to the reef ecosystems.

Overexploitation of coral reef resources is destroying the resources it provides. Fisheries are one of the main income generating activities for the people to support their families. Fishermen have always

depended on coral reef resources. What they do not understand is that the resources provided by the coral reefs are limited. At the rate in which fishermen are harvesting today, the future generation might not enjoy the bountiful resources our ocean provides and future generations might pay the consequences of our carelessness.

Studies are needed to help people understand the coral reefs around Pohnpei. I am an intern partnering with the Conservation Society of Pohnpei (CSP) this summer from University of Hawaii - Hilo assisting CSP to conduct research to help the people of Pohnpei understand more about coral reefs. This study will be a stepping stone to further analyze and learn the "health" or "status" of the reefs around Pohnpei Island. We will be characterizing the reefs by looking at the marine life, its habitat, and their abundances by utilizing various standardized methods. Stationary Point Count (SPC), Photo-quad, Coral Abundance, Diversity and Size Count are the methods used looking at the food-fish, the substrata and the coral communities. Once we know what to expect based upon the natural environment, we can then address human stressor and improve the way we can communicate results to the people of Pohnpei.

Sean Michael Cantero
University of Hawaii at Hilo



Hawaii-based Sekere families rekindle family ties and awareness, visit Palikir

FSM Information Services

July 2, 2013

A community group from Sekere, Pohnpei with Chuukese origin, recently visited President Manny Mori as part of their "reunion" and outreach mission this summer.

Led by Mrs. Erlyner Milli Phillip, the group consisting mostly of elder women and youth, made its way back to visit families in Pohnpei after staying in Honolulu, Hawaii for over 20 years.

"The purpose of our visit is to reconnect with families and make our children more aware of their origin, home and their government", Mrs. Phillip explained during their brief moment with President Mori.

Marvin Phillip, leader of the youth group, said his group was part of a church community.

"We take part in outreach programs for youth-at-risks in our community along with other youth groups from other parts of Micronesia and the Pacific region."

Mrs. Phillip expressed deep appreciation for the opportunity allowed her youth group to meet the President, some of whom could only converse in English as they were born and raised in Hawaii.

President Mori praised the decision to take the "reunion" trip, stressing the importance for the children to appreciate their origin and learn



their language and culture.

The President also emphasized the importance of being good visitors residing in Hawaii and giving back in constructive ways to their communities and those in need.

The youth group demonstrated a part of their outreach services in song and dance often used in uniting youth of different backgrounds and in inter-group gatherings.

Mrs. Phillip and her community entourage arrived on Pohnpei on June 19 and will return to Hawaii early July.



Request for Proposals

The Pohnpei Port Authority is soliciting proposals from business(s) or individuals interested in updating the Pohnpei Port Authority's Five Year Strategic Plan. The Scope of such plan must touch on and address the following as required for the interest of Pohnpei Port Authority:

The five year planning horizon should address the following requirements:

- A) Focus on internal and external issues that require a thoughtful and forwarding looking approach;
- B) a medium-and long term strategy but not necessarily a detailed long-term plan;
- C) It must be a living plan designed to be evolutionary;
- D) It must show benefits to Pohnpei and to FSM;
- E) It should incorporate "role, vision, and mission";
- F) It should incorporate "core values and philosophies";
- G) It should include a SWOT Analysis (Strengths, Weaknesses, Opportunities and Threats) on PPA development addressing both external and internal factors;
- H) It should include Planning Assumptions and Scenarios;
- I) It should include the Authority's needs and strategic direction;
- J) Priorities and Goals;
- K) Objectives;
- L) Sources and uses of funds;
- M) Net Earning Reserve
- N) Implementation and Control including methods of monitoring Progress and Measuring Performance.

- All proposals should include the project time line, cost proposal & budget.
- Proposals will be accepted starting July 1, 2013. Closing day for proposal is August 30, 2013 no later than 5:00pm.
- Pohnpei Port Authority reserves the right to reject any and all proposals received in connection with this proposing request.

Additional information regarding this request proposal can be obtained from:

Pohnpei Port Authority Marketing division,
Dekehtik, Pohnpei State, Federated States of Micronesia
96941,
Phone No: (691)-320-2782/2793/2682,
Fax number (691)-320-2832,
Email: netse@mail.fm or
freelabraham@yahoo.com

Thank you for your time and attention to this proposing request.

Nelperson Etse
General Manager
Pohnpei Port Authority

Crossword - Bible-Fill-in

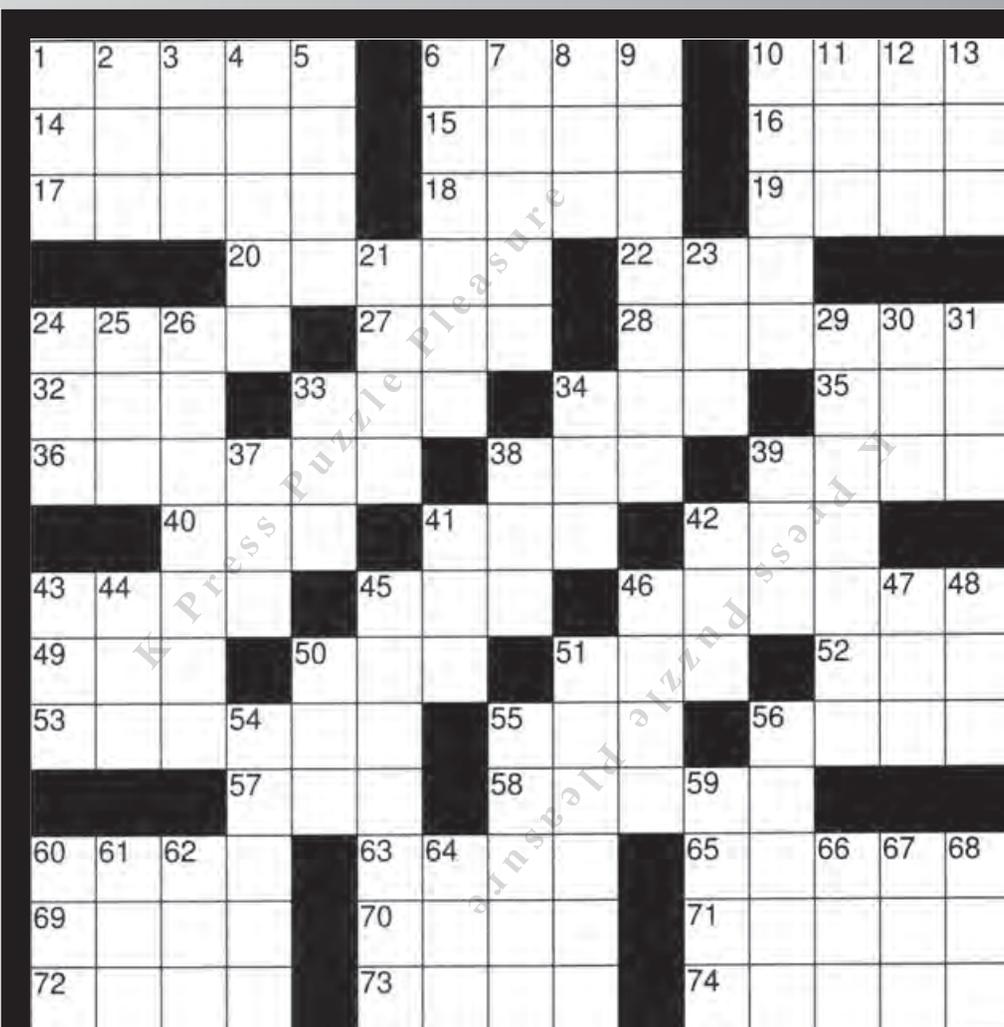
ACROSS

1. "in the days when the judges ___": Ruth 1:1
6. "he had ___ himself with a new garment": 1 Kings
10. "A ___ answer turneth away wrath": Proverbs 15:1
14. "And Moses said, I will now turn ___": Exodus 3:3
15. "talents of silver to ___ them chariots": I Chron. 19:6
16. Biblical weed
17. "and the garment, and the ___ of gold": Joshua 7:24
18. About whom was said "Am I my brother's keeper?"
19. "out of the ___ furnace, even out of Egypt": Deu. 4:20
20. "comfort yourselves together, and ___ one another": The. 5:11
22. "bore his ear through with an ___": Exodus 21:6
24. "and he ___ his birthright unto Jacob": Gen. 25:33
27. "took away the locusts, and cast them into the Red ___": Exodus 10:19
28. "The young lions roared upon him, and ___": Jer. 2:15
32. "Stand in ___, and sin not": Psalms 4:4
33. "buried in a good ___ age": Gen. 15:15
34. "when ___ began to multiply": (Gen. 6:1
35. "Give, ___ O ye heavens, and I will speak": Deu. 32:1
36. "Yet will I bring one ___ more upon Pharaoh": Exodus 11:11
38. "Why is thy spirit so ___ that thou eatest no bread?": I Kings 21:5
39. "Nineveh, and the ___ Rehoboth": Gen. 10:11
40. "when she lay down, ___ when she arose": Gen. 19:35
41. "And Jacob ___ pottage": Gen. 25:29
42. "Whereas thou ___ been forsaken": Isaiah 60:15
43. "And Samuel told him every ___": 1 Samuel 3:18
45. "And she fastened it with the ___": Judges 16:14
46. "but the talk of the lips tendeth only to ___": Pro. 14:23
49. "even as a ___ gathereth her chickens": Matt. 23:37
50. Fowl's place
51. "___ that it was good": Gen. 1:18
52. "ye tithe mint and ___": Luke 11:42
53. "stringed instruments and ___": Psalms 150:4
55. "shut the doors, and ___ them": Neh. 7:3
56. "he hath ___ his bow":

- Psalms 7:12
57. "That which groweth of ___ own accord": Lev. 25:5
 58. "And Noah builded an ___ unto the LORD": Gen. 8:20
 60. "Therefore I will ___ and howl": Micah 1:8
 63. "the land of Nod, on the ___ of Eden": Gen. 4:16
 65. "that it may give seed to the ___": Isaiah 55:10
 69. "for all their sins ___ a year": Lev. 16:34
 70. "Who told ___ that thou were naked?": Gen. 3:11
 71. "they look and ___ upon me": Psalms 22:17
 72. "And Saul ___ David from that day and forward": I Samuel 18:9
 73. "and Rachel travailed, and she had ___ labor": Gen. 35:16
 74. "came and ___ them into the pot": 2 Kings 4:39
- ## DOWN

1. "for the ___ flesh is unclean": Lev 13:15
2. "neither shall ye ___ enchantment": Lev. 19:26
3. "took a chest, and bored a hole in the ___": 2 Kings 12:9
4. "sharp as a two-___ sword": Psalms 149:6
5. "What ___ is this that ye have done?": Gen. 44:15
6. "and they be ___ in their minds": 2 Samuel 17:8
7. "Persia, Ethiopia, and ___ with them": Eze. 38:5
8. "These ___ the three sons of Noah": Gen. 9:19
9. "I made haste, and ___ not": Psalms 119:60
10. "Stand ___, and I will hear what the LORD": Num. 9:8
11. "And all that handle the ___ the mariners": Eze. 27:29
12. "going to and ___ in the earth": Job 1:7
13. Commandment count
21. "And the inhabitant of this ___ shall say in that day": Isaiah 20:6
23. "maimed, or having a ___": Lev. 22:22
24. "The trees ... are full of ___": Psalms 104:16
25. "the screech ___ also shall rest there": Isaiah 34:14
26. "___ upon the top of his staff": Heb. 11:21
29. "they had no ___ so much as to eat": Mark 6:31
30. "But of the tree ... thou shalt not ___ of it": Gen. 2:17
31. "called the ___ land Earth": Gen. 1:10

33. "Let us make man in ___ image": Gen. 1:26
34. "Surely oppression maketh a wise man ___": Ecc. 7:7
37. "which he had ___ in the land of Canaan": Gen. 36:6
38. "And Abraham said, My ___ will provide himself a Lamb": Gen. 22:8
39. "My punishment is greater than I ___ bear": Gen. 4:13
41. "The nobleman saith unto him, ___, come down ere my child die": John 4:49
42. "___ thee two tables of stone": Exodus 34:1
43. "___ dwelt in Sodom": Gen. 14:12
44. "Then Bathsheba bowed with ___ face to the earth": 1 Kings 1:31
45. "any that ___ against the wall": I Samuel 25:22
46. "Thou shalt ___ it in pieces": Lev. 2:6
47. "___ now, I pray thee, to meet her": 2 Kings 4:26
48. "And he stayed ___ another seven days": Gen. 8:10
50. "Go to the ___, thou slug-



- gard": Pro. 6:6
51. "savour, wherewithal shall it be ___?": Matt. 5:13
54. "What ___ thee that thou fleddest?": Psalms 114:5
55. "fellows of the ___ sort": Acts 17:5
56. "and pour out the ___": Judges 6:20
59. "until an ___ head was sold": 2 Kings 6:25
60. "___ unto us": I Samuel 4:8
61. "lest ___ find him should kill him": Gen. 4:15
62. "___, and wherein the snow is hid": Job 6:16
64. "___, our eye hath seen it": Psalms 35:21
66. "The LORD is a man of ___": Exodus 15:3
67. "and how long will it be ___ they believe me": Num. 14:11
68. "His eyes shall be ___ with wine": Gen. 49:12

HIDDEN NUMBERS

Did you know that there are around 100,000 hairs on the human head? Each day the average person can lose up to 125 hairs, which are replaced by new ones.

1	7	7	3	0	2	5	1	8	6	5	4	5	8
6	4	7	8	3	6	6	4	5	4	5	0	9	5
7	5	6	0	5	7	1	1	0	2	0	5	9	9
1	4	1	7	3	7	3	2	3	1	7	4	7	1
2	0	7	1	6	4	9	3	3	4	2	2	3	3
2	7	6	2	9	5	8	1	8	6	2	7	3	9
3	9	2	6	5	1	3	3	8	5	5	0	9	3
7	7	0	8	1	8	8	7	4	4	2	9	7	6
6	6	5	4	8	6	4	5	3	9	1	8	0	9
1	2	7	0	2	9	1	7	2	0	4	6	2	4
8	9	6	2	6	0	8	4	0	0	2	0	8	3
1	1	9	0	1	2	8	1	3	1	4	6	6	3
5	7	3	0	4	6	5	1	8	0	1	6	9	6
4	3	5	0	1	9	5	7	8	3	5	8	0	1

- | | | | |
|--------------|--------------|--------------|--------------|
| 01009 | 19741 | 43501 | 75260 |
| 01015 | 20103 | 47598 | 75910 |
| 01281 | 33029 | 48197 | 77565 |
| 04547 | 34573 | 51869 | 78818 |
| 04624 | 37338 | 59139 | 86066 |
| 05583 | 37824 | 60573 | 88272 |
| 11475 | 38528 | 60621 | 93342 |
| 13100 | 40200 | 65119 | 95783 |
| 13496 | 42709 | 67653 | 97629 |
| 15629 | | | |

Fishing club donates to library Summer Reading Program



Andy Musrasrik, President Pohnpei Fishing Club, Lester Ezekias, Chief Librarian, Steve Finnen, Secretary, Pohnpei Fishing Club, Uta Krause, Board Member Friends of the Pohnpei Public Library

The Pohnpei Fishing Club donated \$345.00 to the Pohnpei Public Library for its Summer Reading program. This money is raised from the barbecue at each fishing tournament weigh-in. Other donations to the library have fixed the swing sets outside the library, and bought children's books for the children's section of the library.

Kolonia Youth Soccer Club holds first youth soccer boot-camp

By *Palikir Consultants and Nigel Jaynes*

Every weekday morning and afternoon you can see a group of eager youngsters at the Spanish Wall Park playing soccer. It may not seem to be remarkable but, in fact, it is the first time there has been a summer youth soccer camp in Pohnpei. And it's the success of this camp that can be seen on the faces of the youth as they kick and chase the ball around for an hour and a half each day.

Kids finish school in May and then, for the next few months, don't do much since there are very few organized activities in Pohnpei. Born from the idea that one father had for his son, through a network of people, groups and organizations, the camp was able to become a reality. The Kolonia Youth Soccer Club, who have 4 coaches and 1 assistant coach, work with the 64 kids who have registered for the program. These 64 kids are getting a great workout each day and are learning the fundamentals of soccer. According to head coach Bob Paul, most are at the beginner level and are playing organized soccer for the first time. All in all, it is a great group effort and shows that anything is possible if you put your mind to it.

As with any community project it took the support of many to make it happen. The FSM National Olympic Committee donated soccer balls. The Kolonia Town Government assisted with accepting registration fees, scheduling the Spanish Wall Park and putting up a banner. Senator David Panuelo helped with a \$1,000.00 donation from his public project monies targeted for youth sports. The Pohnpei Sports Development Office helped with securing the PICS field for actual games, and the FSM Football Association and the Pohnpei Soccer Association assisted with finding coaches, donating equipment and leadership support. Paradise Radio 89.5 FM also helped with advertising and promotion of the camp.

The excitement is really about 10 years from now when these players could be representing Pohnpei and maybe the FSM in soccer. Who knows? FSM may have a chance at the World Cup some day, but for now, you can watch their games on Saturday the 13th of July or on the 19th. The six week camp ends on the 20th of July with an awards and appreciation ceremony at the Spanish Wall Park. Come out and watch a game and support our youth in sports.



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Pohnpei, FM 96941

phone to: (691) 320-6547
email to: kpress@mail.fm

- For information on Alcoholics Anonymous call 924-9197 or email lonestarahelicopters@yahoo.com
- Pohnpei Lions Club meets monthly every 4th Tuesday at Kia's Restaurant at 6:30 p.m. Public Welcome.
- The Christian Ministerial Association of Pohnpei meets the third Wednesday of each month at 10:00 a.m. in Cantero Hall at the Roman Catholic vicariate office.
- Devotions every Sunday 9:30 a.m. at the Bahai Center in Dolonier. For details, call 320-4015.
- Habitat for Humanity Pohnpei holds their meetings every Tuesday from 11:30 a.m.-12:30 p.m. at the Sei Restaurant.
- Soccer practice/games at PICS field Monday, Tuesday, Thursday 5:30 p.m. Everyone welcome.
- The Rotary Club of Pohnpei holds its weekly meetings Thursdays at 12:15 p.m. at PCR Nantehlik.
- St John's Catholic Church in Kosrae conducts services every Sunday at 9:30 a.m. For further information, call 370-3240 or 370-3209.
- FANGO holds its monthly Issue Based Dialogue (IBD) on the last Wednesday of each Month at the Sei Restaurant at 12:00 p.m. to 1:00 p.m. The public is welcome.
- The Rotary Club of Truk Lagoon holds its weekly meetings every Wednesday at 12:00 Noon at the High Tides Restaurant. You are welcome to attend and can contact us at:
- rotarycluboftruklagoon@yahoo.com
- Pacific Mission Fellowship - A Bible-based English Worship Service Invites you to join us on Sundays for worship at 9am - 11am, Children's Church for the kids too!. Call: 320-2496

Volunteering at Island Food

Community

By April Turner

Island Food Community of Pohnpei

Every day of the week volunteers can be seen working hard at the Island Food Community of Pohnpei (IFCP) office. They volunteer for different reasons and work on a variety of projects both inside and outside the office.

Arjeta Cilafi and Dendy Hainrick are two such volunteers who have recently started. While Arjeta, from Norway, works on administration tasks to help a non-profit organization with her skills, Dendy is a local high school student building up his work experience by doing genebank garden maintenance and office work.

Eiko Yoshida has also offered her skills to the benefit of the IFCP website. With her professional website design experience an exciting new website for IFCP will be revealed in the next month.

Non-profit organizations, like Island Food Community, rely on the extra support volunteers provide, whether it be small tasks to project based work, and we appreciate the work of all who support the community of Pohnpei to Go Local!

Special thanks to AusAID/Australian Embassy, Australian Volunteers International (AVI), Children's Healthy Living Program (USDA grant to University of Hawaii) and Pohnpei State Government for their current funding support.



Arjeta Cilafi, Dendy Hainrick & Eiko Yoshida help IFCP

Mei in fish curry

(Breadfruit and Fish Curry)

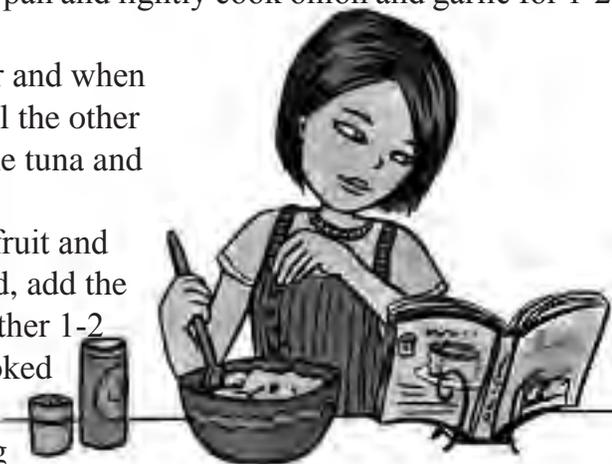
Ingredients

- 2 cups raw mature breadfruit
- 1-2 tablespoons coconut oil
- 1-2 cloves garlic, chopped
- 1-2 teaspoons curry powder
- ¼ teaspoon Pohnpei pepper
- ¼ teaspoon chili
- 1 cup pumpkin, chopped
- 2 cups green leafy vegetables
- 1 cup vegetables (such as eggplant, tomato or carrot)
- 1 cup fresh tuna
- 1-2 teaspoons lime or other citrus juice



Method

- Heat the oil in a large pan and lightly cook onion and garlic for 1-2 minutes
- Add one cup of water and when the water boils add all the other ingredients, except the tuna and lime/citrus juice
- As soon as the breadfruit and vegetables are cooked, add the fish and cook for another 1-2 minutes until just cooked
- Add the lime juice shortly before serving



This Saturday Fun Run/Walk & Plant Local!

By April Turner

Island Food Community of Pohnpei

This Saturday, do yourself and your community a favor and wake early to join the Fun Run/Walk and Plant event organized by Island Food Community of Pohnpei.

Participants, of all ages and fitness levels, will walk or run to one of three designated public sites and plant a local indigenous food plant. These plants will provide healthy food into the future for students at Kolonia Elementary School and the public at Deketik Causeway and Pohnpei State Public Hospital.

Start line: Palm Terrace

Time: 7am (registration starts 6:30am)

Fee: \$5

Benefits: one plant that you can watch grow and know that you have contributed to the local Culture, Health, Environment, Economy and Food security.

Special thanks to our major sponsor Western and Central Pacific Fisheries Commission

Best Practice Recognition from WHO

By April Turner

Island Food Community of Pohnpei

Island Food Community of Pohnpei has been awarded the Healthy Islands Best Practice Recognition by the World Health Organization (WHO). This honorable recognition was presented to IFCP Acting Executive Director Emihner Johnson at the recent Pacific Health Ministers Meeting in Samoa.

Island Food Community was one of two recipients of the recognition from the WHO Western Pacific Region. The recognition supports organizations that work towards the Healthy Islands vision and demonstrate best practice in community based actions and efforts.

NOTICE To Animal Owners

Kaselehlie,

Please take notice that Dr. Joseph will be on Pohnpei to service all your animal's needs on the following schedule.

Tickets have already been purchased, so these dates are as firm as possible.

Fri July 26 - Sun July 28

Fri Sept 27 - Sun Sept 29

Wed Nov 27 - Sun Dec 1
(American Thanksgiving time)

The Pohnpei Animal Hospital is located across the street from the American Embassy.

If you would like to make an appointment please email Dr. Joseph PacificIslandVet@gmail.com or WiseOwl@WiseOwl.net

Office hrs

Day of arrival 2:30 - 5:00 PM

Other days 10 am - 5 PM

Sundays 10 am - 2 PM

Clinic Phone 923-1960

(only on when Dr. Joseph is on island)

**Kalangan,
Dr. Joseph**

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Recruitment

Number of Students: 20
Due Date: ~ 08/10/2013

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