

The **KASELEHLIE PRESS**

This bi-weekly publication is only \$1.00

PO Box 2222 Kolonia, Pohnpei, FM 96941 Phone 691-320-6547 Kpress@mail.fm www.kpress.info

Pohnpei Community helps Typhoon Haiyan Victims



The United Filipino Community of Pohnpei (UFCP) in coordination with the Philippine Honorary Consul to the FSM, Dr. Merlynn Abello-Alfonso, held a Garage Sale Fundraising last November 16, 2013 at the Pohnpei Cinema Parking Area. The fundraising activity was very successful as the group was able to raise \$10,690.96 in a span of seven hours. The pouring of donations did not stop there. On November 26, 2013, a total of \$15,542.87 was sent to ABS-CBN Foundation, Inc. – Sagip Kapamilya. Based in the Philippines, Sagip Kapamilya is the emergency humanitarian assistance program of ABS-CBN Foundation, Inc. that provides food and non-food relief to disaster-affected communities, as well as engages in rehabilitation and disaster risk reduction projects (abs-cbnfoundation.com). The amount is set to increase as more pledges and smaller fundraising activities are still in progress.



See "Haiyan" on page 10

Photo courtesy of FSM Information Services



See Page 4

Congress mulls telecom bill and other priorities at 2nd special session

Bank of the Federated States of Micronesia

AVAILABLE NOW!

CHRISTMAS LOAN*

FROM NOVEMBER 4, 2013 to JANUARY 31, 2014

*Approval subject to terms and conditions of BFSM loan policy. See loan staff for more details.

BFSM
Member
FDIC
EQUAL HOUSING LENDER

What's INSIDE

Lifestyle diseases an epidemic in Pohnpei

Page 2

FSM offers settlement to continue Weno Road Project

Page 3

Rotary raises thousands for scholarships

Page 5



Local doctor new honorary consul for Philippines

Page 8

Korean food on the menu?

Page 12

Governor says lifestyle diseases kill too many Pohnpeians sets up task force



By **Bill Jaynes**
The Kaselehlie Press

November 14, 2013

Pohnpei, FSM—This morning Governor Ehsa issued an Executive Directive to establish a task force on Non-Communicable Diseases (NCDs). Today is World Diabetes Day and the Governor’s speech kicked off a two day stakeholders meeting to review and comment on the government’s draft operational plan for NCD response.

“Non-Communicable Diseases have come onto our shores and have become a threat to our health and (to) the very core of our existence,” he said. “Among the Pohnpei population, chronic diseases such as diabetes, heart disease, emphysema, and cancer have become rampant and are now the leading cause of death in Pohnpei. These diseases place a significant burden on health systems already struggling to cope with budget constraints, and the reduce workforce productivity and household income—keeping poor people poor”, he said.

His Executive Directive says that During his speech to the health

according to an NCD “Steps Survey” performed in Pohnpei:

- At least 32.1 percent (1 out of 3) of the adult residents of Pohnpei State have Diabetes Mellitus;
- 73.1 percent of the NCD epidemic patients are suffering from obesity
- 21.2 percent of the NCD epidemic patients are suffering from hypertension (high blood pressure);
- 46.6 percent of NCD epidemic patients are suffering from hyperlipidemia (excessive amount of fat – lipids, in the blood;
- That 63.9 percent of the NCD epidemic patients are suffering from physical inactivity

It says that more than half of adult residents in Pohnpei are consuming a diet that contributes to obesity, and that nearly half of adult residents use alcohol, tobacco, and/or betel nut products, all which contribute to an increased risk of one or more NCD. It also says that the highest rate of medical referral of patients in the State of Pohnpei are for patients who are suffering from heart disease.

Some people sit and talk, other people are doers. Bernolina Hedson is one of the doers. Oh, she talks plenty but that talk almost always leads to action. In an effort to combat NCD’s and because she’s a doer, she recently started a T25 exercise program at the Pohnpei State Hospital. It’s informal and on the night that we visited looks like a lot of fun. Though on the evening we showed up the only participants were women, several men are also participating.

Anyone is welcome to attend and to participate at their own pace. There’s no criticism, just a good workout, and it’s pretty dark so no one can really see you. Usually photographers don’t show up either. The sessions start at 6:15 every evening except for Sunday as Pohnpei begins to cool from the heat of the day.

If you’re ready to be a doer too, now is the time. Just show up and do it!



professionals and the diplomatic corps gathered this morning, that over 60 percent of all of Pohnpei Health Care funds are expended on NCD patients annually.

As we have previously written, the Governor pointed out that one session of hemodialysis to clean the blood of waste products, most often due to diabetes, costs \$260 per patient. If only 10 patients receive dialysis treatment the cost is \$2600 per patient per treatment day. “Multiply that by how many times patients must come to get treatment year. The total is staggering for only 10 patients,” he said during his speech.

“I do not mean to sound cold by ranting on costs but it is truly associated with the suffering that each patient and families have to deal with; financially, physically and socially, and often—morally.”

“All of us came to examine the threat itself and set of course of action. We gather today also in solidarity to commit ourselves and resources to combat the imminent threat,” he said during his speech this morning.

The **Kaselehlie Press**

Your Newspaper for Today and Tomorrow

P.O. Box 2222 Pohnpei, FM 96941
 ph:(691) 320-6547
 email: Kpress@mail.fm

Bill Jaynes
 Managing Editor

KPress is looking for dedicated correspondents in Pohnpei, Chuuk, Yap, and Kosrae. We will pay you for articles and collection of ads. Contact us at the numbers or email above.

I want to have a 26 issue subscription sent by First Class Mail to:

Pohnpei Address
Cost includes shipping \$35 for 26 issues

Chuuk, Kosrae, Yap, or USA Address
Cost includes shipping \$50 for 26 issues

International Address
Cost includes shipping \$100 for 26 issues

RECIPIENT

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Email: _____

Australia appoints its new Ambassador to Micronesia

Office of the Foreign Minister

10 November 2013

Foreign Minister Julie Bishop today announced the appointment of Dr Terry Beven as Australia's next Ambassador to the Federated States of Micronesia with non-resident accreditation to the Republics of Marshall Islands and Palau.

He is expected to take up his appointment in January 2014 replacing Mr Martin Quinn.

Dr Beven is a career officer with the Department of Foreign Affairs and Trade and has previously served as Counsellor and Deputy Head of Mission, Australian Embassy and Permanent Mission to the United Nations (UN), Vienna; and twice as Counsellor (Education and Training; Industry, Science and Technology) at the Australian Embassy in Seoul.

Until recently, Dr Beven was Director of the Department's Nuclear Policy Section. Prior to that he was a Senior Analyst at the Office of National Assessments and a Director at the Australian Safeguards and Non-Proliferation Office (ASNO).

Dr Beven holds a PhD and a Bachelor of Science (Honours) from the University of Tasmania, a Diploma in Education from the University of New South Wales and a Graduate Diploma in East Asian Studies from the Australian National University.

Australia shares close and friendly relations with the Federated States of Micronesia, Republic of Marshall Islands, Republic of Palau, and with the US territories of Guam and the Commonwealth of the Northern Mariana Islands.

These relations have broadened and deepened over the years to include cooperation on defence, law enforcement, regional security, environment and marine resources management. Tourism and trade links are growing.

Australia works with the countries of the North Pacific in multilateral forums such as the United Nations and the Pacific Islands Forum to address global challenges including climate change, and global economic and governance issues.

FSM Government provides revised settlement offer to PII

FSM Information Services

November 27, 2013

PMU (November 26, 2013): The National Government of the FSM transmitted a revised Settlement Offer to Weno road Contractor, Pacific International, Inc. (PII) on November 26, 2013, proposing to rescind the November 7, 2013 Notice of Termination and offering the Contractor additional time and money to settle disputed claims raised by PII. PII has until Friday, December 6, 2013, to accept the offer or to submit a counter offer to the FSM Program Management Unit (PMU).

The offer proposes to extend the Contractor's performance time for 281 days past the November 25, 2013, contract completion date and raises the total contract price by \$1,761,076.07. This amount includes costs additional work as well as extended overhead. In addition, the Government proposes to release retention of \$412,411.75, provided the Contractor uses the funds to increase manpower and to mobilize additional machinery and plant deemed necessary to accelerate production.

In consideration of the additional time and money to complete the contract work, PII must provide the Government with an amended schedule and a plan to improve its rate of progress. The Government's estimate is that it would take PII two years to complete the work unless PII mobilized additional

equipment and manpower resources. PII has indicated that it would need more money than the remaining contract balance of \$3,273,573 (as of the September progress payment) to complete the work and that it would charge the Government \$7,770.21 daily overhead and profit rate after November 25, 2013 to remain on the job. Assuming it would take PII two more years to complete the job, that claim that would result in a \$5,672,253 cost overrun just for the Contractor to remain on Weno, for a total estimated payment of \$8,945,826.

The November 7, 2013, Notice of Termination for Default follows repeated attempts by the Government to request that PII take steps necessary to improve its progress. The Notice of Termination cited Section 1.44 of the Contract which provides: "If in the opinion of the Contracting Officer, the Contractor falls behind the approved schedule, the Contractor shall take steps necessary to improve its progress, including those that may be required by the Contracting Officer, without additional cost to the Government." In addition, the Section provides that the failure of the Contractor to comply with these requirements shall be grounds for a determination by the Contracting Officer that the Contractor is not prosecuting the work with sufficient diligence to ensure completion within the time specified in the Contract. The Contracting Officer has determined that PII did not take steps necessary to improve progress. Section 1.56 of the Contract provides that when the Contractor fails to prosecute the work and fails to complete the work on time, written notice may terminate the right to proceed with the work.

The Republic of the Marshall Islands joins IOM

International Organization for Migration

November 26, 2013

During the first day of the IOM Council in Geneva, four nations were newly admitted as member states of the International Organization for Migration (IOM), including the Marshall Islands. The new members will join another 151 nations that make up the intergovernmental organization, including the Pacific nations of Vanuatu, Nauru and the Federated States of Micronesia.

IOM has been present in the Marshall Islands since 2008, initially supporting the disaster preparedness efforts of the United States Government by operationally supporting them in fulfilling unique treaty obligations in both the FSM and the RMI. IOM subsequently commenced work in the area of climate adaptation with support from the Australian Government and has also provided assisted voluntary return and reintegration to occasional stranded migrants arriving to the shores of Majuro.

Within the last several months, disaster assistance provided by the U.S. Agency for International Development and the United Nations has been channeled through IOM following the prolonged and severe drought in the Marshall Islands. This event certainly raised the profile of the Organization and served as a catalyst for the National Congress of the Marshall Islands, the Nitijela, to vote in favor of joining the Organization.

Membership will strengthen the existing positive ties between the Marshall Islands and IOM, and further enable IOM to support the Marshall Islands in managing current and future migration challenges, including combatting human trafficking, regulating migration and managing the impact of climate change on local populations.

For further information contact IOM at micronesiaenquiries@iom.int or (691) 320 8735



IOM provides drought assistance in RMI

Congress mulls telecom bill and other priorities at 2nd special session

By **Bill Jaynes**
The Kaselehlie Press

November 26, 2013

Palikir, Pohnpei, FSM—In its improvised chambers at the Central Facilities Building at the National Government complex, the second Special Session of the 18th FSM Congress got underway yesterday morning. Speaker Dohsis Halbert assigned the members of the Special Committee to Wait on the President. The committee was chaired by Senator Wesley W. Simina of Chuuk. The assigned members of the committee were Senators Yosiwo P. George of Yap, Peter M. Christian of Pohnpei, and Joseph J. Urusemal of Yap. Senator Christian kept true to his publicly announced position and did not attend the meeting, though he signed the report.

This morning the committee presented its report on the meeting with the President. The report is the Committee members' point of view on the meeting that took place during which the President outlined his goals for the current special session of Congress.

After some discussion on the floor regarding the content of the report the members of Congress voted to adopt the report with no changes.

The report said that President Mori asked Congress to give three items particular priority during the special session.

The first item on his list was the pending legislation for the liberalization of telecommunications in the FSM. He told the committee that the legislation is time sensitive and is supported by a generous grant. During the discussion on the report, Chairman Simina said that he

is not sure whether the grant the President mentioned is an actual grant or an application for a grant. He said that since at least a portion of the grant was to be used to develop legislation, and since the legislation is already in committee, he felt that accepting the grant might be disingenuous.

Later in the session, Senator Peter Christian who chairs the Transportation, Communications, and Infrastructure standing committee announced that his committee would hold a hearing with the Department of TC&I on the next morning at 8:30. The Kaselehlie Press was ejected from that meeting as soon as we entered. Chairman Christian told us that his committee wanted to have a very frank conversation about the liberalization bill and that he didn't think that he was ready for the press to grab hold of it.

At a hearing on the next day he would not hear the testimony of FSMTC employees because the top management was not at the hearing.

When asked if the States had indicated support for the Telecommunications Bill, the President said that Yap had indicated support but that Kosrae was doing a review of the measure and that neither Pohnpei nor Chuuk had stated their positions.

The committee also asked about what would happen if a provider found the small States not to be profitable. They wanted to know whether they could be "cut out of the deal". The President said that details could be discussed between members and the executive over lunch at his official residence which was ultimately arranged for Wednesday. No report has come from that meeting.

As his second priority, President Mori said that he wanted to bring to the attention of Congress, the fact that there are employees at the State level who are not being paid since they are supported by Sector grants that have not been granted. He asked for Congress' assistance to find a solution to the short term problem.

During discussion on the report, Senators said that they had heard from angry constituents who had been told that the problem stemmed from Congressional inactivity. The Senators said that they wanted to make it clear that Congress had only just received a resolution from the Executive Branch.

As his third top priority the President requested action on his supplemental budget request, particularly to fund the Project Management Unit (PMU) because he said he did not want the country to risk default on any of the on-

going infrastructure projects in the nation. His own press release said that according to the most recent budget projections, there is still nearly \$19.5 million in domestic revenue that has not yet been allocated.

The President said that he was not opposed to de-centralization of the PMU but requested funding for the current office for a transitional period so that there is no disruption to current projects.

During conversation on the report, Senators said that they disagree with the budget projections. The committee members told the President that Congress had done its own review of the projected revenues available for this year and that it believes the President's figures to be overstated by four to five million dollars. The Chairman asked the President to have the calculation revisited by the appropriate departments.

The President and the Director of SBOC said that the projections are actually conservative because of a large carry over from last year's budget, and from previous years' carry-overs.

Senators also had their own questions. They wanted to know whether the "Burden Sharing Plan" had been submitted to the U.S. and if it had would that mean the release of Compact funds. The "Burden Sharing Plan" involves the Long Term Fiscal Framework (LTFF) plans submitted by the FSM States that were to have taken into account the annual Compact decrement.

The Director of SBOC told the Committee members who were present that even if the burden-sharing document was submitted there is no guarantee that the National share of the Compact funding would be immediately released. She said that the "Burden Sharing" document would be formally submitted to the United States next week because two States need to finalize their portion of the packet. The report said that it was during their meeting that Senators learned that the US had approved Compact grants for the States based on draft copies of their LTFF plans.

During the meeting Senator Urusemal suggested that it may be appropriate to request funding for a small ship that could easily service the islands within their lagoon areas. He said that need was strongly recognized during the recent typhoon that affected Yap.

The President said that he had been approached while he was recently in Japan about the large donations made by that country. He said that he wanted to confirm with leadership in the FSM about which projects should go forward.

The Kaselehlie Press recently reported that Japan had provided a grant to build another field trip ship. The offer of that grant has not yet been finalized.

According to the Committee report, the President and the Committee agreed that some revision in FSM's Overseas Development Assistance plan should be undertaken.

Why should you miss what's going on in Micronesia when you're not around to buy a copy?

Order your subscription to The Kaselehlie Press

THE NEXT ISSUE OF THE KASELEHLIE PRESS WILL BE RELEASED ON: December 16th, 2013

Deadline for submission of articles or advertisements for this issue is the end of working hours on: Wednesday, December 11th

TUNE IN TO POHNPEI'S #1 RADIO

PARADISE RADIO

FM 89.5 V6WI

Rotary Quiz Night raises thousands for scholarships

By **John Schroer**
Rotary President

Hundreds gathered inside Cupid's Restaurant to determine who would be crowned this year's champion. The tension was all consuming, tempers were on edge, all of the competitors had adrenaline flowing, creating pools of shiny residue on the floor. Bodies and minds were being stretched, as everyone knew it was going to be a brutal and dangerous evening. It was the Rotary Club Annual Quiz Night. This year 23 teams competed in the event, testing their knowledge on absurd bits of trivia, and paying for the privilege.

It appears that everyone had a bit of fun, and fights and random acts of violence were kept to a minimum. We want to congratulate the winners on the evening, the team of Dennis Gearhart,

Joyce Gehr, Gary Bloom, Catherine Allen, Sage Nagai and Amy Delyla Ulm. This team took the grand prize of \$100.00 each, (\$600.00 total) donated by Bank of Guam. They won, but everyone who played was a winner.

Each table received a prize from our many sponsors. 2d, 3d and 4th places received \$50.00 gift certificates from Vital, and other tables received gift certificates from Ace Hardware, Ace Office Supplies, Napa Auto Parts, Do It Best Hardware, Amcres, Blue Nile, and Palm Terrace.

One of the highlights was the drawing of the winning raffle ticket for one r/t ticket donated by United Airlines. Congratulations to Bob De Courteney, the winner, and many thanks to United for helping us out. They even donated another ticket for us to raffle off. That raffle is ongoing now.

The Quiz Night is put on by the Rotary Club of Pohnpei. It is our biggest fundraiser of the year, and helps us sponsor our numerous projects. This year we awarded \$11,750.00 in scholarships to local college students. We also have provided sporting equipment to some of our outer islands to promote fitness in our youth, and we are also a big sponsor of the annual spelling bee held in the schools, with the winner going to Guam for international competition.

Other projects include book distributions and assistance to the public library. Its good work and it couldn't be done without the support of all the competitors, and especially our sponsors.

We would like to thank all of our sponsors, Rusty Anchor, Senator David Panuelo, Yoshie Enterprises, Western & Central Pacific Fisheries Commission, Village Travel, Excellency Doria Rosen Ambassador U. S. Embassy, FSM Telecommunications Corporation, Shimbros Distributing, En's Seven Star, Building Solutions, Pohnpei Waste

Management Systems, Pohnpei Transfer & Storage, Inc., Excellency Emanuel Mori President of the FSM, Pohnpei Surf Club, Vital, Sea Breeze Hotel, Palm Terrace, Nukuro Black Pearls, FSM National Olympic Committee, Neime Company/Coca Marina, Napa Auto Parts, Moylan's Insurances, Movie Land, MERIP, KPress, Joy Hotel and Restaurant, JICA, Excellency Eiichi Suzuki Ambassador Japan Embassy, IOM, Genesis Hospital, FSM Development Bank, Etscheit Enterprises, Do It Best, Dateline Export, Cupids, CTSI, CFC, College of Micronesia, Blue Nile, Alison MacConnell, Amcres, Adams Brothers, True Value, Ace Hardware, Ace Office Supply, Bank of Guam, United.

We want to especially thank Cupids, all their staff and Jenny Velasco, for putting on a great evening. Other thanks go to Chris Johnson for setting up the sound and visions, and to Michael Muller our guest musician for the music questions.

Reading this article, you may say well I

would have taken first place. Well let's see you test your knowledge on one of the sample questions.

3. Samoa was admitted to the World Trade Organization after it lifted an import ban on what item below? (Two points)

- A. Right hand drive vehicles
- B. Turkey Tails
- C. Pornographic magazines
- D. Coconuts

The answer is the first letter of the first word of the third sentence of this article. See it isn't as easy as you thought.

Once again thanks to all, and thanks to all




SMART AND TRENDY

Stylish and handy with amazing visual experience, the Huawei media pad Lite Android tablet offers you great features at an incredibly affordable price.

Huawei is a well-known brand. This great device also can be used to make calls and send MMS and SMS. One of the most important features is the Google Play. Google Play allows customers to download millions of applications direct in the tablet. The best brands come with this Google certification.

HUAWEI MEDIAPAD 7 LITE – 3G

\$289

with FREE SIM and \$5 Telcard

Packaged deal ends January 15th!



Christmas Message 2013

Speaker Dohsis Halbert
Congress of the Federated States of Micronesia

Vice Speaker Paliknoa K. Welly, Floor Leader Florencio (Singkoro) Harper, Members of the 18th Congress and our families join me in extending to you the people of, and in, the Federated States of Micronesia our wishes for a very Merry Christmas and prosperous New Year to each and everyone of you.

May this Christmas Season be a special time for us to reflect on the past year and prepare for the upcoming new year:

"Let it be a time that lights the eyes of our children and puts laughter on their lips,"

"Let it be a time for lifting the lives of those who live in loneliness and in less fortunate conditions,"

"Let it be a time for calling our families together, for strengthening of family ties with everyone present and most especially those absent."

"Let it be a time of prayers for peace, for the preservation of free principles, and for the protection of those who are near and far from us,"

"Let it be a time of forgetting self and finding time for others,"

"Let it be a time of discarding the meaningless and making room for the true values of life,"

"Let it be a time of peace, for through His teachings we have found peace," and most of all

"Let it be a time to remember the birth of our Savior Jesus Christ so that we may share in the song of the angels, the gladness of the shepherds and the worship of the wise men."

But above all, fellow citizens, Christmas is that special time when the spirit of love is magnified many folds when our thoughts and deeds manifest the presence of God. So let the spirit of Christmas fill your homes and your lives this holiday season, and may it linger long after the Christmas activities have ceased and remain with you throughout the year.

*Wishing you and your family
a Christmas Holiday
filled with love and joy
and
a New Year
rich with blessings of the same*

Nukuoro Island community-based adaptation project

On November 14, 2013, the FSM Global Environment Facility Small Grants Programme (GEF-SGP) in partnership with the AusAid supported Mekong Asia Pacific-Community Based Adaptation (MAP-CBA) initiative fund conducted a project signing ceremony through a memorandum of agreement. This will enable FSM SGP to provide support to Nukuoro island community through Four Founders Corporation (FFC-NGO) in the amount of \$43,750.00 USD over a two year project period.

Primarily, the project will directly support Nukuoro Island community's collective efforts to restore their taro patches that have been impacted by salt water intrusion which threatens Nukuoro residents' food security and livelihood. Additionally it will provide support to restoration of old coconut trees on the island to improve their coconut production levels in the near future as one project objective to improve Nukuoro's opportunity to benefit from the increasing demand of copra industry share. Other components of the project will involve demonstration of nature based mitigation strategies to address land loss as result of coastal erosions.

In attendance were Senator Sendilina Lekka, representative of Nukuoro in

the Pohnpei State Legislature, Nukuoro Mayor Senard Leopold, President of FFC Mr. Itaia Fred and members of the FFC. Chairman of the National Steering Committee, Mr. Snyder Biza, gave his congratulatory remark on behalf of SGP. In accepting the grant on behalf of the Nukuoro community and FFC, Senator Lekka expressed her people's gratitude and commits to supporting the project on its implementation. The signing ceremony was held at United Nations Joint Presence Initiative (UN JPI) Office conference room.

Generally, the SGP provides support to community-based projects that directly avert threats to the global environment and support community empowerment and sustainable livelihoods. The SGP is a funding modality of the GEF, approved by the GEF Council on a rolling replenishment basis and implemented by UNDP on behalf of the GEF partnership. Within guidelines established by the GEF council, the Programme seeks to provide for maximum country and community-level ownership. As a global Programme, the SGP brings together over 120 country Programmes across world regions. Within the FSM, the Programme is hosted by the United Nations Joint Presence Initiative Office located on Kaselehlie Street in Pohnpei.



Australian Embassy Pohnpei

Australian Development Cooperation Program Assistant Program Manager

Applications are invited from suitably qualified persons for the position of Assistant Program Manager for Australia's Development Cooperation program located at the Australian Embassy, Pohnpei. The Development Cooperation program is implemented across the Federated States of Micronesia, the Republic of the Marshall Islands and the Republic of Palau.

The Assistant Program Manager will work with, and under the direction of the Senior Program Manager, in Pohnpei. The Assistant Program Manager is responsible for administering scholarships, the Micronesia Small Grants Scheme, and other development assistance activities.

The person that we are seeking will have experience in program or project management and implementation, with strong organizational, time management and administrative skills. He/she will use initiative and be able to work with minimal supervision. A high-level of communication and writing skills as well as sound computer skills are required.

Relevant tertiary qualifications, experience in working in a multicultural environment as well as experience in development programs or projects will be highly regarded.

Salary:

Salary starts at USD 16,000 per annum, plus attractive conditions of service. Salary is negotiable depending on qualifications and experience.

Application process:

Interested applicants need to submit a resume/CV and address the Selection Criteria. The Information Pack which contains the Selection Criteria and Duty Statement may be obtained from <http://www.fsm.embassy.gov.au/phpi/home.html> or by contacting Erin Magee at erin.magee@ausaid.gov.au . .

Closing date for applications is December 8th, 2013.



**CALL FRIENDS AND FAMILY
TO SELECT COUNTRIES***

30¢/MINUTE[^]



INTERNATIONAL CALLS REDUCED TO

***AUSTRALIA 61, CHINA 86, JAPAN 81, PHILIPPINES 63, USA 1,
ALASKA 1-907, CNMI 1-670, GUAM 1-671, HAWAII 1-808,
TAIWAN 886, SOUTH KOREA 82, AMERICAN SAMOA 684,
NEW ZEALAND 64, RMI 692, PALAU 680**

**ALL CALLS, ALL DAY
FROM CELLPHONES, LANDLINES, VIA 211, DIRECT DIAL**

[^]PROMOTION ENDS DECEMBER 31, 2013!

Dr. Merlynn Abello-Alfonso assumes new post as Philippines' Honorary Consul in the FSM

By Raul C. Miralles

December 02, 2013

Pohnpei, FSM - The consular representation of the Republic of the Philippines in Pohnpei and the three outer States of Chuuk, Kosrae and Yap in the Federated States of Micronesia, has entered a new phase with the recent appointment of Honorary Consul Merlynn Abello-Alfonso. A doctor of medicine and a general practitioner by profession, Merlynn Abello-Alfonso is half-Filipino and half-Micronesian.

Dr. Alfonso's Exequatur as Honorary Consul of the Philippines to the FSM was signed by His Excellency President Manny Mori on July 3, 2013. Her Consular Commission Papers were officially signed by the current Philippine Secretary of Foreign Affairs Hon. Albert F. Del Rosario on August 22, 2013. Formal oath-taking ceremonies took place at Pohnpei SDA Gymnasium with the Department of Foreign Affairs delegation from Manila headed by Under-Secretary Laura Del Rosario, Executive Director of ASPAC Bernardita Catalla and the Consul General from Guam, Honorable Bayani Mangibin who visited FSM on September 7-10, 2013 and did courtesy call on the President and some cabinet members of the FSM National Government. The Honorable Under-Secretary Del Rosario performed the oath-taking herself.

Dr. Alfonso will have jurisdiction over the four FSM States and will carry out her duties, to include but not limited to, authentication of labor/employment contracts on behalf of the Philippine Department of Labor, issuance of certain Philippine visas, reporting of births and deaths of Filipinos in the FSM, among others.

Our new Philippine Honorary Consul to the FSM is a woman of impressive testimonials and exceptional intelligence. She received her elementary diploma from Our Lady of Mercy School in Pohnpei back in June of 1977 and graduated at the top of her class as Valedictorian. In May, 1981, she consistently displayed her academic performance when she received her high school diploma and graduated again at the top of her class as Valedictorian from Xavier High School in Chuuk State. She obtained her Bachelor of Science degree in Biological Science, October 26, 1985 at the West Visayas State University in Iloilo City, Philippines and in April 16, 1990 from the same State University, she obtained her Doctor of Medicine degree.

Dr. Merlynn Abello-Alfonso passed the Philippine Medical Board Licensure Examinations which she took last February, 1992.

The new Honorary Consul received her Certificate when she attended the short summer course in Women's Health at Melbourne University, Australia on February 10, 1995.

Dr. Alfonso's was designated as the Emergency/Outpatient Physician at Pohnpei State Hospital from November, 1991 a position she occupied until September, 1999. On September 15, 1999, Dr. Alfonso was a full time private clinician operating an outpatient clinic and pharmacy which has now become one of the largest privately-operated hospitals. She is the owner of Genesis Hospital and also serves as Medical Director along with her husband, Engineer Herminio P. Alfonso, a Civil Engineer/Owner & President of Genesis Hospital, Pharmacy, Dental Clinic, Construction Company and the newest addition, Genesis Wellness Clinic.

To all Filipino Overseas Filipino Workers in the FSM who would wish to meet the new Philippine Honorary Consul of the Philippine Consulate Office in the FSM, the office is located at the side of Genesis Main Building #01 inner part just opposite the Genesis Dental Clinic, is underway and will be completely done by the end of this year 2013, while at the same time the same Consulate Office is still awaiting the Coat of Arms, the Philippine Flag, dry and wet seals, etc.

Following are official address and contact phone numbers of the Philippine Consulate in the Federated States of Micronesia:

Philippine Consulate Office
Genesis Compound
P.O. Box 1002
Kolonia, Pohnpei
Federated States of Micronesia 96941
Phone Nos.(691)
320-2525/8660/3381/8000
Fax No. (691) 320-3396

The new Honorary Consul participated in the two most major community events held recently in Pohnpei: the fund-raising activity of the Filipino Community for the victims of the super-typhoon Yolanda and the general election of the officers of the United Filipino Community in Pohnpei (UFCP) held on September 16 & 17, 2013 respectively.

Honorary Consul and Physician, Dr. Merlynn Abello-Alfonso and her spouse, Engineer Herminio P. Alfonso have been blessed with three wonderful children.



Famous historical character of Yap featured in Villains, Scoundrels, and Rogues

By Don Evans

Yap, and its famous historical character Captain David Dean O'Keefe is featured in a new book to be published next March by Prometheus Books. In *Villains, Scoundrels, and Rogues: Incredible True Tales of Mischief and Mayhem*, author and former National Geographic editor Paul Martin serves up thirty of America's most memorable rogues, including O'Keefe.

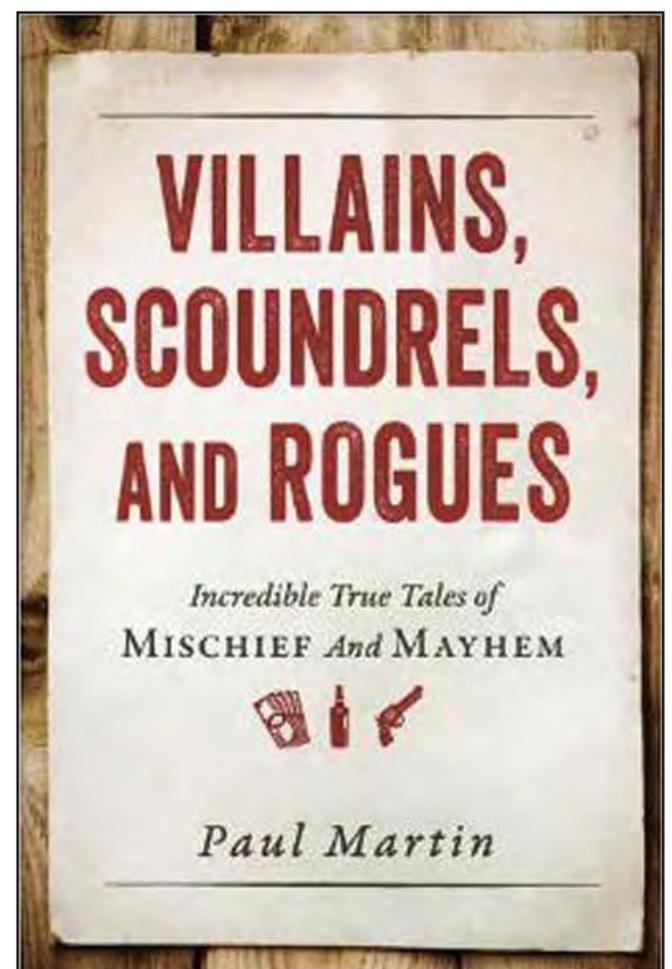
"King of the Cannibal Islands," a chapter in the book, describes O'Keefe as a "benevolent rogue." As the author writes, "Regardless of whether David O'Keefe held the power of a king or was just a highly influential trader, there's no doubt that he played a significant role in the history of Yap and the western Caroline Islands. In all the legal proceedings he faced, no islander ever spoke out against him, most likely because he treated his employees with respect.

"On the Pacific islands colonized by Western powers, new ways were often cavalierly imposed on the locals (chiefly the three "B's"--booze, Bibles, and breeches), but David O'Keefe represented a different mentality. He attempted to adapt to the Yapese culture. Admittedly, he exploited the culture to advance his business interests, but he wasn't some rapacious foreigner who swooped in and tricked the locals into giving away their treasures for a box of trinkets.

"Visitors who make their way to Yap, now a celebrated diving mecca, can still see the stone rai produced during O'Keefe's heyday, standing here and there in the thick vegetation and weathering slowly in the tropical sun and rain."

Martin, who spent more than thirty years with the National Geographic Society as an editor and writer, is the author of *Secret Heroes: Everyday Americans Who Shaped Our World* (William Morrow, 2012); *Land of the Ascending Dragon: Rediscovering Vietnam* (Gates & Bridges, 1997); two other nonfiction books and more than a hundred articles.

This summer on June 21, 2014, the Yap Visitors Bureau will host their 4th annual Homecoming Festival. This year the theme will be Celebrating the Legend and Legacy of Captain David Dean O'Keefe. O'Keefe's descendants, from the Netherlands, England, and the US are planning to attend.



Four Aces Enterprises presents:

Mummy's Club

Located at PCR Nantehlik in Nett

Equals Seven Band



Soon!

in Mummy's Club

The Mummy's Club is opening during the 1st week of December.

Beginning December 14th live bands will rock you every night and a professional mixologist will be here to serve you the most complete selection of drinks on the island.

The Mummy's Club is a great environment. We're sure you'll have a great time

Check us out opening at 8:00 PM

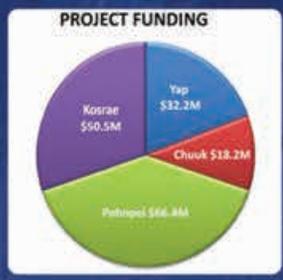
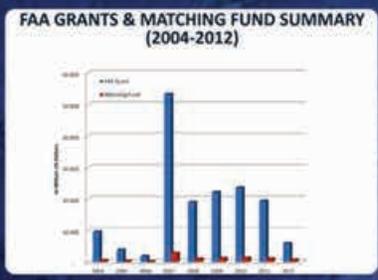
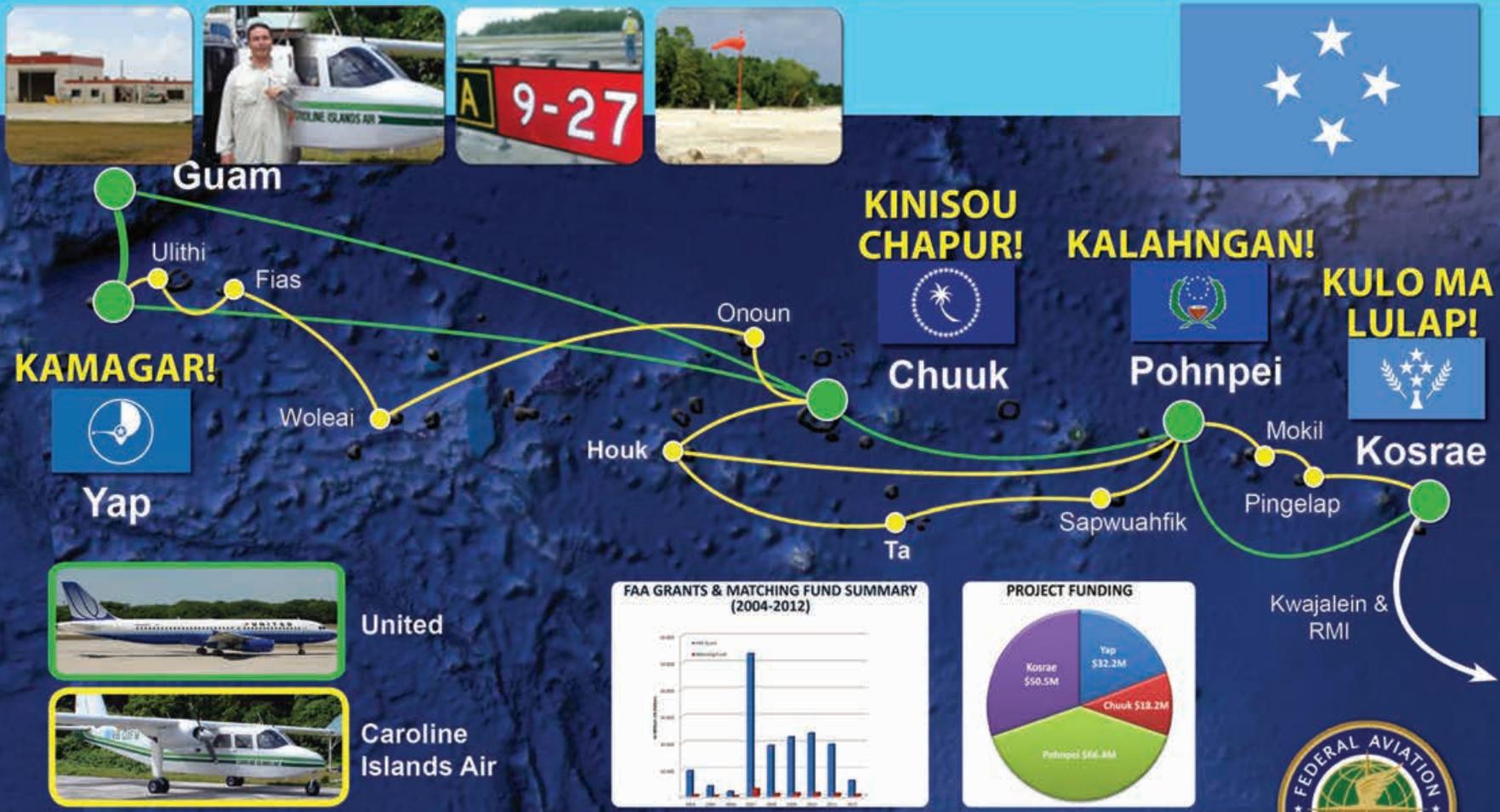
\$5.00 cover charge

SHE BAND LIVE
in Mummy's Club



COMING SOON!

Improving Island Life...



- Under FSM President Mori and the FSM Airline Taskforce and the US Federal Aviation Administration:
- \$180M has been invested
 - Generated \$4M in local tax revenue
 - Provided over 150 local jobs
 - Significant training of FSM Inspectors, Engineers, and skilled workers

LYON has been working in FSM since the 1970's and has had the privilege of being a part of these major improvements.
Frank Lyon, Jr., P.E. Jim Lyon, P.E., LEED AP



LYON.US.com

...since 1961

U.S. Embassy grants \$39,000 to Waa'gey

Embassy of the United States of America, Kolonia

On November 17, U.S. Ambassador Doria Rosen presented Larry Raigetel, Director of Waa'gey, with a \$39,000 check from the Ambassador's Fund for Cultural Preservation (AFCP). The money will be used by Waa'gey to fund their program, Preserving traditional valuable knowledge and skills through canoe carving and weaving, which will offer forty youth (20 boys and 20 girls) a chance to participate and learn traditional skills.

The boys will work in Colonia, Yap at two canoe houses that have been provided by the Yap Living History Museum. They will learn the art of canoe carving, and traditional fish trap making. The girls will work with the women's group in Ruu village. They will learn to weave the royal "Machiy", which is an intricate woven fabric for chiefs. Canoe craftsmanship, Machiy weaving, and fish trap making are highly specialized skills that are beginning to fade from Outer Island Yapese culture.

Locating the canoe carving project at the Yap Living History Museum site will enable school groups from around the island to visit the project. They will be able to learn firsthand some of the skills being taught in the canoe houses, and benefit by gaining an early appreciation of valuable past cultural practices.

The AFCP is extremely competitive. Each year, U.S. ambassadors from around the world submit proposals for funding through the AFCP fund. Ambassador Rosen was very pleased that the proposal from FSM was accepted and funded. She was even more pleased to present Waa'gey and its trainers with the check, which will allow them to expand their efforts to train the youth of Yap State.



*Larry Raigetel and
Ambassador Doria
Rosen*

...Haiyan

Continued from front page

The Garage Sale Fundraising turned out to be an all around fundraiser. Filipinos on the island volunteered their talents and skills: aside from the selling of new and used clothes, various services were offered for a minimal fee, like haircut, car repair and troubleshooting, car wash, food and commemorative t-shirt selling, as well as games and jump houses for the kids. The organizers were in a state of awe and were dumbfounded by the tremendous show of support they received, not only from their fellow Filipinos, but most of all from the local community, the local businesses, the different Embassies, national and local government officials, church organizations, schools, and people of all walks of life. Venue, tents, chairs, tables, kid's games, water, electricity, were all offered, free of rent. Most touching of all were kids dropping their snack money at the donation boxes. It was indeed humanity at its best!

The Garage Sale Fundraising was organized after the Southern Part of the Philippines was struck by Typhoon Haiyan, the strongest typhoon ever recorded on the planet. It is feared that the death toll would

reach 10,000 and that according to an NBC news article, the total cost of damage is pegged at more than \$288 million dollars. More than 2 dozen countries have sent aid to the storm stricken country. The United Nations has appealed for \$301 million in relief aid.

The United Filipino Community of Pohnpei (UFCP) together with the Philippine Honorary Consul to the FSM would like to take this opportunity to express their heartfelt and profound gratitude to EVERYONE who in one way or another helped, volunteered, and contributed their talents, skills, properties, offered prayers, and most of all for sharing their personal resources, hence, making this Fundraising Activity a GREAT SUCCESS! God Bless and Reward you a hundredfold for your generosity. For those who want to offer, donations are still accepted as relief and rehabilitation efforts are still underway. If interested, please get in touch with Philippine Honorary Consul to FSM, Dr. Merlynn Abello-Alfonso (320-2525) or email to philhoncon_fsm@yahoo.com and / or to the President of the United Filipino Community of Pohnpei (UFCP), Mr. Russell Figueras (9201768) or email russell_figueras@yahoo.com.

Kalahangan One and All!



Bank of the Federated States of Micronesia

Notice of Inactive Bank Accounts

Bank of the FSM currently maintains accounts for the following individuals & groups:

Shrue A Kinere	P.O. Box 55	Ebeye Marshall Islands
Lolinda H Tosie	P.O. Box 75	Tofol, Kosrae
Akisauo Epelu	P.O. Box 400	Weno Chuuk
Chuneo W Nimwes	P.O. Box 851	Weno Chuuk
The Pentecostal Light	P.O. Box 943	Weno Chuuk
Mideko Epel	P.O. Box 914	Weno Chuuk
PSSBS	P.O. Box 91	Weno Chuuk
Churie Nencha	P.O. Box 500	Weno Chuuk
Marsen Remwele	P.O. Box 1174	Weno Chuuk
Mwichen Maria me Asor Polowat Catholic	General Delivery	Weno Chuuk
Sipriano Chipiuo	General Delivery	Weno Chuuk
Machuo Welle	General Delivery	Weno, Chuuk
Mikaela Umuo	General Delivery	Weno, Chuuk
Xiangyang Li	P.O. Box 217	Weno, Chuuk
Sepety Joseph	P.O. Box 823	Weno, Chuuk
Silander Kachusy	P.O. Box 237	Weno, Chuuk
Steve Mori	P.O. Box 369	Weno, Chuuk
Ramanum Municipality	P.O. Box 534	Weno, Chuuk
Houk Municipality	P.O. Box 353	Weno, Chuuk
Ruo Municipality	P.O. Box 1174	Weno, Chuuk
Andrew Matmag	P.O. Box 616	Colonia, Yap
Falayow Youth Club	General Delivery	Colonia, Yap
SBA Yap Campus	P.O. Box 321	Colonia Yap
Naty Leelung	P.O. Box 1022	Colonia Yap
Gaanelay Study Group	General Delivery	Colonia Yap
Peter J Narburgh	P.O. Box 221	Anahola, HI
Jerome Marinpa	P.O. Box 325	Colonia Yap
MLGT Or.	P.O. Box 1036	Colonia Yap
Marie B Olter	P.O. Box 1494	Kolonia Pohnpei
Lyon Associates Inc	45 N. King Street	Honolulu, HI
Pohnpei Ocean Cruise	P.O. Box 1975	Kolonia Pohnpei
Kasio Kembo Mida	P.O. Box 1480	Kolonia Pohnpei
Ohwa Church	P.O. Box 1502	Kolonia Pohnpei
Afina A Antonio	P.O. Box 739	Kolonia Pohnpei
Fredrick L Ramp	P.O. Box 1480	Kolonia Pohnpei
Albert Joseph C Allauigan	P.O. Box 375	Kolonia Pohnpei
Pohnpei Baseball Association	P.O. Box 501	Kolonia Pohnpei
SNMP Assembly of God	P.O. Box 92	Kolonia Pohnpei
Bruno Loyale	P.O. Box 10000	Fiji
Benjamin Tebangmai	P.O. Box PS-47	Palikir Pohnpei
Jackson B Edward	P.O. Box 1027	Kolonia Pohnpei
Daniel P Norton	319 W Orman	Pueblo, CO
Calmen Children Fund	General Delivery	Kolonia Pohnpei
Pohnpei State Debate Committee	P. O. Box H	Kolonia Pohnpei

As required by FSM law, the Bank wishes to inform these customers that accounts will be closed and the funds transferred to the FSM Secretary of Finance in January 2014. If your account appears on this list, you can avoid having your funds turned over to the Secretary of Finance by making a deposit or withdrawal to the account before December 31, 2013.

Kosraean:

In fwal nuke pusren Masap lun FSM, Bank FSM inge akkalemye nusin Customers nukewa .ma e akkalemyeyuk lung inge la account lowos ma akkalemyeyuk inge e tufwa kauli a money ka an ac tuhfa itukyan nusin Secretary lun Finance ke FSM National Government ke January 2014. In oralla account se lom an tia putatyan nuke oakwuk ku oiya se inge, kom enenu in tuku nu Bank FSM oralla sie deposit ku withdrawal nuke account san meet liki December 31, 2013.

Chuukese:

Sia awora ei esinesin ngeni ami kei aramas, mwicheichen aramas, ika sopai mi affat itemi assan pun faan pungun annukun FSM, masowan ami kei accounts epuene lo ngeni ach ewe FSM Finance lon January 2014, ika pwe ese wor mwokutukutun tutut (withdrawal) ika isonanong (deposit) lon me mwen December 31, 2013. Ach anean pwe kopwe chuuto rech ach sipue annisfengen won om kei account.

Yapese:

Tan e Motochial nu FSM, Bank e badag ni nge yog ko pi customer rok ney ni rayan I January 2014, maran close nag e pi account ney, man pii e salpiy riy ko FSM Secretary ko Finance. Fa'an ra be mug e account rom ko re list ney, ma rayog ni dabni pii e salpiy rom ko Secretary ko Finance faanra ngamub mu deposit fa mub mu withdraw nag e salpiy ko account rom u m'on ko December 31, 2013.

Pohnpeian:

E kosonndier sang ni ruwes en kosonned en FSM me FSM Bank udahn pahn pakairkiheng aramas oh pwiin en aramas me sansalehr powe, me epwelpen amwail tungol de sapwellimomwail nekinek nan Bank en FSM pahn katoktokidi nan sounpwong en January pahr 2014. Mwoni koaros me patpato nan nekinek pwukat pahn kesepwillang FSM Secretary en Finance. Ma mwaromwi iang sansal powe ah komwi kak pwaredo de ketido oh kapidohi de kasawada omwi tungol de sapwellimomwi nekinek sang nan FSM Bank mwohn December 31, 2013 ma komw sohte kupwuriki omwi tungol de sapwellimomwi nekinek en kepideklang FSM Secretary en Finance.

NOTICE OF INACTIVE ACCOUNTS

Please take notice that as of June 30, 2013, the following SAVINGS and CHECKING ACCOUNTS on deposit with Bank of Guam® are inactive, and the accountholders listed below must immediately contact their respective Bank of Guam® Branch, otherwise, the funds contained in these accounts will be transferred to the Secretary of Finance during the month of January 2014, pursuant to 29 FSMC §106 (16) and 29 FSMC §602 and under the procedures set forth in 17 FSMC §102. Please take note that after January 2014, all inquiries pertaining to the accounts below must be directed to the Secretary of Finance.

CHUUK BRANCH CHECKING ACCOUNTS

Soon Hwan Bae
PO Box 330 - Weno, Chuuk FM 96942

Doori Corporation
PO Box 726 - Weno, Chuuk FM 96942

Education Social Affairs Committee
PO Box 460 - Weno, Chuuk FM 96942

Pacific Island Bible College
PO Box 22619 - Barrigada, GU 96921-2619

CHUUK BRANCH SAVINGS ACCOUNTS

Kinako Aake
PO Box 1041 - Weno, Chuuk FSM
Nama Island 96942

Julio Akapito/Silyanus Akapito
Fefan - Truk State 96942

Mackson Aliwis
PO Box 1456 - Weno, Chuuk FM
Fefan Fanip 96942

Dita J. Andrew
PO Box 1027 - Weno, Chuuk FSM
Sopore Fefan 96942

Mathias Anuu
PO Box 400 - Weno, Chuuk FSM
Ruo Island 96942

Dorothy Berdon
PO Box 182 - Moen, Truk FSM 96942

Marthina Beyong
Polle Tol - Truk FSM 96942

Serly Billy
PO Box 752 - Moen, Truk 96942

Kulian Chewek itf Jimreen C. Suka
PO Box 129 - Weno, Chuuk FM 96942

Lourdes Choram/Mercy Choram
Moen Island - Truk FSM 96942

Orsiana Dipwek
PO Box 1416 - Weno, Chuuk FSM 96942

Dadao Elam itf Dwayn Eliam
PO Box 2 - Pohnpei State 96940

Edson Elimo
PO Box 752 - Chuuk FM 96942-0752

Stella Esu
PO Box 32 - Moen, Truk 96942

Ernest Ezekiel or Judy Siferin
Kuttu - Truk 96942

Romeo Feren/Ferny Feren
Truk FSM 96942

Mary Fermin
PO Box 10275 - Tamuning, GU 96931

David Fiti
PO Box 429 - Nechap Tonoas
Weno, Chuuk FSM 96942

Freddy Fred
PO Box 943 - Weno, Chuuk FSM
Nama Island 96942

Yuriana S. Fritz
PO Box 867 - Chuuk FM 96942

Raymundo Fadri Galanga
PO Box 699 - Weno, Chuuk FM 96942

Nita Haritos
PO Box 589 - Moen, Truk 96942

George S. Hartmann
Po Box 1300 - Chuuk FM 96942

Harry Haruo
PO Box - Weno, Chuuk FM 96942

Nuhai Ichin
PO Box 161 - Weno, Chuuk FSM
Mwan Weno 96942

Joana Ifraim
Weno, Chuuk FM - Weno Wichap 96942

Andon Inek
Nama Islands - Truk FSM 96942

Leonard P. Isotoff
PMB 381 - 415 ChIn San Antonio St.
Tamuning, GU 96913

Vicky Johnny
PO Box 802 - Weno, Chuuk FSM 96942

Billa Joseph
PO Box 583 - Weno, Chuuk FSM
Satawan Island 96942

Soda Juda or Sanrine Hallers
PO Box 1123 - Weno, Chuuk FSM
Sopore Fefan 96942

Serven Kincho
PO Box 58 - Weno, Chuuk FSM
Pisarachi Island 96942

Koro Kipe or Kony Kibe
Fanapanges - Truk State FSM 96942

Lekis Dan Do Association
PO Box 520 - Weno, Chuuk State 96942

Kiloty Do Lorenzo
Eita Island - 96942

Tobias Louis/Anthony Louis
Ettal Island - Truk State 96942

Kisako Louis or Samson Louis
Neuwo Weno - Weno, Chuuk FSM 96942

Sitriina Luther itf Enson Luther
PO Box 952 - Weno, Chuuk FSM
Fefan Sapeta 96942

Mairu Tochie
Paata Island - Weno, Chuuk FSM 96942

Jacinta Marcus
Moen, Truk 96942

Jones Mark
PO Box 755 - Weno, Chuuk FSM
Epinup Weno 96942

Junet Martin
PO Box 1235 - Weno, Chuuk FM 96942

Teikin Miecho or Rapson Kelep
PO Box 911 - Weno, Chuuk FSM
Wonip Tol 96942

Sakae R. Mitipok
PO Box 455 - Weno, Chuuk FSM
Dublon Kuchua 96942

Mwichefelin Wichap
PO Box 237 - Weno, Chuuk FM 96942

Serlyn K. Nakayama
9030 Tolford Ave. - Las Vegas, NV 89148

Lia A. Nomai
PO Box 731 - Weno, Chuuk FM 96942

Mori Olap/Marcellino Umwech M.
Moch Island - Truk State 96942

Robert Oloday
PO Box 758 - Chuuk State 96942

Singko Otto
Uman Island - Weno, Chuuk FM 96942

Cherlyn Pittiol
PO Box 2343 - Weno, Chuuk FSM 96942

Toichy Rachin
Ruo - Truk FSM 96942

Machuo Ramanis or Terry Kimiuo
Eot Island - Chuuk FSM 96942

Nui Rano
PO Box 778 - Weno, Chuuk FSM
Mechitiw Weno 96942

Arsenio G. Fefuerzo
PO Box 247 - Weno, Chuuk FM 96942

Takasy Reynold or Early Reynold
PO Box 233 - Weno, Chuuk FM 96942

Violet Robert
PO Box 1084 - Weno, Chuuk FM
Tonoas Nechap 96942

Tosie Ruben
Nechap Tonoas - Chuuk FSM 96942

Selina Sandy or Rosita Jolene Sandy
t/f Immaculata Sandy
PO Box 465 - Weno, Chuuk FSM
Lekinioch Island 96942

Helbert Seilo
TA - Truk, FSM 96942

Gibson Sepety and Sadleen Sepety
Fefan Fanip - Chuuk FM 96942

Romeo Sham or Bethra Sham
PO Box 2476 - Weno, Chuuk FSM
Pohnpei 96942

John Sharsy
PO Box 282 - Weno, Chuuk FSM
Nomwin Island 96942

Mitchell Snodgrass c/o CPUC
PO Box 910 - Weno, Chuuk FSM 96942

Kechiro Sos
PO Box 560 - Chuuk FM - Uman Mwanukun
96942

Aikinis Sotam or Ainis Redy
Dublon Island - Chuuk FSM 96942

Joslyn Sotam
PO Box 520 - Weno, Chuuk FSM
Losap Island 96942

Mathias Soumwei
PO Box 339 - Chuuk FM 96942

Takasi Sowas or Aisi Kosmes
or Bailin Aisek
PO Box 5850 - Hagatna, GU 96932

Stanner Stanley
PO Box 549 - Chuuk FM 96942-0549

Neckema Taro & Norensa Taro
Weno, Chuuk 96942

Masauo Teke
Udot Island - Truk State 96942

Thanksgiving Maipi
PO Box 351 - Weno, Chuuk State 96942

Dike Tommy or Jasmine Tommy
PO Box 299 - Weno, Chuuk FSM
Uman Sapou 96942

Family Wanis
Moen Island - Truk 96942

Wanporun Namoneas Chuuk by
Less Aiden and Jonathan Salle and
Kaim Finipus and Helbert Dereas
PO Box 329 - Weno, Chuuk FSM 96942

Raschy Wia
PO Box 24 - Udot Municipality
Weno, Chuuk 96942

Tinus Wishim
PO Box 607 - Weno, Chuuk FSM
Unanu Island 96942

Hellen Yowanes
PO Box 1165 - Romalum Island
Weno, Chuuk FSM 96942

Binar Ysakar or Julia Jicko
PO Box 1031 - Weno, Chuuk FSM 96942

POHNPEI BRANCH CHECKING ACCOUNTS

Eufalia B. Dimaliwat
1266 Bellevue Way NE - Apt 8
Bellevue, WA 98004-3672

Jerome J. Kment
PO Box 326755 - Hagatna, GU 96932

Med-Plus
PO Box 1791 - Kolonia, Pohnpei FM 96941

Vasanthha Kumar Siriwardhena
PO Box PS2 - Kolonia, Pohnpei, FM 96941

Winner Enterprises
PO Box 2131 - Kolonia, Pohnpei FM 96941

POHNPEI BRANCH SAVINGS ACCOUNTS

Nelson Abraham
PO Box 101 - Kolonia, Pohnpei 96941

Eileen Albert or Lenson Ramsin
PO Box 839 - Kolonia, Pohnpei 96941

Vicky Amor
PO Box 1529 - Pohnpei FM 96941

Henry Biza
Kolonia, Pohnpei FSM 96941

Mahabub Kabir Chowdhury
PO Box 2105 - Kolonia, Pohnpei 96941

Renante Custodio
PO Box 146 - Pohnpei FM 96941

Arden David or Maria Lourdes David
PO Box 620 - Kolonia, Pohnpei FSM 96941

William Eperiam
PO Box PS110 - Palikir, Pohnpei 96941

Sakai Iuhmina
PO Box 474 - Pohnpei FM 96941

Jano Paulino
PO Box 126 - Kolonia, Pohnpei FM 96941

Alioreen John or John Berlihtna
PO Box 787 - Kolonia, Pohnpei 96941

Dolph John
PO Box 878 - Kolonia, Pohnpei 96941

Laramie Johnson
1355 South Linda Vista Ave. - Bolse, ID 83709

PJ Jose or Iana John
PO Box 878 - Kolonia, Pohnpei 96941

George Koike
PO Box 541 - Kolonia, Pohnpei 96941

George Koike or Brendon Koike
PO Box 541 - Pohnpei FM 96941

George Koike or Jayson Koike
Po Box 541 - Pohnpei FM 96941

Lohna Ladore itf Paul Ladore
General Delivery - Kolonia, Pohnpei 96941

John Lainos
General Delivery 96941

Weslin Lainos
Kitti - Kolonia, Pohnpei 96941

Virgilio Letada
PO Box 1497 - Pohnpei FM 96941

Tom Luhk/Mary Luhk
Kitti - Pohnpei 96941

Marlon Malabar
PO Box 39 - Pohnpei FM 96941

Matchuko Shoniber
PO Box 2118 - Kolonia, Pohnpei 96941

Robin Mendoza
General Delivery - Kolonia, Pohnpei 96941

Mwichipin
PO Box 1101 - Pohnpei FM 96941

Phillip Benjamin or Billy Phillip
Po Box 2448 - Kolonia, Pohnpei 96941

Arbella Robert
PO Box 1804 - Kolonia, Pohnpei 96941

James Roboe
General Delivery - Net, Pohnpei 96941

Lavrene Rosario
PO Box 541 - Kolonia, Pohnpei 96941

Jeff Rosokow & Sato Raymond
PO Box 24224 - Kolonia, Pohnpei 96941

Carsina Sailas
PO Box 117 - Kolonia, PNI FSM 96941

Saimon Anaty
Kolonia, Pohnpei

Sakai Lucy itf Justin Sakai
PO Box 474 - Kolonia, Pohnpei 96941

Karmella Semens
PO Box 1786 - Kolonia, Pohnpei FSM 96941

Mullander Sephin
General Delivery - Kolonia, Pohnpei 96941

Raynald Silbanuz
PO Box 39 - Kolonia, Pohnpei 96941

Merian Simram or Merian Simram
PO Box 1265 - Kolonia, Pohnpei 96941

Meltiana Spencer
PO Box 1141 - Kolonia, Pohnpei 96941

Quincy Stewart
PO Box 158 - Koror, Palau 96941

Tadashi Suwa
PO Box 387 - Kolonia, Pohnpei 96941

Fredketh Suzumu
PO Box 1852 - Kolonia, Pohnpei 96941

Tan Suan Meng
General Delivery 96941

Elias Tipeno
PO Box 1101 - Kolonia, Pohnpei 96941

Henry Usugar or Maggie Usugar
PO Box 1078 - Kolonia, Pohnpei 96941

Delaine Yanneris
PO Box 678 - Kolonia, Pohnpei 96941

Bank of Guam®
The People's Bank...
meeting the
financial needs
of our
Island communities.



BANK OF GUAM®
THE PEOPLE'S BANK

FEDERATED STATES OF MICRONESIA: Chuuk (691) 330-2567 • Pohnpei (691) 320-2550 • Yap (691) 350-8865 • Kosrae (691) 370-8817



Member FDIC

bankofguam.com

Korean food in Pohnpei, don't let the name put you off

By *Bill Jaynes*
The Kaselehlie Press

November 27, 2013

Pohnpei, FM—“Gang Nam St.”, the Korean cuisine restaurant that Dr. Dongho Han opened in Nantehlik, Pohnpei just under two months ago has garnered a good deal of attention on island. The food is excellent and the wait staff is friendly and right on the verge of too attentive. But some people in Pohnpei are staying away because of an unwitting and unfortunate choice of name.



Owner, Dr. Dongho Han who goes by “Donovan”, said that he named his restaurant after the Gangnam District of Seoul, South Korea.

It's not unlikely that he also picked up on last year's song and dance video sensation, “Gangnam Style” by South Korean musician “PSY” (real name: Park Jae-Sang). Just over two months after the “Gangnam Style” video was uploaded to YouTube the video had over 2 million “likes”. The video is still listed in the Guinness Book of World Records as the “Most ‘liked’ video in YouTube history”. This afternoon when I finally viewed the video for the first time I discovered that the video had well over 1.8 billion views. Yes, that's “billion” with a “B”.

While it might be easy to expect that since the video was such a huge success that most people would know that the name of the restaurant indicates the type of cuisine that it serves—magnificent Korean food. But as Pohnpeian speakers will know “Gang” is one Pohnpeian word for “eat”. As the word was explained to me by a native speaker of the language, “Gang” is a word that might be used when inviting a friend or an equal to join

you in eating. No problem there. The problem is that “nam” also means “eat” and is most often used when a parent orders a petulant child who refuses to finish his lunch to hurry up and eat.

Though it certainly wasn't Dr. Han's intention, his sign could be read by Pohnpeian speakers to say “Please come here and eat. Get in here and EAT!!” Dr. Han is not quite sure what he's going to do about that little problem yet. It really is an unfortunate accident.

My wife and I ate there yesterday for the first time. As a matter of full disclosure, neither my wife nor I had ever actually had Korean food before and had no idea what to expect. I'm usually willing to try just about anything but I don't always like everything I try and I was a bit squeamish about this lunch. We imagined all sorts of exotic dishes that we would have to choke down while trying to also smile and be friendly. Previously, our only experience with Korean cuisine had been kimchee. Neither of us could imagine a lunch that consisted solely of pickled cabbage or similar dishes. We learned that we had nothing to fear. The food was truly delicious.

We arrived at Gangnam St. separately but we were both met at the door by the attentive and courteous local wait staff who welcomed us into the restaurant. Inside we found a pleasant well decorated atmosphere. Although the black and white checkerboard floor that was there when Café Ole used the same space is still there it is spic and span. A waitress immediately brought us a glass of very sweet and somewhat citrusy tasting iced tea and kept the glass filled as we ate our delicious lunch.

Last week the restaurant stepped up its game when their new chef arrived from Seoul, South



Kyungsoon Lee

Korea. Kyungsoon Lee has over 20 years of experience working as a chef in Seoul restaurants. While her husband, Mr. Cho, who is an architect, lived in Pohnpei a few years ago while Cho worked on project, this is Mrs. Lee's first time to Pohnpei.

The restaurant has been open from 8:00 in the morning until 3:00 in the afternoon every day with an excellent buffet which costs only \$9 per person. Beginning on Friday November 29, they will be open for dinner which can be ordered from a specially prepared menu. They'll also be doing deliveries.

If you've been putting off going to Gangnam St. because you don't know if you'll like Korean food I'm here to tell you that there is nothing to fear. Don't let the name put you off. A trip to South Korea in Pohnpei is well worth it.

For more information, call

Headquarters, Pohnpei Tel.: 691-320-2740
Chuuk Office Tel.: 691-330-2333
Yap Office Tel.: 691-350-2104
Kosrae Office Tel.: 691-370-3164



Celebrating 30 years!



ONLY \$30

with FREE SIM CARD

Model: 106

- Dual SIM, Dual standby
- 2.4" QVGA Display
- 1.3 MP Camera
- MP3, MP4 Player
- Video Recording
- FM Radio, Torch
- Bluetooth, Mobile Tracker
- English Interface
- 3.5mm Audio Jack
- T-Flash Slot Up to 8GB
- Battery: 1000 mAh



Offer good while supplies last!

www.telecom.fm
Federated States of Micronesia Telecommunications Corporation

Happy 10th
Birthday



Josephine Sina-Marie Jack

FSM fighting to lower greenhouse gas emissions under Montreal Protocol

FSM Information Services

November 20, 2013

19 November 2013, Gender day UNFCCC, Warsaw Poland - Here at the UN Climate talks, the Federated States of Micronesia (FSM) is supporting a proposal for the Montreal Protocol to take action to reduce HFC's, by doing so this will contribute to the UNFCCC goal of limiting greenhouse gases.

Hydrofluorocarbons (HFC's) are a common thread between the United Nations Framework Convention on Climate Change (UNFCCC) and the Montreal Protocol. In taking action against them within the Montreal Protocol this will help ensure the two international agreements complement each other.

HFC's are factory-made chemicals used in refrigeration, air conditioning and fire suppressants. They are known as super greenhouse gases which are hundreds to thousands times more powerful than carbon dioxide and are replacements for the gases which have damaged the ozone layer that have been banned under the Montreal Protocol.

As they do not deplete the ozone layer, the emissions of HFCs are included in

the "basket of gases" under the Kyoto Protocol. FSM agrees the most effective way to control the manmade gases such as HFC's is to reduce manufacturing them. The best way to do so is to include this under the Montreal Protocol.

The Montreal Protocol is an international treaty to protect the ozone layer by phasing out the production of substances responsible for ozone depletion.

"As we see it, this will complement the UNFCCC process. We believe this approach as we have to take all the steps we can to reduce greenhouse gas emissions. We are on the frontline of climate change, we must try everything we can - pursue all initiatives," said H.E Ambassador Jane Chigiya, Permanent Representative to the United Nations for FSM.

"We believe that a proposal from the European Union is very similar to our approach towards this. We all have the same mutual goal to close the emissions gap and we think that doing so through the Montreal Protocol to reduce HFC's would make a difference."

According to a brief on HFCs, this gas currently represents about 1% of all greenhouse gas emissions but is the

fastest growing in the world, increasing by as much as 10 - 15% per year.

Without action now, HFC emissions are projected to increase to as much as 20% of total greenhouse gas emissions by 2050.

"If we fail to prevent the growth of HFC's, this will undermine efforts to limit global average temperature rise to less than 2 degrees Celsius," said Chigiya.

"There is growing support for this within the Montreal Protocol and we will continue trying."

FSM also holds a seat on the Bureau of the Conference of the Parties to the UNFCCC and the Kyoto Protocol, organisation of sessions and operation of the Secretariat. It also provides advice to the President of the COP and takes decisions when it comes to overall management of the intergovernmental process.

FSM has a delegation of five at the 19th Conference of the Parties to the United Nations Framework Convention to Climate Change which is held in Warsaw, Poland from 11 to 22 November.



Ambassador Jane Chigiya

JG STORES
Christmas Sale

Girls Ts - 3 for \$20
Girls Skirts - \$10

Branded Shoes on sale \$49.99

Men's Branded Tshirts 3 for \$25

Kids shoes \$4.99

New Arrivals

New Arrivals

Roxy slippers girls & Boys \$10

Ladies slippers \$5

Ladies slippers \$5

Christmas shopping is so much easier at JG STORE!
Check out our new arrivals!

New Arrivals

Men's Tshirts 3 for \$20

Girls Ts - \$10

PicknBuy24.com

Quality Japanese Vehicles Online Shop Since 1997

Buy Quality Used Cars from Japan

It's Worth the Wait!!

Delivery time to Micronesia
5 - 8 Weeks
Inspection Done 3 Times
High Quality
Long-Lasting Used Cars
Low Mile



Discount Coupon

\$100 OFF

Coupon Code: **FMCP1202**
Expiration Date: **31st of JAN**

Enter the coupon code in allocated box on the website when you order



Search by Google Search

 Ref. 12776 PRICE: \$5,580 FORD EXPLORER XLT Year 2002 AT 4,000cc PETROL Mileage 84,000km Color White	 Ref. 13321 PRICE: \$2,150 SUZUKI SWIFT (IGNIS) Year 2001 MT 1,320cc PETROL Mileage 25,000km Color White	 Ref. 14378 PRICE: \$2,860 MITSUBISHI PAJERO JR ZR-II Year 1996 AT 1,090cc PETROL Mileage 101,000km Color Wine Red II
 Ref. 14037 PRICE: \$4,270 MITSUBISHI PAJERO IO Year 1999 MT 1,830cc Petrol Mileage 46,000km Color Blue II	 Ref. 14279 PRICE: \$3,230 MITSUBISHI PAJERO IO Year 1999 MT 1,800cc PETROL Mileage 78,000km Color Dark Blue II	 Ref. 14409 PRICE: \$2,540 MITSUBISHI PAJERO MINI X Year 1998 AT 660cc PETROL Mileage 76,000km Color Blue II
 Ref. 13499 PRICE: \$5,860 FORD ESCAPE XLT Year 2001 AT 2,960cc PETROL Mileage 49,000km Color Black II	 Ref. 13059 PRICE: \$7,230 ROVER DISCOVERY Year 2003 AT 3,940cc PETROL Mileage 78,000km Color Light Green	 Ref. 13915 PRICE: \$7,670 CHRYSLER JEEP CHEROKEE Year 2004 AT 3,700cc PETROL Mileage 69,000km Color Silver
 Ref. 13827 PRICE: \$6,700 ROVER FREELANDER Year 2003 AT 2,490cc PETROL Mileage 82,000km Color Dark Blue	 Ref. 14330 PRICE: \$3,830 HONDA CR-V Year 1996 AT 2,000cc PETROL Mileage 82,000km Color Silver	 Ref. 12845 PRICE: \$4,790 TOYOTA RAV4 L X G PACKAGE Year 2000 AT 1,790cc PETROL Mileage 76,000km Color Pearl
 Ref. 13058 PRICE: \$3,950 CHEVROLET BLAZER LS Year 2001 AT 4,290cc PETROL Mileage 61,000km Color White	 Ref. 14122 PRICE: \$3,490 HONDA HR-V Year 1999 AT 1,590cc PETROL Mileage 75,000km Color Silver	 Ref. 12781 PRICE: \$4,810 TOYOTA HARRIER (LEXUS RX300) Year 1998 AT 2,990cc PETROL Mileage 64,000km Color Pearl II

*Price Include Car Cost & Freight up to Pohnpei, Yap, Kosrae or Chuuk

How to Buy

1. Select a Car Online
2. Issue an Invoice
3. Print out the Invoice
4. Pay from Bank

Web: <http://www.picknbuy24.com> Tel: +81-3-4330-9090
 Email: pboffer@picknbuy24.com Fax: +81-3-4330-9091

AGASTA CO., LTD. Address: 1-18-3 DOGENZAKA SHIBUYA-KU, TOKYO JAPAN

Raising awareness on the risk of human trafficking in Micronesian schools

International Organization for Migration

November 25, 2013

The Migrant Resource Center (MRC) in Micronesia, in collaboration with the FSM Department of Justice and the International Organization for Migration (IOM), commenced an awareness raising campaign on human trafficking this week in high schools throughout the Federation.

More than 500 students attending Kosrae High School and several hundred more students from Our Lady of Mercy and Seventh Day Adventist Schools in Pohnpei have already participated in the awareness raising sessions.

These prevention efforts will continue for the coming weeks in all four states and culminate in a National Poster Competition, the winners of which will be announced at the Anti-Trafficking in Persons Day to be observed during January, 2014. This will be a day dedicated to acknowledging the occurrence of human trafficking in Micronesia and recognizing the importance of prevention efforts aimed at ensuring the safety of Micronesian nationals, particularly those planning to travel abroad.

Both Government and IOM recognize that prevention is only one of the three pillars to combatting this serious criminal offence. Protection of victims and prosecution of traffickers are also essential to an effective anti-human trafficking program. "Human trafficking is a scourge and the FSM Department of Justice will vigorously pursue



prosecution of people or persons engaged in such conduct" exclaimed the FSM Attorney-General.

There were several high profile incidents of human trafficking recently involving FSM citizens, including the infamous Blue House case in Guam involving 10 Chuukese women. More recently a young couple were convicted in the United States in accordance with human trafficking legislation for forcing their niece into long hours of domestic servitude, providing no money and forbidding her from leaving the house.

The Migrant Resource Center, the State and National Governments, together with IOM, are hoping to prevent such cases in the future by educating youth and the wider community on what human trafficking is, how to identify the signs of a trafficking situation, as well as, highlighting how commonly accepted family arrangements may evolve from the acceptable to a prosecutable offense.

For further information on human trafficking and the poster competition please contact the Migrant Resource Center (MRC) in Pohnpei on +691 320 8898 or your local IOM office.



the Village Travel

Serving the islands and abroad since
1980!
Providing your domestic and international flight arrangements.

Mon - Fri: 8:30 am - 5:00 pm
Sat: 9:00am - 12:00pm
Sun: Closed

For your flights, hotels & car rentals, please call us at
 Tel: 691) 320-2777
 Fax (691) 320-5375
VillageTravel@mail.fm

P.O. Box 339
 Kolonia Pohnpei,
 FM 96941

AUSTRALIA RESPONDS TO TYPHOON HAIYAN IN PALAU



Australian Embassy

Australian Ambassador to the Federated States of Micronesia, Mr Martin Quinn, today announced that Australia will provide \$100,000 to Palau to assist communities devastated by Typhoon Haiyan.

Typhoon Haiyan struck Palau on 7 November before impacting on the Philippines. It caused widespread damage to homes, food crops, schools, the national hospital, and power and water services.

Palau's less populated outer islands were the worst hit, including the northernmost state of Kayangel which was in the eye of the typhoon. While the island's residents did not experience any significant injuries, there was extensive damage and destruction of their homes and public buildings.

"Our hearts go out to the communities affected by this terrible disaster," Mr Quinn said.

Australia's assistance will support the repair and reconstruction of public infrastructure in the worst-hit areas of Palau.

"The impact of Typhoon Haiyan was felt across 12 of Palau's 16 states," Mr Quinn said.

"Australia is working closely with the Government of Palau, and partners such as the United States, to ensure the right support is getting to the people who need it the most."

Australia received a special request for assistance on Wednesday from the Government of Palau following the announcement of a National State of Emergency on 13 November.

Media contact:
Australian Embassy, Pohnpei
E: phpi.mail@dfat.gov.au
T: (691) 320-5448
F: (691) 320-5449

RFP for Code Update Project

The Congress of the FSM is requesting proposals for a
FSM Code Update Project.

The scope of the project comprises:

1. The update of the 1997 version of the FSM Code to incorporate all FSM public laws up to and including the 17th Congress.
2. Case law annotations of the Code referencing only national FSM Supreme Court cases (trial and appellate).
3. An electronic printer-ready version of the revised code
4. 60 hard-copy bound volumes of the revised code.
5. Optionally a website displaying the revised Code with appropriate links to each section.

Proposals should be submitted in accordance with the FSM public procurement regulations and submitted by the person submitting the proposal which shall provide the following information:

Bidder's name and address
Telephone number and Email Address

The proposal for item 4 should be listed separately. Proposals should be submitted to:

Guda S. Rayel
Director of Administration
Congress of the Federated States of Micronesia
PO Box PS3
Palikir, Pohnpei, FM 96941

"Let's Go Local" for Christmas

By *April Turner*

Island Food Community of Pohnpei (IFCP)

The Christmas holidays are coming soon. During this time of the year, many people are planning to have Christmas parties and celebrations.

Island Food Community of Pohnpei (IFCP) is encouraging people to "keep the local tradition by going local again" during this time of indulgence. You can Go Local by preparing special local food dishes, like our recipe for Pumpkin Pie, and by using leaves to make platters, plates, baskets etc for elegant decorations.

If you are on a special diet this holiday, going local is the best way to help with

your diet. Local food contains lots of vitamins, minerals and fiber which protect you against diabetes, heart disease, certain cancers, vitamin A deficiencies and anemia. Plus with the variety of locally grown foods, special dishes and drinks can be made for celebrations that are also healthy.

The Christmas holiday gatherings and activities are great events to enjoy "going local" with your colleagues, families and friends.

Check the next edition of Kaselehlie Press for local Christmas present ideas and decorations! More recipes can also be found at www.islandfood.org and our Facebook page www.facebook.com/IslandFoodCommunityofPohnpei

Coconut Pumpkin Pie

Ingredients – Coconut Crust

2 cups dried grated coconut
2 ripe bananas, mashed
1 teaspoon lime zest
3 tablespoons coconut oil, plus extra for greasing

Ingredients – Filling

2 cups cooked pumpkin*, mashed
2 large eggs
1 cup coconut cream
½ cup coconut sugar, or brown sugar
3 tablespoons coconut molasses
1 tablespoon lime juice
½ teaspoon madeu (local cinnamon bark), grated
½ teaspoon fresh nutmeg*, grated
½ teaspoon salt

Ingredients – Topping

½ cup toasted coconut flakes
2-3 tablespoons lime zest

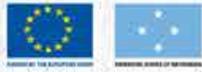
Method

- For the crust, preheat oven to 350 degrees F, lightly grease pie tin with coconut oil.
- Mix all crust ingredients together and press into the base and sides of the pan. Bake for 15 minutes or until lightly golden. Set aside to cool.
- Mix all filling ingredients until smooth. Pour into pie crust and bake for 50-60 minutes or until the center is set and an inserted knife comes out clean.
- After the pie cools completely place in refrigerator until ready to serve.
- Serve topped with toasted coconut flakes and lime zest. Another option is cold whipped coconut cream.

* Pumpkin can be cooked in the oven or umhwa until tender, then flesh removed from skin and mashed.

* Nutmeg grows at the Botanic Gardens next to the IFCP office

Implemented
by SPC



NORTHREP

North Pacific ACP Renewable Energy and Energy Efficiency Project

Funded by
the
European
Union

PRODUCE ENERGY

Make your own



MAKE YOUR OWN COOKING ENERGY

Did you know that, globally, the largest use of renewable energy is biomass (e.g. wood, coconut) for cooking? If you have the opportunity to use biomass, do so; it is cheaper than using an electric stove, so you will save a lot of money. Just make sure you use an improved wood-burning stove to reduce the smoke and wood consumption.

LEARN WHAT YOU CAN DO TO REDUCE ENERGY CONSUMPTION

www.spc.int/northrep

FOLLOW US ON FACEBOOK
www.facebook.com/northrep

